



# NEWSLETTER

**Attachments**  
\*Commonwealth Bank Youth Saver

**Assemblies**  
Infants 11:30am 1/2B  
Primary 12:15pm 3/4R

## The Sir Henry Parkes Memorial Public School

Term 1, Week 4, 2013

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Phone: 6736 1401

Canteen: 6736 1732

### Dear Parents and Community Members.....

#### Life Education Van

I know our students have really enjoyed visiting the Life Education Van where they learnt the importance of how to lead healthy lives, the risk factors and negative health, social and monetary impacts of specific drugs such as alcohol and cigarettes, how to safely use legal drugs (alcohol, medicines) and what positive activities or items can be used instead of using drugs.

Last lessons for our students were today and we have had many great reports about how well behaved our students were. Another testament to how great this school really is.

#### Assembly

Student assemblies will **start this Friday, February 22<sup>nd</sup>** and will run on even weeks for this term. Infants start at 11:30am and the Primary start at 12:15pm.

Parents are most welcome to attend the assemblies and can just turn up at either the infants or primary hall at the right time.

Normal assemblies will be held this term on weeks 4, 6 and 10 with a whole school assembly being held in week 8 and the PB assembly to be held in week 11.

#### Toilet Refurbishment—Update

Unfortunately there seems to be a small delay in the primary boy's toilets being opened. We were hoping to have it open by today but at this point it will not be open until next week.

The next inspection will be on Monday morning and hopefully they can be opened after that. The infant's boys will be another 3 weeks off being opened. I will let you know of further delays as I can.

#### School Leaders excursion

On **Wednesday, February 20<sup>th</sup>** our 4 school leaders will travel to Toowoomba with Miss Coats to attend a GRIP Student Leadership Conference.

This is the first time we have attended this type of conference and we are hoping that the students will have a much valuable and interactive experience than previous conferences we have attended.

I would like to thank Miss Coats for volunteering to take these students so they can experience all that it has to offer.

#### Oracles offerings

As a part of the Oracles we have been lucky enough to have a well renowned poet Marco Gliori visiting us today.

The infants received a presentation at 11:30am while the primary went at 12:00pm. This was free for all students and is a great way to have them exposed to poetry and all it has to offer.

Also as a part of the Oracles we will have Geoff and Jann Newman coming to our school next **Monday, February 25<sup>th</sup>** as they teach some of the older students some of the techniques and perspective on art.

We are lucky to have some wonderful people willing to come to our school for the benefit of our students.

#### Class Meetings

On **Tuesday, February 26<sup>th</sup>** the class teachers will be hosting classroom meetings and inviting all parents of students in their class to come into the classroom and discuss units of work and how they approach their teaching. Meetings are held in the rooms and teachers will discuss things like homework, group work, spelling, reading and units of work that they will cover. It is a great way to find out from the classroom teacher exactly what is going on in the room.

Meetings are as follows:

- **Years 5/6 and 4/5 classes 4:30pm-5:00pm**
- **Years 3/4 and 2/3 classes 5:00pm-5:30pm**
- **Years 1/2 classes 5:30pm-6:00pm**
- **Kindergarten 6:00pm-6:40pm.**

Please come along and hear your child's teacher discuss classroom issues.

#### P&C

The P&C AGM will be held tonight at **6pm** with the ordinary meeting following.

This is a great opportunity for any parents to come along and find out about the P&C and the great work they do to support all students within the school.



The P&C will be holding a Rugby League Calcutta on **Saturday, March 16<sup>th</sup>** at the golf club.

Tickets will be \$1 each and it is well worth people pooling together to form a syndicate. Tickets are now available for sale from the front office so start thinking about bidding on your favourite team!!

## Crunch and Sip

### Why is it so important that children drink water?

Water is good for us - our bodies are made up of 50-60% water. Water lost each day through breathing, sweating and going to the toilet needs to be replaced, especially in hot weather.



