



The Sir Henry Parkes Memorial Public School

Term 2, Week 3, 2013

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Dear Parents and Community Members.....

NAPLAN

Students in years 3, 5, 7 and 9 will sit the National Assessment Program Literacy And Numeracy (NAPLAN) tests starting today. Today they sat for Language Conventions and Writing.

Tomorrow (Wednesday) they will sit for the Reading and on Thursday they will complete Numeracy. We wish all our students the best and know that they will try hard in all areas.

Reports

A reminder that semester 1 (half yearly) reports will go home at the end of this term. Reports are due to go home in week 8 (second last week) with interviews being conducted in the last week of term (week 9) or if needed early next term.

If you are concerned about anything at school please contact your child's class teacher to arrange a time to discuss this with them.

Attendance

It is important that parents/carers ensure that children arrive at school on time and are not continually late. Part time attendance can have a major impact on a child's learning as they may miss vital instructions and time in the morning.

If a child misses an hour one day per week then on average they would miss 10 hours of instruction time each term. A child is in class for approximately 4 hrs 45 mins per day so each term they would miss over 2 whole days of learning just by being late for 1 hour each week.

Reasons for being late like: slept in, missed bus, couldn't find shoes etc. are not reasonable reasons and will be submitted as Unjustified.

Food Allergy Week 13-18 May

Did you know that 1 in 10 babies born in Australia will develop a food allergy? The Food Allergy Week website has lots of great information, ideas and resources to help you be more allergy aware.

Find out more: <http://www.foodallergyaware.com.au>

Parking

Recently Tenterfield Police have had cause to act on parking offences out the front of the School. In an attempt to prevent this continuing in the future, Police would like to remind all parents/guardians that there are No Stopping Zones in force out the front of the school, and a further two zones that come into force between 8am-9:30am and 2:30pm-4pm. Please be mindful of these zones when dropping off and picking up your child/children, as these zones are in place for the safety of your children. If you are caught parking in these zones the fine will be \$298 plus 2 demerit points.

Netball

Isabella Franchi, Monique Hooper and Ella Wishart joined six students from Glen Innes Public School to represent Northern New England at the netball zone titles in Inverell on Thursday, May 9th. Players were vying for selection in the zone team to compete in the regional titles in Armidale on May, 20th. Five teams were involved in the trials – Armidale, Inverell, Barwon, Moree and Northern New England. A total of 45 girls were competing for the 18 spots in the 'possibles and probables' game at the conclusion of a round robin competition.

Our zone players were given a trial in a number of different positions, before being allocated a set spot on the day. Isabella was selected in the Wing Defence position; Monique in Centre and Ella in Goal Defence.

Coach Jane Lawrence commented on the marked improvement in skills of all three Tenterfield girls since the Glen Innes selection trials a month ago. In all, four of our zone players were selected for the 'possibles and probables' game, with Ella joining three Glen Innes girls for the play-offs. Only ten positions were available in the team for the regional titles.

In the end, Jess de Jong, our amazing Goals shooter from Glen Innes Public School was our only zone player selected. Congratulations to all three Tenterfield girls for the great effort and sportsmanship on the day.

Walk Safely To School Day

Walk Safely To School Day is on Friday, May 24th BUT, we are having our school athletics carnival. Instead we are encouraging students and parents to walk safely to school on **Thursday, May 23rd**.

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

*Walking with them the whole way to school

*If they get the bus, walk past your usual stop and get on at the next stop


*If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic. Remember, **Active Kids are Healthy Kids** so get planning your own Walk Safely to School Day journey for **Thursday, May 23rd**, 2013! For more information visit www.walk.com.au

P&C

The next P&C meeting is tonight at 6pm in the Primary staffroom

Crunch and Sip

Oranges – a brilliant and healthy snack. Oranges are rich in Vitamins A and C, antioxidants, calcium, magnesium, potassium and dietary fibre. All of these things help regulate high blood pressure, prevent some forms of cancer, protect against heart, kidney and skin diseases, help fight viruses and the development of viruses (eg. colds) and keeps  bones and teeth strong.

