



NEWSLETTER

Attachments

*Cracker Night
*Athletics info
*Athletics Program

Assemblies

Infants 11:30am KC
Primary 12:15pm 2/3M

The Sir Henry Parkes Memorial Public School

Term 2, Week 2, 2013

Website: www.sirhparkes-schools.nsw.edu.au
Email: sirhparkes-p.school@det.nsw.edu.au
Phone: 6736 1401 Canteen: 6736 1732

Dear Parents and Community Members.....

NAPLAN

Students in Years 3, 5, 7 and 9 will sit the National Assessment Program Literacy And Numeracy (NAPLAN) tests next week. They will be conducted from **Tuesday, May 14th to Thursday, May 16th** with Friday being a make up day for anyone missing tests.

Students with special needs can receive an exemption from sitting these tests and parents will need to contact the school if they wish this to occur.

Yellow Books

As parents are aware, our school runs a system of "yellow books" throughout the school. Students are placed in the yellow books when they break the school rules. Students are placed on levels according to their behaviour from a level 1 (minor) to level 4 (major) and have days in "time out" according to the level they are placed on eg: level 1 = 1 day time out, level 4 = 4 days time out. A note is normally sent home when students are in the yellow book informing parents of the level they have been placed on and why.

Last week I had promised all students that if no one was in the yellow books I would buy every child an ice block. I'm extremely happy to report that no child was in the yellow books last week and consequently yesterday all students received an ice block as a small reward. Well done!

Get the maths on risk-taking

Kids can't cram maths, especially concepts half understood; the foundations must first be in place. Listen to broadcaster and maths fan Adam Spencer on loving maths for our kids' sake and what to do when it's all too hard.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/mathematics/mathematics-tips/the-sum-of-us>

Assignments due?

Is your child unsure how to work to a deadline? Teach them how to find the end date and work backwards to plan their preparation activities. These assignment starters on popular topics also help kids to kick-start their projects.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/other-subjects-and-assignments>

Attendance

A reminder that attendance is extremely important and if your child is away you must send in a note or contact the office. It is extremely important that valid reasons are given for a child's absence, the school cannot accept reasons like "they had a day off because it was their birthday", "their cousin was here for the day", "they didn't feel like going to school". If they are away sick for more than 3 days then a Drs certificate must be produced. If a child has 1 day off every week then after 4 years they would have been close to missing a whole year at school. This is bound to have a huge impact on their learning.

School Cross Country

Our school Cross Country will be held this **Friday, May 10th. ALL STUDENTS, K-6**, will be leaving the school grounds. Parents are welcome and encouraged to attend.

Footy News

Last term, Wade Kirby, Tyler Sargeant and Chaney Rhodes made the long trip to Tamworth to represent the Northern Zone Team in the North West Rugby League trials. It was a hot day with plenty of talented players taking the field. After some skills sessions and two games (one against the Southern Zone Team and the other being the possibles vs. probables game), the squads for the 11's and opens were announced. Congratulations to Tyler Sargeant who was selected in the North West under 11's team to travel to Sydney in early June.

Mr Maher said that all the boys played really well and it was a credit to Chaney and Wade to get so far as it was. Mr Maher will coach the North West team in Sydney and commented on the strength of the squad named and was optimistic about the regions chances this year.

Staying in Touch

Late last term, the school boys touch team travelled to Glen Innes for the Northern New England Touch trials. The trials were made up of a game against Glen Innes followed by a possibles vs. probables game.

The first game saw our boys run in a number of touch downs against an unorganised Glen Innes team. This allowed for the following game to be based around our players. After a short time, the selectors had seen enough, naming Tyler Sargeant, Chaney Rhodes, Adam Hayne, Aymon Rhodes, Cory Harding and Ethan Graham in the team. They will travel to Armidale in the coming weeks to contest for the North West team. A special mention to Tyran Petrie, who despite only being in year four, pressed for selection right up until the final moments. Well done boys.

Book Fair

Our annual Scholastic Book Fair will be held from **May 6th-10th**. It will be open to students and parents at the following times **only** as Mrs Mulcahy has a full teaching load during class time.

