

# The Sir Henry Parkes Memorial



## PUBLIC SCHOOL NEWSLETTER

LEARNING SAFETY RESPECT

Term 4 Week 2 October 2017



### What's Coming Up in Term 4?

A brief overview of possible costings for families this term are listed below. Please contact the office if you have questions.

#### Early Stage 1/Stage 1 Students:

- Kinder excursion to Arrajay Downs \$15
- Stage 1 excursion \$10
- Week 3 disco \$5 per student
- School photos (Week 4)- various prices
- 'Deadly Australians' incursion \$6.60 per student (November 6)

#### Stage 2 Students:

- Week 3 disco \$5 per student
- Stage 2 camp (Week 8) \$100 per student
- School photos (Week 4) various prices
- 'Deadly Australians' incursion \$6.60 per student (November 6)

#### Stage 3 Students:

- Week 3 disco \$5 per student
- Possible excursion 'Far Out Science' UNE Armidale (30 students limit) \$30 per student
- Year 6 mementos \$10 each
- Year 6 Farewell \$20 per student, \$30 adults
- School photos (Week 4)
- 'Deadly Australians' incursion \$6.60 per student (November 6)

### Kindergarten Transition

Kindergarten Transition continues this Thursday October 19. Please drop off your child in Goudy Hall for another session of fun with Mrs Duff and Miss Rowe. Parents are invited to attend an information session with Mrs Rowe on Thursday October 19 at 9:15 in Miss Bridge's room, next door to the Goudy Hall. Last week's first session was fabulous! It was wonderful to see so many happy, smiling faces eager to join in the activities.

### School Photos

School photos are on Thursday November 2 and Friday November 3 this year.

School photo envelopes have already been sent home with your child/ren.

Every child in the school should have their own envelope. If you do choose to order school photos this year, please send this envelope to school on the photos days—Thursday November 2 and Friday November 3—with your order and payment.

No monies or orders are to be sent in before these dates. Sibling photo envelopes are available at the front office.

Have a great week!

*Miss Anna Starcevic*  
Principal

School proudly stands on Yakambul land

### Fantastic Debating Amelia!

On Wednesday October 11 Amelia travelled to Nemingha Public School to participate in the North West Debating Trials. A total of ten students from around the region tried out for the team. Students competed in three debates with the topics, 'Homework Should be Banned'; 'Students from Year 5 and Above Should be Able to Vote in Elections' and 'Car and Motorbike Racing Should be Banned'.

For the first two debates students were divided into two different teams of 5 and for the final debate students prepared their own individual case. State Adjudicator, Tony Davey, was the selector for the trials. There was a very high standard of debating throughout the trials. Amelia narrowly missed selection, with Tony advising that she was in his 'Top 4' for the final debate. He urged Amelia to continue debating in high school. Well done Amelia!



### Book Fair

Our book fair will be held from Monday October 23 to Friday October 27 in the Library.

The theme for this book fair is:

**Reading Rainforest - Go Wild for Books.**

**Book Fair times are:**

**Monday - Friday - Recess: 11 am—11:25am**

**Lunch: 1:15pm—1:40pm**

We are pleased to be able to offer the convenience of 24/7 online shopping at home for busy parents. Books purchased online can be through LOOP (Book club).

Information on how to complete an online purchase will be provided with the wish list.



### THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



### LEARNING SAFETY RESPECT

We had a wonderful first week back for Term 4 with many students displaying our three school values of Safety, Respect and Learning.

This week the students participated in a lesson based on anti bullying strategies.

Classes defined what the term 'bullying' meant and then discussed that it is never ok to bully someone or to stand back and watch someone be bullied. Students were encouraged to always remember the saying – 'Bullying – no way!'

Kind Regards,

PBL Team

## School Disco

Next Wednesday October 25 we will be holding our final social for 2017. The disco will run from 5-7pm with K-2 students in Goudy Hall and 3-6 students in Bruxner Hall.

The cost is \$5. which includes a popper and chips. Money raised will go to support our school sponsor child—Thi, who lives in Vietnam.

The SRC have decided to have the theme as 'The letter T' to recognise Thi.

Come dressed as something starting with the letter T. We look forward to seeing some tigers, trains and maybe even some teachers!

## Regional Touch Football Champions!



Congratulations to our Boys PSSA Touch Football team who won their game against Gunnedah South Public School last Thursday. In cold, rainy conditions the team played exceptionally well and were up 4-0 at the end of the first half. In the second half, Gunnedah South showed their skills and made it over the line twice. Our boys scored one try in the second half although they made it very close to scoring many more. The final score was 5-2 with this group of boys taking home the crown of Regional Champions for the second time this year.

The team now heads to Taren Point to play in the Knockout finals on Monday October 23.

The team would like to thank Kim Rhodes for organising a sausage sizzle at Coles on Saturday that helped them to raise over \$500 to put towards the cost of their trip away. We would also like to thank the businesses that made this possible:

- Coles Supermarkets – Tenterfield
- Little Magnolia Florist
- Tenterfield Homemakers
- Our Place



The team appreciates your support and would like to thank the Tenterfield community for helping them to raise these funds.

We are extremely proud of our team and would like to wish them the best of luck in the finals.

GOOD LUCK BOYS!

## eGATS Celebration Day

Last Friday, Jed, Amelia, Renee and Nessa travelled to Thalgarrah to participate in the eGATS Celebration Day. During this day, projects from the courses were showcased and each student got to share their work. There were some amazing projects across six different courses. The students need to be congratulated for their commitment to taking on extra work which was quite challenging. Congratulations also to Rosie and Kerry who also successfully completed their courses too.

