



School Newsletter

Term 3, Week 1, 2011.

Assemblies

Nil this week

Attachments

Term 3 Calender

BE SAFE, BE FAIR, BE KIND, BE CO-OPERATIVE.

Dear Parents and Community Members.....

Change in Eating Times

For the first 3 weeks of this term, the school will be trialling moving lunch eating times. The lunch times will not change as such, and the students will not receive any less time for lunch. However, current research indicates that it is not healthy for students to consume lunch and then go outside and run around on a full stomach. This affects all sorts of things from behaviour, sports participation, sickness incidents to being able to concentrate in the afternoon sessions. The school will be trialling changing eating times from 1:00-1:15pm to 1:30-1:45pm. All students in the first 3 weeks of this term will trial the following small changes:

1:00-1:30pm=playtime
1:30-1:45pm=eating time.

The staff will then evaluate whether this had impacted on student behaviour, concentration and sickness rates. If no change is noted then we will revert to the "normal times". If a change is noted then we will continue the trial until the middle of the term. This has been discussed in depth with staff over numerous meetings and with the P&C.

S.D.D-Autism

Yesterday 42 people from this school, Emmaville, Drake and parents, attended an information session on Autism. This was extremely useful for all involved. We learnt many things about how Autism affects students. The session gave everyone some insight into possible ways of dealing with students with Autism. Some funny and interesting stories were told on how students sometimes "see" the world and more importantly interpret things we often say.

C.A.P Art Day

We will be lucky enough to have approximately 25 of our 3-6 students attend an art day this Wednesday, July 20. This will be conducted in the Bruxner hall and run by the C.A.P (Country Areas Program) consultants. Our students (and others from nearby schools) will gain insights into varying art techniques and different mediums. I'm sure they will have a fantastic day.

Prac Student

The school would like to welcome Miss Kristine James who will be completing a prac on 5/6T. Kristine will be on 5/6T all of this term and will be conducting lessons, completing duties and any normal things expected of a teacher in this school. Mrs Thomas will be aiding her in her development as a teacher.

P&C Meeting

The next P&C meeting will be held on Monday, July 25 at 6:30pm. Some fundraising items will be discussed including a possible trivia fundraiser night. Everyone is welcome to attend and meetings are held in the staffroom.

Carpet

During the holidays we were fortunate to have the carpet in the main hallway replaced including some "wet" area carpet between entry/exit doors. We will not miss the old red carpet which has been in this hallway for some time!!

Facebook

Just a reminder to all parents and students that officially a student must tick a box when creating a Facebook account that says they are over the age of 13. As we have no students of that age, officially no student in primary school should have a Facebook account. It is also not appropriate for teachers to accept "friend requests" of any sort from students while they are attending school. We often have requests from parents concerning what is written on Facebook accounts and inappropriate discussions between students. Please remember that you as parents need to be extremely vigilant if your child has Facebook access and if they are "under age" they should not be accessing Facebook.

Zone Athletics Carnival

Thirty seven students aged 8-13yrs who finished first or second in an event and made qualifying standards, have been selected for the Zone Carnival to be held in Emmaville on Thursday, August 4. They need to be Triple "A" students to attend this event. Notes and money **MUST** be returned to class teachers by THURSDAY, July 28.

Year 6 Farewell Fundraising Raffle

Thank you to all the people who bought tickets to help raise funds for the Year 6 Farewell. \$211 was raised and the winner of the BMX was Kristen Swan.

Year 5 and 6 Lake Ainsworth Excursion

Please keep paying off your excursion. You can pay in installments. **ALL** money **MUST** be finalised by Wednesday, November 2.

Crunch and Sip

Research has found that children prefer small, cold, crisp, juicy and sweet fruits and colourful, crisp, fresh vegetables. Try the following tips to encourage children to enjoy fruit and vegetables. Buy a variety of seasonal fresh fruit so your child doesn't become bored. Involve your child in choosing what fruit and vegetables to buy,

- give them a small, hand-sized piece
- cut large fruit and vegetables into small manageable pieces
- make 'vegiepeople' with your child, freeze small pieces of fruit as an icy snack (try pineapple wedges, orange quarters or grapes).

Guitar Lessons

Guitar lessons will start for Term 3 this week. Students are reminded to bring their guitars tomorrow, Wednesday, July 20.

We extend our thanks to Mr Ian Smith for providing these lessons. We appreciate his time and effort.