MONDAY TO FRIDAY

Recess 11am-11:25am, Lunch 1:15pm-1:45pm
After school from 3pm to 3:30pm

Students will also have access to the Book Fair during their class library time.



Book Club

Issue 3 orders are due back **Thursday, May 16th** to the front office **no later than 9am**

P&C

The next meeting was due to be on Tuesday, May 7th but has been postponed due to the High School Trivia night. This will now be on the following **Tuesday, May 14th at 6pm**.



Crunch and Sip

BANANAS – a great tasting, versatile fruit which are fantastic for Crunch and Sip. No packaging is required therefore making it easy and quick to grab, they are easy to peel, don't need to be cut up and they are environmentally friendly. Bananas contain antioxidants (reduce risk of heart disease and some cancers), high in fiber (great for digestion), excellent source of B6 (aids brain and muscle function), high in potassium (healthy blood pressure, brain and nerve function), cholesterol free, good source of folate (healthy blood cells), low GI (long lasting energy), great source of carbohydrates (provides energy), good source of vitamin C (healthy immune system, better healing and improved iron absorption) and more filling and low in kilojoules so a perfect snack for those watching their weight. Bananas can be eaten:
*by themselves * cut up on cereal * healthy pancakes
*on bread or made into bread * in smoothies



Health Message



With the flu season fast approaching and knowing there has been a particularly deadly strain of the flu during the northern hemisphere's winter it is a fantastic idea to be immunized against influenza.

This involves a quick, easy, cheap and relatively pain free jab (may feel like small mosquito bite) and is much better than actually getting the flu (tired, fever, chills, headaches, muscle aches, coughing, sneezing). All you have to do is contact your local G.P. Flu vaccinations are highly recommended for asthmatics and diabetics.



School Fun-Run Fundraiser

We will be holding an **adidas School Fun-Run** as a major fundraising event this year. The event will be our **School Cross Country** and will be held on **Friday, May 10th**.

The **adidas School Fun-Run** is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

All students have received a Sponsorship Form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase air conditioning for the Bruxner (Primary) Hall.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event.

Students who raise just \$10 or more will receive a reward for effort. In the Sponsorship Form you will also find many other benefits like the chance to win a family holiday to Disneyland!

Students wanting to train for our event and to receive advice from sporting heroes like Sally Pearson and Jonathan Brown, can do so by logging onto schoolfunrun.com.au/students and clicking on mi adizone.

Finally, we would like to welcome parents and family members to attend the **adidas School Fun-Run** event day at the school on **Friday, May 10th** to help cheer on the students. Once the Cross Country is

complete students are encouraged to start collecting their money. Thank you, good luck and happy fundraising!

School Athletics Carnival

The School Athletics Carnival will be held on **Friday, May 24th** at Federation Park with the back-up day being Wednesday, May 29th. The day is a compulsory day for all students from K-6 and they will have the opportunity to be involved in a variety of events and activities.

An information note and a permission note have been given to every student. A program has been included in today's newsletter.



If you can assist in the canteen for an hour, 2 hours or even the whole day please see Vicki Petrie.

Personal Learning Plans

Today, **Tuesday, May 7th**, staff will meet with parents/carers of Indigenous students to develop Personal Learning Plans. This is a fantastic way for parents/carers to meet with their child's classroom teacher and discuss their goals for their child in an informal setting. The meeting will be held at Bruxner Park from 3:30pm. Hope to see you there!



Year 2-6 Social

The next Year 2-6 social will be held on **Wednesday, May 15th** from 5pm to 7pm. Students are to come dressed as a famous entertainer (singer, actor or actress) TV, or movie character. The cost is \$4.50 which covers supper (drink and chips, prizes (lucky door and best dressed for each year and gender) and supports our sponsor child in Vietnam.

Students could come as Delta Goodrem, Beyonce, Pink, Keith Urban, Miley Cyrus, Tom Cruise, Vin Diesel, Adam Sandler, Jennifer Aniston, Bart Simpson, Smurf, Sponge Bob, Fred etc.

Walk Safely To School Day

Walk Safely To School Day is on Friday, May 24th **BUT**, we are holding our School Athletics Carnival. Instead we are encouraging students and parents to walk safely to school on **Thursday, May 23rd**.

