



# NEWSLETTER

Attachments

Assemblies

Infants 11:30am 2/3M  
Primary 12:15pm 3/4H

## The Sir Henry Parkes Memorial Public School

Term 3, Week 2, 2013

Website: [www.sirhparkes-.schools.nsw.edu.au](http://www.sirhparkes-.schools.nsw.edu.au)

Email: [sirhparkes-p.school@det.nsw.edu.au](mailto:sirhparkes-p.school@det.nsw.edu.au)

Facebook: The Sir Henry Parkes Memorial Public School  
School Phone: 6736 1401 Canteen: 6736 1732

### Dear Parents and Community Members....

We are now on Facebook!!!

You will now be able to find our school on Facebook. If you press 'like' on our Facebook page you will be able to receive the regular updates we post. To find us search: The Sir Henry Parkes Memorial School and we are the one with the school emblem.



### School Website

If you haven't already seen what our school website has to offer, why not have a look! The newsletter is attached to our website every week, permission notes, and photos are displayed and school information is available.

The Sir Henry Parkes Memorial web address is:  
[www.sirhparkes-p.schools.nsw.edu.au](http://www.sirhparkes-p.schools.nsw.edu.au)

### Sun Smart

Congratulations to all of the students as we are now officially a "Sun Smart" school.

If you would like to know how you can help your child be sun smart at home, please look at the Cancer Councils website:

[www.cancercouncil.com.au/sunsmart](http://www.cancercouncil.com.au/sunsmart)

### Photo Day



Photo day is this **Wednesday, July 24<sup>th</sup>**. Please ensure that the photo envelopes with the order and money are returned to class teachers "**first thing**" tomorrow morning.

The photographers will endeavour to complete all photos except sport photographs, which will be held **Friday, August 2<sup>nd</sup>**.

**Please note that 5/6E will have their class photo taken again on Friday, August 2<sup>nd</sup>** as students are away for a school event this Wednesday. Please ensure your child comes to school in their full winter uniform and bring their sport uniform for sport photos.

### Student medical forms

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-to-date information on your child's health.

If you have a child with a medical condition you will receive a copy of the new forms in the mail. Please fill them out and return them to us as soon as you can.

The new forms will help us collect your child's important medical information and the introduction of new systems will mean we'll be able to better manage the daily and emergency health needs of your child/children.

We appreciate your support as we start collecting the information, and if you have any questions please call.

### Afternoon Pick Up

We understand that sometimes after school pick up arrangements might change. That will sometimes result in a phone call to the office, asking them to pass a message onto the child/children. The office staff are very good at passing this information on, however, at times they have received phone calls a few minutes before the bell. This can make it very difficult to get the message passed on to the child/children especially on a Friday afternoon when they are in

sport groups. Please try to give as much notice as possible if any changes are occurring.

### Year 2-6 Social



The next Year 2-6 social will be on **Tuesday, July 30<sup>th</sup>** in Bruxner Hall. The theme is the "**letter c**" – so come dressed as a clown, Cleopatra, a car driver, a cartoon character, a capsicum etc. The cost is \$4.50 which covers the lucky door prize, prizes for the best dressed female and male in each year and supper (popper and chips) with a small amount of funds being given to our school's sponsor child in Vietnam.



The social will start at 5pm and end by 7pm. Please ensure you are at the school by 7pm as teachers give up their time to run these events and have already had a long day.

### Festival of the Famous

This Term the students in Years 3-6 will participate in the Festival of the Famous. The Festival was first introduced in Term 3, 2012 and it was extremely successful and enjoyable.

The Festival of the Famous was developed to encourage students to enhance their skills in the following areas; HSIE, library research, computer & technology skills, confidence, the creative arts, as well as talking and listening.

The program encourages students to choose one person who has made significant contributions to their field. As a result they are famous for their contributions. The student can choose a person from the present or past with an origin from any country or island.

The student will attempt to research their chosen person at school using various media such as library books, the internet, television, magazines or newspapers.

The students will complete structured and meaningful activities in their classroom and library lessons to gather their information. Furthermore, the students will complete work in their research booklets which were distributed on Friday which will help them gather their information.

The students will format their information onto a PowerPoint slideshow, prepare a speech and present a biography of the person in class to their peers throughout week 8. The students are encouraged to use props when presenting their project, such as music, dance, costumes, visual items and attempt to become the famous person. This year the students can work individually or as a pair. However, if in a pair the students must work together equally in the research, written, project and spoken presentations and provide evidence of collaborative work. All students will be completing the PowerPoint presentations at school rather than home as many students do not have access to a computer or alternative technologies. Students are not to bring typed work to school or take it home on memory sticks, until the Festival is over. Students can write their speech, prepare their costumes or props at home if they wish. The staff are looking forward to working with the students this term and further information and dates for the Festival will be distributed over the coming weeks. For any enquiries or further information, please contact Mr Manser, Festival Coordinator.

