

# The Sir Henry Parkes Memorial



## PUBLIC SCHOOL NEWSLETTER

LEARNING SAFETY RESPECT

Term 1 Week 7 March 2017



### Morning and Afternoon Pick Up and Drop Off

Last week's newsletter identified where in our school are the designated entry and exits for our students. It is crucial that our families work with us to ensure the safety of all our students. No students should be dropped off where the buses enter and exit the school or at the tennis courts. Parents and families are able to collect students from the side gate that leads onto the basketball court. Please call the front office if you are unsure of entries and exits to our school.

There are also a number of 'No Parking' areas in Wood Street. These are strategically placed for our students' safety. They also assist our bus drivers with smooth entry and exits into the school bus bay and ensure that no cars are damaged by passing buses. The local police continue to monitor these areas for our kids to ensure they are safe. There is a chance you may be fined if parking in these areas.

### The Importance of School Attendance

#### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious

holiday

- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Have a wonderful week!

*Miss Anna Starcevic - Principal*

## Changes to Our Newsletter Distribution

As of Term 2, we will be going paperless with our school newsletter. You will be able to access the newsletter on our school website:

<http://www.sirhparkes-p.schools.nsw.edu.au>

On the school app



Or you can request that you be added to the email list already set up with the front office.

## Early Action for Success

### Reading at Home

*When helping your child read at home, there are several strategies that may be useful supporting them to solve unknown words.*

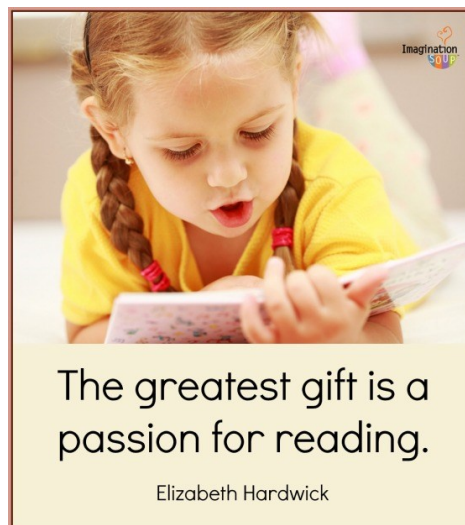
- Help your child to look at the picture in the book. There might be something there that will help them use meaning to work out the word.
- Help your child to look for chunks in the word, such as it in kit or and and ing in landing. Ask them to use their fingers to point to the parts in the word they know.
- Ask your child if the word looks like another word they know eg: If they know the word look- they can use their knowledge of ook to work out book.
- Ask your child to get their mouth ready to say the word by shaping their mouth for the beginning letter.
- Ask your child to read to the end of the sentence. Often by reading other words in context, they can figure out the unknown word.

## Early Action for Success

- If your child says the wrong word when reading, ask these questions:
  - Does it make sense?
  - Does it look right?
  - Does it sound right?
- Always draw upon the meaning of the book to support your child to work out unknown words. Explore the front cover, read the blurb at the back of the book, look at the pictures and discuss what is going on throughout the book. Remember, reading should be fun and enjoyable.

Lorelle O'Brien

Instructional Leader



## Mobile Phones

A reminder to all families that any student who has a mobile phone must hand it into the front office upon arrival at school and pick up at home times. Students are not to be on phones during the school day. Should any family emergencies arise please phone the front office and messages are always passed on to the students.

## What's Coming Up This Week

DATE	Changes to Routine
8/8	Mrs O'Brien & Miss Starcevic EAFS PL
10/8	Miss Starcevic—Teachers Federation Conference Miss Rowe & Mrs O'Brien— L3K PL Miss Ryan & Mr Swan— Glenn Innes for football

### P&C NEWS

TSHPMPS P&C AGM and meeting  
Tuesday March 14 2017, 5.30pm in the  
TSHPMPS Staffroom

All welcome!