CALENDAR

MTH	WK	MON	TUES	WED	THUR	FRI	S / S
July	1	18	19	20 Guitar Lessons. CAP Art Day.	21 Scripture.	22	23/24
	2	25 P&C mtg 6.30pm	26	27	28 Scripture. Healthy Program with Matt Schumaker.	29 Assemblies.	30/31

CANTEEN

CANTEEN ROSTER

Wed	20	Aleeca Zellers, Jen Sutcliffe
Thur	21	Monica Freeman
Fri	22	Monica Freeman
Mon	25	Janice Chawner, Robyn Brookes
Tue	26	Monica Freeman, Robyn Hillier
Wed	27	Deanne Eaton, Help Needed Please

Homebake

Mon	25	Jen Sutcliffe
Wed	27	Sam Murphy
Fri	29	Carmel Moore

DONATIONS (This Week)

Plain Flour	Melissa Cowin
Block Cheese	Carmel Moore, Angela Brown
Margarine	Lou Holley
Eggs	Rachel Brown
Sliced Beetroot	Aleeca Zellers
Tomatoes	Robyn Hillier
Onions	Megan Niesen

STUDENT ACHIEVEMENTS

STUDENTS OF THE WEEK: LAST TERM

Mackenzie Cox, Katie McQuirk, Merinda McIntosh, Locklyn Newman, Courtney Moss, Sophie Kirby

GOLD PENNANT:

Rachel Cowin, Sierra Strong, Kiara Charlton, Blair McIntyre.

PERSONAL BEST:

Zoe Jenkins, Leylah Maher, Sonia Kirby, Ivy Cross, Jay Hamilton

Healthy Habits

On the last day of Term 2, students who were present at school received a CD containing a game to inform and encourage them about having healthy habits. Being successful in the game gave the chance to win \$10,000 for the school and great prizes for themselves.

To be healthy we just need to follow some simple rules:

- **ALWAYS** wash your hands before eating and after going to the toilet.
- Eat **LOTS** of fruit and vegetables
- Wear a hat while playing outside.
- Get plenty of exercise (difficult in cool weather but some ideas for indoors include – dancing, doing an exercise DVD eg. Aerobics, Zumba; weights, sit-ups, pushups, riding an exercise bike).

MEAL DEAL - Wed, July 20th - DOGGY DINNER

Tasty Hot Dog in a roll topped with tomato sauce and cheese, plus a popper and a chocolate dairy snack
\$4.50

Other Choices: 2 Mini Pies \$2.00
6 chicken nuggets \$2.20

COMMUNITY NOTICEBOARD

Term 3 2011 Sir Henry Parkes Memorial Public School

Term Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Week 1	18 July	19 July	20 July	21 July	22 July	23 24 July
2	25 July P&C Meeting 6:30pm	26 July	27 July	28 July Matt-Healthy prog	29 July Assembly	30 31 July
3 Educ week	1 August	2 August UNSW Eng 11.30-1 Playgroup	3 August 4pm Ed week assembly-THS	4 August Zone athletics - Emmaville	5 August	6 7 Aug
4	8 August Back up athletics	9 August Mufti-Bully Day 11.30-1pm Playgroup	10 August Oceans of Fun-Kindy	11 August	12 August Assembly	13 14 Aug
5	15 August	16 August UNSW Maths 11.30-1pm Playgroup	17 August	18 August	19 August	20 21 Aug
6 Book week	22 August Bouncing around 9:30	23 August 11.30-1pm Playgroup	24 August Yr 6 Transition-THS	25 August Reg Athletics-Tamworth	26 August Assembly	27 28 Aug
7	29 August	30 August 11.30-1pm Playgroup	31 August	1 September	2 September Fathers day BBQ	3 4Fathers day Sep
8	5 September	6 September 11.30-1pm Playgroup	7 September	8 September	9 September Assembly	10 11 Sep
9	12 September	13 September 11.30-1pm Playgroup	14 September	15 September K-2 Excursion Too-woomba	16 September	17 18 Sep
10	19 September	20 September 11.30-1pm Playgroup	21 September	22 September PB Assembly-10.15am	23 September Rewards day	24 25 Sep
Hols	26 September	27 September	28 September	29 September	30 September	1 2 Oct
Hols	3 October	4 October	5 October	6 October	7 October	8 9 Oct