### P&C

**The next P&C meeting will be held tonight, Tuesday, July 23<sup>rd</sup> in the Staffroom at 6pm. ALL WELCOME**

## Crunch and Sip

### Don't Forget Crunch&Sip®

#### Tomato



We came from the wild tomato growing in the lower Andes on the west coast of Peru, Ecuador and Bolivia and have been cultivated by the Mexicans for over two thousand years! It's hard to imagine, but when Europeans first saw us, they thought we might be poisonous. In fact, we're highly nutritious and sweetly delicious. We're a good source of vitamin C (cherry tomatoes have even more vitamin C)

and we supply some vitamin E, folate and dietary fibre. Not many people know, but we're related to eggplants, capsicums, chillies and, that's right, the potato. Ripen us at room temperature until we are brightly coloured and slightly soft. Refrigerating us before we are ripe will reduce our flavour and ability to ripen to our full potential. Choose cherry or grape tomatoes for Crunch&Sip® as they're quick, easy and fun to eat!

## Health Message



During the winter months it's sometimes hard to get motivated to get outdoors and be active. But you don't have to go outside to be active. Why not try an exercise DVD (there are many to choose from – Zumba, aerobics, dance, pilates, yoga, boxing, cardiovascular), weights, skipping, situps/crunches, pushups, lunges, squats, dancing to your favourite music or buy/hire exercise equipment such as a bike, treadmill, rowing machine or an elliptical trainer. It is recommended that all people be active for 30 minutes 5 times a week.

## Fresh For Kids Canteen Promotion



From Monday, July 29<sup>th</sup> until Friday, September 20<sup>th</sup>, the school canteen in conjunction with the Sydney Markets will be holding a fresh fruit and vegetable promotion called *Fresh For Kids*. All students have to do is purchase a fresh fruit or vegetable item from the canteen and they will be instantly rewarded with a sticker card containing one large sticker for them to keep and one token sticker to place on an entry card.

When students have made 4 fresh fruit and/or vegetable purchases from the canteen (ie. Filled their entry card) they fill out their out entry card with their details and return it to the canteen where they will receive a minor prize. Mrs Petrie will send off the completed entries to Sydney Markets with students having the opportunity to win a major prize.

The canteen always has a variety of fruit for sale (great for *Crunch and Sip*) which can be purchased as a whole (eg. an apple) or even try a mixed bag of fruit of fruit kebab. YUM!!!!!!!!!!!!

## State Cross Country



Last week, Tyler Sargeant travelled to Eastern Creek in Sydney to compete in the State Cross Country carnival. To compete at this level Tyler had to finish in the top 6 at our school, then in the top 6 in the Zone and finally in the top 6 in our region so this was a remarkable achievement. Tyler ran well and came in 50th position. Well done, Tyler!!

## Book Club

Book Club went out today, and is due back by **Thursday, August 1<sup>st</sup> before 9am** to the front office.

## Spelling Bee



Students in Years 3-6 will compete in class to become a class representative at our School Spelling Bee on **Thursday, August 15<sup>th</sup>** at 9:15am in Bruxner Hall. Students will compete in two sections, Junior (Years 3-4) and Senior (Years 5-6).

Students can practice words by visiting <https://www.artsunit.nsw.edu.au/speaking-competitions/2013-premiers-spelling-bee>.

Username: teacher. Password: samsung

Students can also download a free app from Samsung apps which contains over 3000 words and is supported by the NSW Government and the Macquarie Dictionary.



## Premier's Debating Challenge

Last Wednesday, The Arguers (Jaimee McKinley, Katie Preston and Aislyn Kerr) travelled to Inverell to debate against Ross Hill Public School in the 4th round of the Premier's Debating Challenge.

The topic for the debate was *That Australian Sports Stars Make Bad Role Models* and The Arguers were the Affirmative team. All students presented some very interesting and well thought out arguments but were narrowly defeated. Congratulations to the girls on their wonderful achievements especially since they were short one team member.

## State Touch Football

This week, Chaney Rhodes and Tyler Sargeant are in Coffs Harbour participating in the State Touch Football championships. We wish them well and safe travelling.

## Soccer

Yesterday, the girl's soccer team travelled to Inverell to play against Narrabri West Public School in the 4th round of the NSW PSSA soccer knockout.

The girls started the game well and showed great determination and teamwork. The Narrabri team were very strong in ability and maturity. Their team consists mainly of year five and six students. Their year six girls were very fast and were quite tall, some twice the size of Tenterfield's Samantha Croft and Terri-Ann Lane who are in year three. Narrabri finished the first half up 5 - 0.

The Sir Henry Parkes students were still motivated and confident when they started the second half, but some more goals from Narrabri made the score too difficult to chase down. The Tenterfield girls changed to a more defensive structure which slowed down the Narrabri attack. However, at full time we had conceded nine goals.

All of the girls played to their very best abilities, but were just beaten by a better team on the day. The Sir Henry Parkes team is much younger than the team last year, but this experience will make the girls more determined to be ready for next year.