To make oranges an easy snack for children, show them how they can peel them with their fingers, have them peeled for your children and even have them sliced into quarters.

REMEMBER – have an orange and **avoid orange juice**. Orange juice often has added sugar and even if it is all natural a 250ml cup of orange juice contains the juice of approximately 3 to 4 oranges. Oranges have natural sugars – BUT who would really eat 4 large oranges in one sitting?

School Cross Country


Our School Cross Country was held last Friday. **ALL STUDENTS, K-6**, participated in the event which was also a fundraiser for the school. Congratulations to all students who “had a go”, especially those students who were **organised** and set themselves a goal and achieved it (eg. completed the course, ran/jogged the whole way or came a specific place).

Students aged 8-13yrs who placed in the first 6 places have been selected to attend the Zone Cross Country to be held here at Tenterfield on **Friday, May 31st**. Thank you to all the parents/carers and families who supported all the students.


BURGETT SHIELD INTERHOUSE CROSS COUNTRY CHAMPIONSHIP SHIELD went to McKenzie.

- 4th – Goudy
- 3rd – Donaldson
- 2nd – Bruxner
- 1st – McKenzie

School Fun-Run Fundraiser

We held an **adidas School Fun-Run** last Friday, as a major fundraising event this year. The **adidas School Fun-Run** is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encouraged all students to get involved. 

All students have received a Sponsorship Form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase air conditioning for the Bruxner (Primary) Hall.

Now that the run is complete, please collect all money, complete your sponsorship form, including selecting your prize and **return the form with money** to your child's classroom teacher **BEFORE THURSDAY, MAY 30th**. 

School Athletics carnival

The School Athletics Carnival will be held on **Friday, May 24th, Week 4**, at Federation Park with the back-up day being Wednesday, May 29th.

The day is a compulsory day for all students from K-6 and they will have the opportunity to be

involved in a variety of events and activities. An information note and a permission note have been given to every student. A program was included in last week's newsletter. If you can assist in the canteen for an hour, 2 hours or even the whole day please see Vicki Petrie.

Personal Learning Plans

Last Tuesday, staff met with parents/carers of Indigenous students to develop Personal Learning Plans. This was a fantastic way for parents/carers to meet with their child's classroom teacher and discuss their goals for their child in an informal setting.

Thank you to all the families who attended. If you were unable to meet with your child's teacher/s, and would like to please, contact the school.

Year 2-6 Social

The next Years 2-6 social will be held **TOMORROW, Wednesday, May 15th** from **5pm to 7pm**. Students are to come dressed as a famous entertainer (singer, actor or actress) or t.v. or movie character. The cost is \$4.50 which covers supper (drink and chips, prizes (lucky door and best dressed for each year and gender) and supports our sponsor child in Vietnam. Students could come as Delta Goodrem, Beyonce, Pink, Keith Urban, Miley Cyrus, Tom Cruise, Vin Diesel, Adam Sandler, Jennifer Aniston, Bart Simpson, Smurf, Sponge Bob, Fred.

Premier's Sporting Challenge


Last week, students from K-6 and staff started the Premier's Sporting Challenge. The challenge runs for 10 weeks (we will complete it early next term) and encourages all participants to be physically active (heart beating a bit faster) for at least 30 minutes a day.

Activities can be an organised sport such as rugby league, soccer or netball, or you could take the dog for a walk, play in the park, ride your bicycle, go for a run, play at the park, dance in front of the tv or to your favourite music, skip, ride or walk to school – the list is endless.

Other activities can include gardening or using a walking lawn mower, vacuuming, as long as your heart is beating a bit faster. Why not join your child/ren in the challenge and have a go. You'll be surprised how easy it is to timetable half an hour of physical activity time into your day and the benefits are amazing – improved happiness, health (reduce risk of developing heart disease, many forms of cancer, diabetes; strengthen bones and muscles, increased energy, better sleep, improved concentration).