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

*Walking with them the whole way to school

*If they get the bus, walk past your usual stop and get on at the next stop

*If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise, like walking with your child, not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes, it also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, **Active Kids are Healthy Kids** so get planning your own Walk Safely to School Day journey for

Photo Date

School photo Day has been changed to **Wednesday July, 24th**
NOT July 22nd as was written on the Term 2 Calender.

CALENDAR

MTH	WK	MON	TUES	WED	THUR	FRI	S / S
MAY	2	6 *Book Fair	7 *Book Fair *PLP meeting at plastic park	8 *Book Fair *Soccer at Glen Innes	9 *Book Fair	10 *Book Fair *School Cross Country *Assembly Infants 11:30am KC Primary 12:15pm 2/3M	11/12 Mothers Day
MAY	3	13	14 NAPLAN	15 NAPLAN	16 NAPLAN	17 *Assembly Infants KJ 11:30am Primary 3/4R 12:15pm * PSSA Touch NAPLAN MAKE UP DAY	18/19

CANTEEN ROSTER

Wed 8th Kim Cox, Jen Sutcliffe
Thur 9th Sam Murphy
Fri 10th Karen Cooper, Melissa Oakes
Mon 13th Rebecca Alcock
Tue 14th **Help needed please**
Wed 15th Kim Cox, Liz Bridge, Vicki Hill

Homebake (next week)

Mon 13th Sylvia Ibbett
Wed 15th Jen Sutcliffe
Fri 17th Angela Kerrigan

DONATIONS (This Week)

Tomato Sauce Bec Ebborn
Block Cheese Leonie Pederson
Sliced pineapple Angela Kerrigan, Leanne Hall
Margarine Stuart Webb, Rhonda Fowler
Mayonnaise Jen Sutcliffe
Sliced Beetroot Roberta Koch
Lettuce Sam Murphy
Carrots Kim Cox
Onions Crystal Liesegang

MEAL DEAL THIS WEEK-"Nice as Pie"

A bag of chicken chippies with a popper and a bowl of warm, apple crumble and custard \$5.00



Other choices: Hot dog in roll \$2.60
 Ham & Cheese sandwich \$2.20

COMMUNITY NOTICEBOARD

Junior Basketball

Junior Basketball registrations will be Thursday, May 9th at the Memorial Hall, between 5:30pm-6:30pm.
 Cost will be \$75 per player
 This is the final registration night
 Any enquires please contact Mark Cooper: 0411 864 042

Tenterfield Cracker Night

Cracker night. Saturday, June 8th
 Queen's Birthday long weekend
 At the Tenterfield showgrounds
 There will be a fire drum competition. Entry will be \$10.
 Winners by public vote on the night
 For further details contact
 Neil on: 67 364 405 or Ken on: 67 361 830



Junior Border Bears

"Its not to late to register"
 Come along to training and sign up.
 Under 11's,12's,14's and 16's training days are on Tuesday and Thursday at Federation Park, starting at 5pm.
 Under 7's, 8's and 9's training day is Thursday starting at 4:30pm at the Rugby League Park.
 Extra numbers are needed so please come along.



Tenterfield Junior Soccer Association

Tenterfield Junior Soccer
 Season Launch – Saturday May 11th.
 Round Robin – All players arrive at 9am.
 Clothing Pool & Lost Property will be open.
 Socks & shirts for sale – stock is limited (an order has been placed) so your patience is appreciated.
 Helpers needed for the canteen. Please put your name down on the roster on Saturday.
 The canteen will be open with all your favourite snacks on offer!
 Any enquiries please contact:
 Mark Thomas: 0404 892 696 or Ron Bridge: 0478 719 633.



Tenterfield Poultry

Tenterfield Poultry Club is celebrating its Centenary 100yrs show on June 30th 2013 at the Tenterfield showground in the poultry pavilion.
 For more information please contact Rhonda Fowler; 02 67 362 629 or Tracy Truran 0439 912 344



The boys filling up before their big game



COME CHECK OUT OUR BOOK FAIR



Author Belinda Murrell