Adequate fluid intake is essential to good health. Not drinking enough fluid causes dehydration. Any level of dehydration can cause physical symptoms such as poor concentration in class, headaches and irritability.

Children rarely drink enough during break times at school and often forget to drink unless reminded. Crunch and Sip provides an opportunity to drink water and helps to prevent dehydration.

### How much water does my child need?

The recommended daily amounts of fluid for children and adolescents are:

5 glasses (1 litre) for 5 - 8 year olds

7 glasses (1.5 litres) for 9 - 13 year olds

8-10 glasses (2 litres) for 14+ years

\* a glass is 250 ml

More water is needed if children are exercising or sweating due to heat.

## Year 6 Jumpers

Year 6 students can now go to the front office to try on Year 6 jumpers. **NOTES AND MONEY are due THURSDAY, MARCH 7<sup>th</sup>.**



## Year 5/6 Excursion

Year 5 and 6 students will be selling chocolates to raise funds to assist with their expenses for their major end of year excursion to Lake Ainsworth Sport and Recreation Centre at Lennox Head. Chocolates only cost \$2 and could be a great alternative Easter gift than the traditional gifts while assisting our students.



## Athletics Selections

Our school athletics carnival will be held in Term 2 on **Friday, May 24<sup>th</sup>** at Federation Park.

This Friday, students aged 8-13yrs will participate in selection trials for the field events.

Discus will be finalized here at school with high jump, long jump and shot put selecting approximately 5-10 students to participate in finals for their events on the day of the carnival.



## Health Message



To help keep bones strong it is recommended we eat plenty of calcium rich foods such as dairy products (milk, low fat cheeses and yoghurts), exercise and have 20 minutes of sun a day (provides Vitamin D which helps the body absorb calcium).



## Class Councilors

Congratulations to the following students for being selected as our class councilors for this Term.



- 1/2B- Nate DeRooy and Kristie Cowin
- 1/2- Indi Maher and Tobi Lieberman
- 1/2P- Breea McIntosh and Robert Cameron
- 2/3M- Bonnie Zappa and Will Holley
- 3/4H- Jara Duroux and Isabella Stuart-Howard
- 3/4R- James Ibbett and Zoe Jenkins
- 4/5C- Matilda Gruber and Tyran Petrie
- 5/6E- Erika Hickey and Billy Henry
- 5/6M- Monique Hooper and Hamish Cook
- K-6S- Ryan Millier

A special assembly will be held next **Thursday, February 28<sup>th</sup>** from 10:30am to induct the class councilors. Each class councilor will receive a badge.

## Guitar Lessons



Last week Mr Manser started guitar lessons for students who were working with Mr Smith in 2012. Mr Manser will take over from Mr Smith this year.

The lessons will be on each **MONDAY** just after lunch. The students who attended lessons with Mr Smith in term 4 last year will be given the first opportunity to attend and depending on numbers, other students in years 3/6 may be given the opportunity to join the guitar lessons in the future.

All students are required to bring a guitar and an A4 document folder each Monday. Lessons will begin on Monday next week.

## Left at Glen Innes

Left at Glen Innes Swimming Carnival last Friday "Super Cloud" red and black Adidas slip on scuff type shoe. Please see the front office if they belong to you.

# CALENDAR

MTH	WK	MON	TUES	WED	THUR	FRI	S / S
<b>FEB</b>	<b>4</b>	18 *Life Ed Van	19 *Life Ed Van *Oracles poet visit *P&C AGM	20 *School Leaders Conference-Toowoomba	21	22 *Cultural show "Pass the Poetry" *Mr Daniels-Away *Assemblies	23/24
<b>FEB/ MAR</b>	<b>5</b>	25 *Art Day	26 *Mr Daniels-Away *Class Meetings	27	28 *SRC Assembly 10:30am-11:00am	1 *Mr Daniels-Away *German Band- THS 11:30 *Clean up Australia Day	2/3

