



NEWSLETTER

Attachments

- *Golf Day
- *Junior Landcare
- *Junior Cricket

Assemblies
 Infants 11:30 KL
 Primary 12:15 Choir

The Sir Henry Parkes Memorial Public School

Website: www.sirhenryparkes-p.schools.nsw.edu.au
 Email: sirhenryparkes-p.school@det.nsw.edu.au
 Phone: 6736 1401 Canteen: 6736 1732

Term 4, Week 2, 2012

Dear Parents and Community Members,

Cricket

On Friday, October 26th the school will be having a representative from Cricket NSW attend our school and conduct lessons with all students K-6. Lessons will run for approximately half an hour per class and all students will be able to participate in fun cricket activities.

Students from Jennings and Mingoola will be joining us for the activities. Activities are free and students will receive something from the cricket association for participating.

TIMETABLE:

- 9:30-10am Kindergarten
- 10-11am Stage One
- 11:35-12:35pm Stage Two
- 1:50-2:50pm Stage Three

Golf Day

The P&C are planning a golf day on **Sunday, October 28th**. Teams of four will be needed and the cost is \$25 per person. This will include a steak or sausage sandwich and with over \$2000 worth of prizes available on the day, this will be an incredible day. Start forming your team: men, women & students, anyone is eligible to play you do not need a handicap!!

The day is an ambrose competition so everyone and anyone can play. Name of teams can be given to the golf club or placed on the sign up sheet at the desk at the golf club. Come out and enjoy a fun day at the golf club. There will be drinks carts available and prizes on a lot of holes for longest drives, closest to pins etc.

If you can help out on the day, manning the BBQ for a short time or if you have a RSA and can serve drinks on the drinks cart then please contact Deanne Eaton on 0401 305 572.

Non-Scripture

We seem to have a large amount of students telling teachers that they are now to attend non-scripture lessons instead of normal scripture lessons.

If parents are wishing their child to attend non-scripture then the class teacher will need a signed note from the parents requesting this. It is important that the school knows what the parents want.

Cameras

During the last holidays the school had some extra cameras and lighting installed throughout the buildings.

These have been an update or an addition to the cameras we currently have in the school.

Toilets

The school is requesting the help of parents to talk to their children about proper toilet etiquette. We are finding that many children are eating in the toilets, throwing toilet paper around in the toilets or not using toilet paper when they go.

Often toilets are not flushed after children have

BE SAFE, BE FAIR, BE KIND, BE CO-OPERATIVE.

been to the toilet or boys are using empty chip packets to wee into. Could you please talk to your children about their toilet usage. Please also tell your children the importance of washing their hands after going to the toilet.

Touch Football

This **Sunday, October 21st**, the boys touch football team will be travelling to Gosford to compete against the other regional champions for the opportunity to be state champions!!



We wish them all the best as they travel Sunday, play all day Monday, stay Monday night and then travel back on Tuesday. We know they will play their best and we wish them good luck!

Out of Uniform Day

Next **Thursday, October 18th** the school will be having an out of uniform day to raise money for the boys' touch football team trip.

The boys are regional champions and now have to travel to Gosford to compete against 7 of the other best teams in the state. The theme is **blue and gold** (our team's colours) and the cost is a gold coin donation. All clothing must be sun safe.

The team will be also having a guessing competition (jar of jelly beans), this will cost \$1 per guess, with the closest or accurate guess winning a \$10 canteen voucher and the jar of jelly beans.

Starting Kindy

The school hosted its first transition day last Thursday with 27 prospective students spending a fun morning playing, making tigers, and listening to books.

Kindergarten will run for the next 3 Thursday's from 9-11:30am in the infants hall.

All Kindergarten students starting school in 2013 are strongly encouraged to attend as this helps the teachers to view the students and think about classes for next year.