Soccer Development Clinic

On **Monday, July 8th** (2nd Monday in the school holidays), Sport and Recreation will be holding soccer development clinics at Shirley Park, Tenterfield.

The clinics are for boys and girls aged 6yrs to 12yrs with an aim of providing opportunities for children to develop their soccer skills in a fun and enjoyable environment. Interested students received a note last Friday, but if you did not receive a note and would like your child to attend please collect a note from the front office. 

CALENDAR

MTH	WK	MON	TUES	WED	THUR	FRI	S / S
MAY	3	13	14 NAPLAN *P&C meeting 6pm	15 NAPLAN	16 NAPLAN	17 *Assembly Infants KJ 11:30am Primary 3/4R 12:15pm * PSSA Touch NAPLAN MAKE UP DAY	18/19
MAY	4	20	21 *Legends of League	22 *Debating-Mingoola *Kindy to Preschool	23 *Walk safely to school *Public Education Day	24 *Athletics Carnival	25/26

CANTEEN

CANTEEN ROSTER

Wed 15th Kim Cox, Vicki Hill, Liz Bridge
Thur 16th **Help needed please**
Fri 17th Sylvia Swan
Mon 20th Leeza Wishart, Melinda Campbell
Tue 21st Anglea Brown
Wed 22nd Kim Cox, Sharon Hollis, Lea Rossington

Homebake (next week)

Mon 20th Lou Holley
Wed 22nd Jenny Petrie
Fri 24th ATHLETICS CARNIVAL

DONATIONS (This Week)

Mince Tanya Larkin, Terri Rossington
Block Cheese Tracy Caldwell
Eggs Trudy Campbell
Margarine Lara Flanagan
Mayonnaise Mahia Everson
Sliced Beetroot Bianca Mason
Lettuce Kristy Petrie
Carrots Nicole Arnold
Tomatoes Deanne Eaton

STUDENTS OF THE WEEK:

INFANTS: Kye Maher, Jack Roffey, Mariyah Cutmore, Rosie Snape, Baileyana Robinson, Jayden Swan, Jonathan Brewer-Western

PRIMARY: Kirri-Lee Cutmore, Grace Butler, Dominic Clarke, Jade Wright, Tyler Sargeant, Heath Kelly

BRONZE AWARD: Ty Bowen, Patrick Alcock.

SILVER AWARD: Lily Collier

COMMUNITY NOTICEBOARD

AK4C

Will be cancelled this week, due to the social.
THIS WEEK ONLY

Tenterfield Cracker Night

Cracker night. Saturday, June 8th

Queen's Birthday long weekend.

At the Tenterfield showgrounds.

There will be a fire drum competition. Entry will be \$10.

Winners will be selected by public vote on the night.

For further details contact

Neil on: 67 364 405 or Ken on: 67 361 830

Junior Border Bears

"Its not to late to register"

Come along to training and sign up.

Under 11's, 12's, 14's and 16's training days are on Tuesday and Thursday at Federation Park, starting at 5pm.

Under 7's, 8's and 9's training day is Thursday starting at 4:30pm at the Rugby League Park.

Extra numbers are needed so please come along.

Junior Netball

Junior registration day will be Saturday, May 18th at the Federation Netball Courts from 9:30am-10:00am, cost will be \$55 per player.

Games will start on Saturday, May 25th at the Federation Netball Courts starting 9:30am-10:30am

MEAL DEAL THIS WEEK-"Meatball"

A bowl of spiral pasta topped with meatballs in pasta sauce sprinkled with cheese plus a popper and a chocolate coated ice cream \$5.00

Other choices: 6 Chicken Nuggets \$2.20
Egg & Lettuce Sandwich \$2.50

PLEASE FIND ATTACHED THE TERM 2
CANTEEN MENU



CROSS COUNTRY