## CANTEEN

### CANTEEN ROSTER

**Wed** 20th Kim Cox, Liz Bridge, Vicki Hill  
**Thur** 21st Monika Freeman, Lara Flanagan  
**Fri** 22nd Lou Holley, Michelle Battersby  
**Mon** 25th Leeza Wishart  
**Tue** 26th Angela Brown, Mahia Everson  
**Wed** 27th Kim Cox, Sharon Hollis, Lea Rossington

### Homebake (next week)

**Mon** 25th Carmel Moore  
**Wed** 27th Jen Sutcliffe  
**Fri** 1st Jane Collier

### DONATIONS (This Week)

**Margarine** Deanne Eaton  
**Cruskits** Mahia Everson  
**Mince** Tanya Larkin  
**Block Cheese** Kristy Petrie  
**Tomato Sauce** Trudy Campbell, Melissa Cowin  
**Sliced Beetroot** Bianca Mason, Terri Rossington  
**Lettuce** Tracy Caldwell

### MEAL DEAL THIS WEEK—"Munch and Crunch"

Nachos: Corn chips topped with tasty meat, sauce and melted cheese plus a popper and a callipo pop icy pole \$5.00

Other choices: Ham and cheese sandwich \$2.20  
 6 Chicken nuggets \$2.20

NOT TO BE ORDERED AS PART OF THE MEAL DEAL.



### Lunch orders

To ensure the smooth running of our canteen we are asking for all orders to be at the canteen no later than **9.30am each day**

Orders after this time will be sandwiches only

Thank you .

### Canteen guidelines for Wednesday only

This is the only day of the week that we do not offer the full menu.

You have the choice of the MEAL DEAL or the two other choices or feel free to order from our fresh sandwich section only

Recess available as normal everyday

### COMMUNITY NOTICEBOARD

#### Aussie Kids 4 Christ Club

AK4C Club is for Children from Pre school age to Yr 6  
 AK4C will be on every Wednesday  
 (except NSW school holidays)  
 In the Tenterfield Presbyterian Hall  
 corner Manners & Logan street

**Cost is FREE**

Contact: Merelyn Gibbins on 0447 387 921  
 Or Jim Seymour on 0415 265 454

#### Pirate Pool Party

Pool party will be on Friday, February 22<sup>nd</sup>  
 From 5:30pm to 9.00pm

At the Tenterfield pool

Cost \$3. Accompanying adults free

\*Large inflatable

\*Prizes for best dressed

\*Lucky door prizes

\*Jewels, treasures and 2 real pirate coins to win.

#### Tenterfield Scouts

The Scouts will be running this year for ages 7 to 10 year olds.  
 The focus will be craft and cooking or any other activity that is of interest. Please contact Kerri Swain if at all interested:  
 6736 1466 or 67 364252, kerri@jandk.com.au.

#### Art Tuition

Term 1 2013 art tuition for 8-12 years on Saturday mornings starting at 10am to 12noon for children who would like to experience to express themselves artistically.

All materials will be supplied, the class will be for a limit of 10 students and will include storytelling, poetry and music that will enhance each students creative experience.

Cost will be \$15 per 2 hour session or 10% discount on payment for 9 week term. PHONE: 0432 539 881.

#### Ballet/Singing Classes

Miss Jill (Adam) is seeking expressions of interest in taking ballet/tap/singing classes from age pre-school to high school pupils. Also a separate Musical Theatre singing class, combined ages, focussing on songs from 'Oliver' and other similar shows. Please phone: 6666 1522.



# ZONE SWIMMING



## Zone Swimming Carnival

Last Friday, February 15th a team of 25 swimmers attended the Zone Swimming carnival in Glen Innes. All students were exceptional ambassadors of our school as they were beautifully behaved, displayed fantastic sportsmanship, demonstrated excellent efforts and achieved some pleasing results.