Do you have a child starting Kindergarten in 2013? Show them this video which explains what happens during a typical day. <http://www.schoolatoz.nsw.edu.au/wellbeing/development/what-happens-in-kindergarten>

Moving into high school

Starting high school means a new location, new friends and teachers, and new routines. In this video, teachers talk about how you can help to make your child's move into high school less daunting. <http://www.schoolatoz.nsw.edu.au/wellbeing/development/starting-year-7>

Selective schools

Are you already thinking about your child's Year 7 placement in a selective school in 2014? Online application and information regarding the process will be available from Tuesday, October 16, 2012 at:

<http://www.schools.nsw.edu.au/learning/k-6assessments/shsplacement/index.php>

Crunch and Sip and Health Message

Crunch and Sip is a break during class (at approximately 10am) when students can refuel on fruit and vegetables and rehydrate on water.

The break assists students with physical and mental performance, and concentration in the classroom.



Crunch and Sip encourages fruit and vegetable snacking and drinking water. Healthy eating behaviours are modeled in the classroom and reinforce the nutrition messages in the PD/H/PE curriculum.

By making fruit and vegetable eating and water drinking normal in the classroom, healthy habits can be formed and continued into adolescence and adulthood. Students are also more likely to eat their fruit or vegetables and drink their water if their friends and peers are all doing it too!

Students may eat a piece or serving of fruit (eg. an apple, banana, orange, pear, some strawberries or grapes) or a piece or serving of vegetables (eg. carrot, celery, corn on cob, cherry tomatoes, peas, cucumber cubes).

It's a great time to have your children help you plant some of these foods in the garden and when grown they can really appreciate where the foods come from.

Five Ways To A Healthy Lifestyle

- *Get active each day
- *Choose water as a drink
- *Eat more fruit and vegies
- *Turn off the computer, TV, gaming machines and get active
- *Eat fewer snacks and choose healthier alternatives.

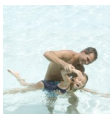


Intensive Swimming Scheme

Today, students in Years 2-6 received a note about the Two Weeks of Intensive Swimming. The program targets students in Years 2-6 who **can not** competently and confidently swim the length of the pool using freestyle.

The program is heavily subsidised by the N.S.W. Department of Sport and Recreation who cover the cost of qualified instructors.

Students only need to pay for transport and entry to the pool (or they can use their pool pass). The program will run from **Monday, November 26th until Friday, December 7th** for 1hr each day.



Unfortunately, there are limited places and only the first 60 students with notes AND money returned will be accepted. Any questions please see Miss Eakin.



State Athletics

This **Wednesday, October 17th and Thursday October 18th**, Ella Wishart and Georgiana Chawner will participate in the State Athletics Carnival in Sydney. We wish them well and safe travelling.

Toy Orders

Toy orders have now arrived and are available for collection from the office. If you want your order form to be sent home with your child/children, please contact the school.

We should receive a voucher for about \$400 to purchase resources. Thank you for your support.

Mascot

Congratulations to everyone who entered the School Mascot competition. Entries were very creative and a lot of time and effort went into creating these masterpieces.

We are fortunate to be able to reward all of the people who entered the competition with an award and book.

Book Clubs' Classroom Care Challenge

Students in KL participated in the Scholastic Book Clubs' Classroom Care Challenge. We were challenged to read 100 books within a specified time. As we accomplished this challenge, Scholastic Book Club will donate 100 new books to children in need around Australia.

Learning Links, The Pyjama Foundation and The Smith Family deliver the books directly into the hands of children who need them the most.

KL received a class award from Scholastic Book Club and are very proud of their achievement!

Coles Sports For Schools Vouchers



Thank you to all the people who brought in vouchers from Bi-Lo or other stores related to Coles. Due to your hard work the school collected a total of 60,090 vouchers.

Thank you to all the staff and students who assisted with the counting. The school has been able to purchase a variety of equipment which includes:

- An air compressor;
- 2 tackle bags;
- 20 pairs Patrick Shin Guards Junior/Youth
- Whistles with cords
- 15 AFL Balls
- Oz tag Kit
- 2 Multi-Sport Folding Goals
- 20 Nyda Competition Leather Softballs
- Fending Hit Shield Kit (4 shields)
- Economy Stopwatch Kit
- 2 Gator Softballs
- Sports Themed Award Stickers
- 6 Bean bags



Book Club

Issue 7 order forms will be given out this week and orders are due by **9am Thursday, October 25th**.