## Cranberry and white chocolate muesli bars

Prep time	Cook time	Total time
5 mins	2 hours	2 hours 5 mins

Author: kidgredients  
Serves: 18 bars

### Ingredients

- ½ cup cacao butter
- ½ cup coconut sugar
- ¼ cup maple syrup
- 1 tsp vanilla
- 2 cups quick oats
- 1.5 cups puffed rice (not rice bubbles, but you could use those if you want)
- ½ cup quinoa flakes
- ¼ cup linseeds (flaxseeds)
- ½ cup desiccated coconut
- ½ cup dried cranberries
- 100grams white chocolate, melted
- 3 teaspoons coconut oil



### Instructions

1. In a sauce pan, melt the cacao butter with the maple syrup and the coconut sugar.
2. Bring to the boil, then allow to simmer for about 5 minutes, it will be thick and gloopy.
3. Remove from the heat and stir through the vanilla.
4. Add the oats, puffed rice, quinoa flakes, desiccated coconut, dried cranberries and flax seeds to the hot mixture and mix well.
5. Line a baking dish (mine was about 22cms by 33cms) with either: a double layer of baking paper or a silicone mat.
6. Press the mixture down well into the baking dish.
7. Refrigerate for 2 hours.
8. Remove from the fridge. Mix the melted white chocolate with the coconut oil until all the coconut oil is dissolved through.
9. Using a fork, flick the white chocolate over the top of the bars return to the fridge for 10 minutes before cutting.
10. Remove from the baking dish and slice into bars. I got 20 yumbox sized ones from this batch.
11. Store in the fridge in a sealed container with baking paper in between the layers.

Recipe by Kidgredients at <http://kidgredients.com.au/no-bake-cranberry-white-chocolate-muesli-bars/>

## POSITIVE BEHAVIOUR for LEARNING (PBL)



This week the students participated in lesson to better understand the behaviour expectations during assemblies. The specific skills taught included:

- How to demonstrate RESPECT during an assembly.
- Active listening – sitting, standing and moving quietly throughout the assembly.
- Displaying exemplary behaviour and taking pride in our assemblies.

Students will have the opportunity to demonstrate the specific skills taught in this lesson on Thursday at our whole school assembly.

Parents – at the end of each assembly we ask that you leave the hall first to assist in the students being able to leave the hall quickly and quietly. If you would like to see your child after an assembly, you can meet them on the basketball court once everyone has left the hall.

Kind Regards,

PBL Team

# TERM 1 School Planner

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
Mar	7	6 North West Swimming Carnival	7 KR & 5/6W Performing at Haddington 10:00am	8 Grandparent's Day	9 K-6 Assembly 12pm K/1D Item	10	11/12
	8	13	14	15	16	17	18/19

## Grandparents Day

Grandparent's Day will be held TOMORROW, March 8. The day will start with open classrooms at 9:30am. The concert will start at 10:15am in Bruxner Hall (Primary Hall), with all students performing. Morning Tea will be served on the basketball court at the conclusion of the concert.

We look forward to seeing lots of grandparents and adoptive grandparents at this special event in our school calendar.

## DONATIONS This week

FOOD	NAME
Tomato Sauce	Bec Ebbern, Angela Kerrigan
Block Cheese	Jann Oberman
Cruskits	Nicole Arnold, Jen Rhodes
Mince	Tanya Larkin
Margarine	Robyn Hillier

## HOMEBAKE

DATE	NAME
Monday 13	Angela Kerrigan
Wednesday 15	Kris McCowen
Friday 17	Lou Holley

### Thank you

A huge thank you to our parent helpers that helped with our North West Swimming Carnival at Armidale yesterday.

It was a amazing day for all students involved with a couple of PB's. Congratulations to all students.

Playgroup will be starting again

THIS FRIDAY—March 10th.

**This year Playgroup will be run by Mrs Robyn Hillier on Friday afternoons from 2:00-3:00pm**, in the primary hall. If you are attending please call the front office.



## CANTEEN ROSTER

DATE	NAME
Wednesday 8	Tammy Morris, Charmaine Rankine
Thursday 9	Help needed (11am-1:30pm) please phone 67 36 1732
Friday 10	Sandi McCowen
Monday 13	Kris McCowen
Tuesday 14	
Wednesday 15	Vicky Hill, Jenny Petrie

## ★ MEAL DEAL ★

★

**"Hot digity dog"**

A hot dog with chees and tomato sauce plus a popper and a flavoured water icy pole **\$5.50**

**Other choices: (NOT included in the meal deal)**

6 x nuggets \$3.00

Ham & cheese sandwich \$2.80

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