An ENORMOUS THANK YOU to the families who assisted with transport and supported and encouraged all of the students involved. Without you our students would not have these opportunities. 14 Students have been selected to attend the regional swimming carnival to be held in Armidale on **Tuesday, March 5<sup>th</sup>**. All notes and money are due to classroom teachers by **Friday, March 1<sup>st</sup>**.

### RESULTS:

Georgia McKinley – 1<sup>st</sup> and P.B. 8yrs freestyle

Amelia Wishart – 4<sup>th</sup> and P.B. 8yrs freestyle

Bonnie Zappa – 2<sup>nd</sup> 8yrs freestyle, 2<sup>nd</sup> Jnr breaststroke

Will Holley – 2<sup>nd</sup> 8yrs freestyle

Fletcher Koch – 1<sup>st</sup> 8yrs freestyle

Breanna Chawner – 4<sup>th</sup> 9yrs freestyle

Nikkala Hillier – 1<sup>st</sup> 9yrs freestyle

Zoe Jenkins – 1<sup>st</sup> Jnr backstroke

Luke Bates – 4<sup>th</sup> 9yrs freestyle

Mackenzie Cox – 4<sup>th</sup> 10yrs freestyle

Kori Eaton – 1<sup>st</sup> Jnr breaststroke, 2<sup>nd</sup> and P.B. 10yrs freestyle, 2<sup>nd</sup> jnr backstroke

Phoebe Cooper – 1<sup>st</sup> Snr medley, 1<sup>st</sup> 11yrs breaststroke, 2<sup>nd</sup> 100m Open freestyle 2<sup>nd</sup> 11yrs freestyle, 2<sup>nd</sup> 11yrs butterfly, 2<sup>nd</sup> 11yrs backstroke

Hannah Phelps – 4<sup>th</sup> 10yrs freestyle

Adam Hayne – 4<sup>th</sup> Snr backstroke

Jade Shearer – 1<sup>st</sup> 12yrs freestyle, 2<sup>nd</sup> Snr backstroke

Ella Wishart – 1<sup>st</sup> 11yrs freestyle, 1<sup>st</sup> and P.B. 11yrs butterfly, 1<sup>st</sup> 11yrs backstroke, 1<sup>st</sup> and P.B. 100m Open freestyle 2<sup>nd</sup> 11yrs breaststroke

Chaney Rhodes – 3<sup>rd</sup> and P.B. Snr breaststroke

Tyler Sargeant – 2<sup>nd</sup> 11yrs backstroke

Liana Meneguzzi – 1<sup>st</sup> Snr butterfly, 3<sup>rd</sup> 12yrs freestyle

Patrick Alcock – 1<sup>st</sup> and P.B. 12/13yrs freestyle, 1<sup>st</sup> and P.B. Snr breaststroke, 1<sup>st</sup> and P.B. Snr backstroke, 3<sup>rd</sup> and P.B. 100m Open freestyle

2<sup>nd</sup> JNR Girls' relay (Hannah Phelps, Abbey Holley, Nikkala Hillier and Bonnie Zappa)

1<sup>st</sup> JNR Boys' Relay (Fletcher Koch, Braith Clark, Will Holley and Kori Eaton)

1<sup>st</sup> SNR Girls' Relay (Phoebe Cooper, Liana Meneguzzi, Jade Shearer and Ella Wishart).

2<sup>nd</sup> SNR Boys' Relay (Patrick Alcock, Chaney Rhodes, Aymon Rhodes and Tyler Sargeant).

JNR Boys' Champion – Kori Eaton  
 JNR Girls' Runner-up – Bonnie Zappa  
 11yrs Girls' Champion – Ella Wishart  
 11yrs Girls' Runner-Up – Phoebe Cooper  
 SNR Boys' Champion – Patrick Alcock  
 SNR Girls' Runner-Up – Liana Meneguzzi