## Eisteddfod

The Tenterfield Eisteddfod will be held throughout week 6 of this term. We have entries in many sections so we will be practicing throughout the next five weeks.

The choir, guitar, recorder, and percussion groups will be practicing during allocated times and lunch breaks.

Primary Choir will rehearse each Wednesday at 2:15pm.

The guitar group will be rehearsing each Monday afternoon at 2pm until 2:30pm and each Friday at Recess.

The recorder group will rehearse on Monday afternoon at 2:30pm and Tuesday during lunchtime.

The percussion group will rehearse on Thursday afternoons from 2pm - 3pm.

# CALENDAR

MTH	WK	MON	TUES	WED	THUR	FRI	S / S
July	2	22 *Soccer-Inverell	23 *P&C- 6pm	24 *SCHOOL PHOTOS	25 *Indigenous performance *Money & note due for Zone Athletics	26 *Assemblies Infants-2/3M 11:30am Primary-3/4H 12:15pm	27/28
July	3	29	30 *Social 5-7pm	31 *Education Week Assembly 10am	1 *Basketball-Armidale	2 *SPORTS PHOTOS	3/4

## CANTEEN

### CANTEEN ROSTER

**Wed** 24th Kim Cox, Toni Lane, Michelle Battersby  
**Thur** 25th Marie Low  
**Fri** 26th Sue Clark, Jayne Harvey  
**Mon** 29th Help needed please  
**Tue** 30th Help needed please  
**Wed** 31st Kim Cox, Jen Sutcliffe

### Homebake (next week)

**Mon** 29th Terri Rossington  
**Wed** 31st Jen Sutcliffe  
**Fri** 2nd Jayne Collier

### DONATIONS (This Week)

**Mayonnaise** Jennifer Rhodes, Deanne Eaton  
**Block Cheese** Carmel Moore  
**Margarine** Jayne Collier  
**Eggs** Tami Davidson  
**Tomato Sauce** Amanda Paris, Polly Sargeant  
**Sliced Pineapple** Melissa Oakes  
**Onions** Margaret Ellis  
**Sliced Beetroot** Natalie Watt

### Zone Athletics

All notes and money are due by **Thursday, July 25<sup>th</sup>**.

### Year 5 and 6 Lake Ainsworth Camp

Please ensure you are either paying off or paying in full the remainder of your child/ren's camp balance. If you have any questions, please contact the front office.

### MEAL DEAL THIS WEEK-"Rock and Roll"

A delicious sub roll filled with meatballs in pasta sauce sprinkled with cheese plus a popper and a scoop of ice cream topped with a wafer biscuit and strawberry topping \$5.00

Other Choices: 2 mini pies \$2.40  
 6 chicken nuggets \$2.20

### Are you able to help?

We have 3 days a week on our canteen roster that needs to be filled. If you would like to join our wonderful team of volunteers one morning a month it would be much appreciate. Please phone Vicki on 6736 1732

### Lunch Orders

Due to our declining number of volunteers we are asking all families to please make sure your child has their LUNCH & RECESS order written on a bag (available from the canteen or supermarket) with money enclosed so it can be posted in the order box on arriving at school. Thank you to the parents who are already following this procedure. If everybody contributes a little everyone benefits.  
 Thank you  
 Vicki (Canteen Manger)

### COMMUNITY NOTICEBOARD

#### NRMA Survey

"Keep School Zones Safe"

The NRMA are conducting a short internet based survey to help improve safety around schools.

The Survey contains just six questions and allows respondents to upload photos of the signs and other safety features at their school zone.

The survey will remain open until July, 29th

To complete the survey please visit:

[www.mynrma.com.au/schoolzonesafety](http://www.mynrma.com.au/schoolzonesafety)

#### Tennis in Tenterfield

The new surfaces are completed with new fencing and extra lighting. Come have a look, see how wonderful it looks and have a game.

Lots happening in Tenterfield Tennis:

**Junior Tennis:** every **Thursday** afternoons 4pm and **Saturday** mornings 8.30am, tennis skills are given for new players and set play is arranged for experienced players.

We have some parents that play at these times, it is open for any interested players.

**Mid week Ladies Tennis: Wednesday and Thursday**, a great social day, children are welcome.

Nominations for **August Tournament** are open, both Senior and Junior.

**Social Tennis: Saturday** afternoons at 2pm, both children and adults welcome.

**Monday Night Competition:** will start **First Monday in September**;

think about nominating your team of 4 players.

**Wednesday Night:** will start in September, single and doubles to be played, great fitness and social event.

**Invitation** to all for **Sunday 11 August** 11.30am, for the **opening** of the new courts. A 3 course Lunch for Adults - \$10.00 or Children - \$5.00 will be available,

a game of tennis for gold coin donation.

MP Adam Marshall is playing tennis with the Mayor Peter Petty.

Come along for a great time.

Call Christine 0267362277 for further details.





# Debating Team at Ross Hill Public School



## Some talented students from 5/6E

