

The Sir Henry Parkes Memorial



PUBLIC SCHOOL NEWSLETTER

LEARNING SAFETY RESPECT

Term 1 Week 6 February/March 2017



Uniforms

I have heard from one parent that there is some confusion about the change over period to new unisex navy school polo shirts. We are allowing families all of this year to change over to the new shirt. If any families are experiencing difficulties paying for new shirts, please come and see me—I would much rather assist families with buying new shirts, than have the old shirts still being purchased.

The Importance of School Attendance

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

Miss Anna Starcevic - Principal

Attendance Matters!!!

1 or 2 days a week doesn't seem like much BUT.....

If your child misses...	That equals....	Which is.....	And over 13 years of schooling that's....
1 day per fortnight	20 days per year	4 weeks per year	nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	over 2 ½ years
2 days per week	80 days per year	16 weeks per year	over 5 years

How about 10 minutes late a day? Surely that won't affect my child??

He/She is only missing just....	That equals....	Which is.....	And over 13 years of schooling that's....
10 min per day	50 min per week	nearly 1 ½ weeks per year	nearly ½ year
20 min per day	1hr 40min per week	over 2 ½ weeks per year	nearly 1 year
30 min per day	Half a day per week	4 weeks per year	nearly 1 ½ years

EVERY DAY COUNTS

If you want your child to be successful at school, then YES, attendance does matter!!

Stage 3 Camp

Stage 3 Lake Ainsworth Camp \$100 Deposit & Permission note are both due Friday March 3, 2017. We hope to see all Stage 3 kids attending the camp this year.



The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

75-79 Wood St Tenterfield NSW 2372 • 02 67361401 • sirhparkes-p.admin@det.nsw.edu.au • www.sirhparkes-schools.nsw.edu.au

Changes to Our Newsletter Distribution

As of Term 2, we will be going paperless with our school newsletter. You will be able to access the newsletter on our school website:

<http://www.sirhparkes-p.schools.nsw.edu.au>

On the school app



Free

Or you can request that you be added to the email list already set up with the front office.

PLPs in the Park

We would like to invite our Indigenous families to come and meet staff to work together in creating Personalised Learning Plans for their child/children. Personalised learning plans involve each student working with their teacher, in partnership with the student's parents or carers, to develop a plan that reflects the student's learning goals and current capabilities, including specific learning targets. It is also a great opportunity to have a chat with teachers and other parents at the park. We will also provide some afternoon tea for families attending. We look forward to seeing you there!

When: 3:45pm Thursday March 2

Where: 'Plastic Park'- Manners Street

Mindfulness

Mindfulness is a special way of paying attention that can help with how we cope with everyday life, and deal with tough times, and there are great benefits for physical and mental health.

Mindfulness is about training yourself to pay attention in a specific way. When a person is mindful they:

- Focus on the present moment
- Try not to think about anything that went on in the past or that might be coming up in future
- Purposefully concentrate on what is happening around them

- Try not to be judgemental about anything they notice, or label things as 'good' or 'bad'

Mindfulness is a way of bringing us back to experience life as it happens .

Benefits of mindfulness in our classrooms include helping our students to:

- ◇ slow down their thoughts
- ◇ concentrate
- ◇ relax
- ◇ improve their memory
- ◇ solve problems more effectively

Enjoy the attached mindful colouring page attached to today's newsletter!

Early Action for Success

How you can support your child to read at home and fall in love with books.

- * Make reading part of your everyday routine.
- * Choose books that interest your child.
- * Read both fiction and non-fiction books.
- * Before reading, make predictions. What is the story going to be about? How do you know?
- * Talk about new words and their meanings.
- * Make connections to their life, other books, movies/TV. What does this remind you of?
- * Talk, comment and ask questions about the characters and setting. How does the character feel? How do we know this? What happens in the beginning, middle and end of the book?
- * Have your child turn the pages.
- * If the book rhymes or has a pattern, encourage them to follow along.
- * Make different voices for each characters.

Have fun reading together.

Lorelle O'Brien Instructional Leader

P&C NEWS

TSHPMPS P&C AGM and meeting
Tuesday March 14 2017, 5.30pm in the
TSHPMPS Staffroom

All welcome!