**KINDERGARTEN**

**2018**

**Enrolments open**

**Now**

**For more information please call the  
school on**

**67361401**



# Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



## Fruit



## Vegetables



## Dairy



## Wholegrains



## Lean meat & alternatives



**A Healthy Lunch Box**



**MAKE WATER  
YOUR DRINK**



**PACK ICE BRICKS  
TO KEEP FOOD  
COOL**



**USE A THERMOS  
TO KEEP FOOD  
WARM**



**Health**

This resource was developed and designed by the Health Promotion Service, Western Sydney Local Health District, with contribution by South Eastern Sydney Local Health District and Illawarra Shoalhaven Local Health District.

The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

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# The Sir Henry Parkes Memorial



PUBLIC SCHOOL



LEARNING SAFETY RESPECT

## TERM 4 School Planner and Canteen Information

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>OCT</b>	<b>2</b>	16	17	18	19	20	21/22
<b>Term</b>						Year 6 Memento note and money due	
<b>4</b>							
	<b>3</b>	23	24	25	26	27	28/29
		BOOK FAIR Touch football team play finals		DISCO 5-7pm. K-2 Goudy Hall. 3-6 Bruxner Hall.			Saturday—P&C BBQ, stall and raffle @ Coles

CANTEEN ROSTER	
DATE	NAME
Wednesday 18	Tammy Morris, Jenny Petrie
Thursday 19	Help needed please
Friday 20	Sandi McCowen
Monday 23	
Tuesday 24	
Wednesday 25	Vicky Hill, Sandi McCowen, Jenny Petrie

DONATIONS This week	
Cruskits	
Tomato Sauce	
Mayonnaise	
Block Cheese	Katie Mumford
Margarine	Roxanne Bancroft-Stuart
Sliced Beetroot	Roberta Koch, Dawn McCowen
Lettuce	Rhonda Fowler
Tomatoes	

HOMEBAKE	
DATE	NAME
Monday 23	Judy Keep
Wednesday 25	Candice Potter
Friday 27	Lou Holley

### MEAL DEAL

"Pasta Perfection"

Creamy Bacon Cabonara Pasta (No mushrooms, kid friendly), a popper and an icy pole.

Lucky dip for dessert - \$5.50

OTHER CHOICES:

Lasagne \$4.00

Sausage roll \$2.50

# HEALTHY LUNCHBOX SUGGESTIONS

popcorn

10/01/2017 AMBER, Canteen recipes, Everyday, Help for Parents, Party food ideas, Recipes, Snacks

AMBER (ACT & SA) / Everyday (NSW)

Makes 6 serves

## Ingredients:

- 1 tablespoon of vegetable oil
- 100g popcorn kernels
- Flavouring (see variations below)



## Method (saucepan):

1. Heat a large saucepan to medium-high temperature.
2. Add vegetable oil.
3. Add kernels to the hot saucepan, gently shaking the pan back and forth to ensure even coverage at the bottom of the pan. Cover with a lid and take off heat (to gently allow the kernels to heat up evenly).
4. After 30 seconds, move the saucepan back on to the heat.
5. As the popcorn pops, gently shake the pan back and forth while still on the heat.
6. When popping slows, remove from heat and place immediately into a large mixing bowl to add flavouring.
7. Add the flavouring while the popcorn is still hot and serve plain in paper bags or allow to cool before storing in zip lock plastic bags.

## Method (microwave):

1. Place popcorn and oil in a large microwave proof bowl and cover with a microwave proof cover or plate.
2. Cook on high for approximately 5 minutes or until popping slows.
3. Add the flavouring while the popcorn is still hot and serve plain in paper bags or allow to cool before storing in zip lock plastic bags.

## Tips:

- Using the saucepan method, and letting the kernels come to an even temperature before popping, helps to reduce the number of un-popped kernels.

## Variations:

- **Parmesan and rosemary:** ½ cup parmesan cheese + 1 tablespoon rosemary, finely chopped.
- **Cheese:** ½ cup each parmesan cheese + ½ cup reduced fat cheddar cheese.
- **Garlic:** 1 tablespoon dried garlic granules or flakes + 2 tablespoons parsley, finely chopped.
- **Curry:** 1 tablespoon curry powder.
- **Mexican:** ½ tablespoon chilli powder + 1 tablespoon dried cumin + 1 tablespoon sweet paprika.
- **Vinegar:** Provide a spray bottle filled with vinegar for kids to add their own spritz.
- **Choc vanilla:** 1 tablespoon cocoa powder + 1 teaspoon vanilla extract.
- **Cinnamon:** 1 teaspoon cinnamon.

# P&C INFORMATION

## P&C Fundraiser

At last week's P&C meeting it was agreed to go ahead with a 'Grass Hair Kits' Christmas range and 'Growing Kits' fundraiser. Order forms were sent home with students on Monday this week for this fundraiser. Additional order forms can be picked up from the front office.



## DATE CLAIMER

The P&C have arranged to have a BBQ, Street Stall & Raffle outside Coles on Saturday October 28.

**Thanks for Donating!**

On Saturday October 28 the P&C are holding a stall outside Coles.

We are hoping that donations can be brought into the school by October 25, to make up a hamper prizes.

We have separated these into classrooms so that we do not end up with all the same item.

Thank you in advance

KS- Crackers

K/1D- Chips

1/2G- Sweet biscuits

1/2F-Breakfast goods Eg: Tea, coffee, spread or cereal

3/4T- Toiletries

3/4F- Stationery

4/5W- Baking goods

5/6R- Pasta, pasta sauce

5/6G- Tinned food

Sunshine Room- Lollies