BOOK FAIR-WEEK 5

OPENING DAYS

Tuesday, November 6th
Friday, November 9th



TIMES

11:00am-11:30am
1:15pm-1:45pm

CALENDAR

MTH	WK	MON	TUES	WED	THUR	FRI	S / S
Oct	2	15	16	17 *Guitar	18 *Kinder transition day 9:00am-11:30am *Out of uniform day BLUE and GOLD	19 *Assemblies: Infants 11:30am- KL Primary 12:15am- Choir *Youth Connections Disco-6pm-8pm	20/21
	3	22 *Mr Daniels-Away *Touch Footy-Gosford	23 *Mr Daniels-Away *Touch Footy-Gosford	24 *Mr Daniels-Away *Guitar	25 *Mr Daniels-Away *Kinder transition day 9:00am-11:30am	26 *Mr Daniels-Away *Cricket Day *World Teachers Day	27/28 Sun P&C GOLF DAY

CANTEEN ROSTER

Wed	17th	Aleeca Zellers, Kim Cox, Liz Bridge
Thur	18th	Monkia Freeman, Michelle Bates
Fri	19th	Fran Horan
Mon	22nd	Monkia Freeman
Tue	23rd	Angela Brown
Wed	24th	Kim Cox, Sharon Hollis
<u>Homebake (next week)</u>		
Mon	22nd	Lou Holley
Wed	24th	Robyn Hillier
Fri	26th	Tracy Caldwell

DONATIONS (This Week)

Tomato Sauce	Nikki Phelps
Blocked Cheese	Kristy Petrie
Sliced Beetroot	Melissa Cowin, Liz Bridge
Onions	Amanda Paris
Lettuce	Jennifer Rhodes
Margarine	Tonya Blaker
Carrots	Jen Sutcliffe
Mayonnaise	Lou Holley

MEAL DEAL THIS WEEK- "Munch & Crunch"

Nachos: Corn chips topped with tasty meat sauce and melted cheese & a popper and a zooper dooper icy pole \$4.50



Other Choices: Hot dog in Roll \$2.50
Sausage Roll \$2.20

TERM 3 PB Assembly

PERSONAL BEST: Jed McCowen, Abby Phelps, Nikkala Hillier, Joseph Brown, Tobi Lieberman, Nicole Cowin, Kori Eaton, Elizabeth Brown, Locklyn Newman, Amber Butler, Chloe Ryan

STUDENTS OF THE WEEK:

INFANTS: Amanda Bridge, Adam Klazema, Hannah Sheppard, Terri-Ann Lane, Ellie Graham-Campbell,

PRIMARY: Jamie Benstead, Bayley Daniels, Matilda Gruber, Abby Henry, Declynd Morris, Kaitlin Azzopardi

KINDNESS CERTIFICATE: Kristen Swan, Ella McIntosh

GOLD PENNANTS: Courtney Smith, Jamie Niesen, Heath Kelly

COMMUNITY NOTICEBOARD

AK4C (Aussie Kids 4 Christ)

AK4C is on again every Wednesday @ 4pm @ the Presbyterian Hall.
All children aged between 5 & 12 are welcome
Call Merelyn Gibbins on 0437681628 for more information

Swim Club

Come along for a fun swim club season.
Registration and free trial night is on October 25th
With a sausage sizzle
Enquiries contact: Krys McKinley on 0447144884
Register anytime online @ Swimming NSW

Tenterfield Physical Culture

On Saturday, October 13th and Sunday, October 14th Tenterfield Physe Club had a number of girls competing in the Zone Championships in Coffs Harbour.
All girls did an amazing job and did the Club proud.
Girls receiving medals were Chloe Hickey, Courtney Smith, Terri-Ann Lane.

Jessica Smith-O'Rourke placed 5th in her age category and will now represent the club, along with two others at the National finals in Sydney next month.

Junior Touch Football

Junior touch football registration day will be this Wednesday, October 17th starting at 5:30pm at the Federation Park.

MASCOT COMPETITION



KL
CLASS AWARD