What's Coming Up This Week

DATE	Changes to Routine
1/3	Mr Mendes, Miss Wright and Mrs Strachan L3 PL— Armidale
3/3	Mrs Rowe and Mrs O'Brien L3K—Inverell

Lunchbox mini pizzas

Prep time	Cook time	Total time
10 mins	12 mins	22 mins

Author: kidgredients
Serves: 24 mini pizzas

Ingredients

- 1 cup greek yoghurt (i [make my own](#))
- 2 cups self raising flour
- tomato paste (or leftover pasta sauce)
- ½ zucchini, finely grated
- 5 slices prosciutto, cut into slivers
- 2 cups grated cheese (i grated some cheddar)

Instructions

1. Preheat the oven to 200 degrees.
2. combine the yoghurt and flour in the bowl of a mixer and mix until a dough forms.
3. Tip onto a floured board and roll out (I rolled mine to 30 by 50 cms).
4. Cut the shapes you want from the dough- I used a star, butterfly, heart and boat.
5. Prink all over with a fork.
6. Transfer onto a lined oven tray then top with tomato paste/ pasta sauce.
7. Next top with the zucchini and then the prosciutto.
8. Cover with cheese.
9. Re-roll the rest of the dough and make another lot!
10. Bake for 12 minutes.
11. Remove from the oven and cool on a wire rack. Freeze flat and then pop in a container or baggie.

Recipe by Kidgredients at <http://kidgredients.com.au/lunchbox-mini-pizzas/>



POSITIVE BEHAVIOUR for LEARNING (PBL)



SAFETY RESPECT LEARNING

This week our PBL focus is entering and exiting the school safely. Students participated in a lesson that promoted the specific skills of entering and exiting the school in a safe and respectful manner, identifying the appropriate exit and entry for different methods of transport and road safety.

Students went for a walk around the school to locate and better understand which entries and exits are to be used.

Walking/Riding/Car - These students should be entering the school near the pedestrian crossing or the laneway which runs alongside the school oval. **NO students are to enter the school down the bus laneway or the front office entry.**

Bus - All students who are catching a bus are to enter through the side gates at the bus drop off point.

Riding – Scooters and bikes – All students must be wearing a helmet. Once at school, the students are to walk their scooter or bike through the playground to the bike shed.

We ask that ALL parents drop their children off so that they can enter the school near the crossing gates in the morning. Could you please also ensure that you are waiting inside the school grounds of an afternoon near the crossing gates to collect your children. As a matter of safety, children should not be walking out into the car park to meet you.

Henry Says – “If we all enter and exit the school in the correct location, we will all be safe”

TERM 1 School Planner

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
Feb/ Mar	6	27	28	1	2 PLPs in the Park 3:45pm—Jubilee Park	3 Bavarian Band Concert 10:30am THS MPU	4/5
	7	6	7	8 Grandparent's Day	9 K-6 Assembly 12pm K/1D Item	10	11/12

Grandparents Day

Grandparent's Day will be held next Wednesday, March 8. The day will start with open classrooms at 9:30am. The concert will start at 10:15am in Bruxner Hall (Primary Hall), with all students performing. Morning Tea will be served on the basketball court at the conclusion of the concert.

We look forward to seeing lots of grandparents and adoptive grandparents at this special event in our school calendar.

DONATIONS This week

FOOD	NAME
Tomato Sauce	Leanne Hall, Roxanne Bancroft-Stuart
Block Cheese	Kati Mumford, Rhonda Fowler
Sliced Beetroot	Roberta Koch, Dawn McCowen

HOMEBAKE

DATE	NAME
Monday 6	Judy Keep
Wednesday 8	Jenny Petrie
Friday 10	Jayne Collier



Playgroup will be starting again
NEXT FRIDAY—March 10th.

This year Playgroup will be run by

Mrs Robyn Hillier on Friday afternoons from 2:00-3:00pm, in the primary hall. If you are attending please call the front office.

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CANTEEN ROSTER

DATE	NAME
Wednesday 1	Linda Read (8:30am-9:30am) Candice Potter (11am-1:30pm) Jenny Petrie
Thursday 2	Help needed (11.30—1.30) Please phone 6736 1732
Friday 3	Ashleigh Loader
Monday 6	Charmaine Rankine
Tuesday 7	Kati Mumford (11.30—1.30)
Wednesday 8	Jenny Petrie Tammy Morris

★ MEAL DEAL ★



"A French Delight"



A Ham and Cheese Croissant with a popper and a cup of Watermelon and Ice Cream **\$5.50**

Other choices: (NOT included in the meal deal)

Lasagne \$4.00

Large Pie \$3.50

