

The Sir Henry Parkes Memorial

PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 2 Week 5 May 2017



An Outstanding Camp For Stage 3

Well done to the students in Stage 3 who attended camp at Lake Ainsworth, Lennox Head last week. I was lucky enough to join our intrepid campers for their last night and day. I was so impressed with the students' enthusiasm towards camp and their respect towards both each other, and other students from different schools. A huge thankyou goes out to the teaching staff who attended—Mrs Wait, Miss Wicks, Mrs Ryan and Lyn Potter. Camp is always a 24/7 job for our staff caring for our precious kids, and it is always a big ask for the teaching staff to leave their own families at this time.

Unfortunately there are a lot of sick kids at the moment. Can I please ask parents to keep your child/ren at home if they are unwell. Sending sick kids to school is an easy way to spread germs to both students and staff.

Lost property is overflowing once again! It is important to label ALL of your child/ren's clothing. If you are missing any items, please come up and check the lost property bins—one near sick bay in the main building and a second lost property outside the learning support room in the old infants building.



Have a wonderful week!

Miss Anna Starcevic

Principal

The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

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Writing Competition Winning Entries

Early Action for Success

Congratulations to all of the students from Kindergarten through to Grade 6 who wrote a story for our writing competition. The stories were creative and all very different. Well done to the following students who came first in their grades:

Kindergarten: Lucy- Anne McDonald

Grade 1: Annie Potter

Grade 2: Talissah Spittles

Grade 3: Mikayla O'Brien

Grade 4: Tiffany McDonald

Grade 5: Eva Mundy

Grade 6: Kelsie Ellis

Awards were given during the last assembly. Some students were on camp so their awards will be handed out at the next assembly. We will be publishing one winning story a week in the newsletter for everyone to enjoy.

Pig Likes Puddles

The pig was out having a walk. He walked to the shops and got gumboots.

When he was walking home it started to rain. Then he put on his red gumboots and saw a big muddy puddle.

Then he went home. He took his dirty clothes off and hung them on the line. He dried himself off with a towel. Then later on the rain dried up and it was all sunny. Then he went out for another walk.

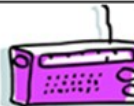



by Lucy- Anne McDonald
Kindergarten

Good for Kids good for life

KEEPING ACTIVE IN WINTER!

As the temperature starts to drop, it's important that your kids are still physically active through the colder months.

Here are some tips for keeping kids active when it's cold or wet outside:

Freestyle dancing – turn the radio or MP3 player on and encourage your children to make up a dance to the music	
Balloon Volleyball – tossing a balloon up in the air across a makeshift net made of pillows	
Story time doesn't have to be sitting still and quiet. Choose a common word in the story and an activity that you do every time that word is read e.g. The word chosen is "car" and every time car is read out the kids zoom around the house making car sounds on their hands and knees.	
If it's wet outside take advantage of the muddy puddles by putting on your rain coat and gum boots and splashing, stomping and jumping in muddy puddles	



Health
Hunter New England
Local Health District

Phone 4924 6499



Our NAIDOC day will be held on June 29.

Please save the date on your calendars.



A snippet into some of the fantastic things happening in KR

Our class has had a fantastic start to the year. Last term in our Literacy unit we went “Under the Sea”, where we have been busy learning the skills of how to listen to a story and make predictions which go beyond what has been explicitly stated in the story. This term our Literacy units of “Down on the Farm” and “Families” will focus on Visual Literacy. We will be learning to use information gained from the illustrations and words in print or digital literary text to demonstrate understanding of characters, setting or plot. We will begin to develop critical thinking skills to make connections, predictions and inferences that will help us to interpret and understand texts, and relate aspects of the texts to our own lives.



Last term we began to practise the scientific skills of observing, questioning, predicting and communicating as part of a STEM unit of work called Beanstalks. We have been investigating what plants need in order to grow. We are looking forward to continuing this unit and building a model of a *beanstalk* and a free-standing tower for Jack.



We have participated in many school events so far this year. These include Harmony Day, where we travelled the world, stopping for a visit in Brazil. We danced our way into Easter with the Easter Hat Parade. We opened our classroom to visiting grandparents on Grandparents Day. We made Anzac Biscuits with Mrs Cooper and just last week wowed the assembly with Twinkle Twinkle Little Star.

Our flexible learning space is teaching us how to work together in collaborative and exciting ways.

I am very proud of all the students in KR.

They have settled well into school life and are learning to become responsible, independent and active learners. We can't wait to see what exciting and wonderful learning experiences we have ahead of us. Mrs Rowe





LAKE AINSWORTH 2017

Try everything!

What a sensational 4 days full of fun, new experiences and challenges! Our Year 5 and 6 students gained an overall sense of wellbeing, communication and a greater sense of teamwork. Individually they developed in confidence, problem solving and resilience.

Our mantra was set for the week to **'try everything'** we got set and ready to go!

After the windy road and a foggy cold start to the morning the glistening ocean was a sight to see! Arriving at Lake Ainsworth sent a buzz of excitement through both buses. We had a quick welcome and smelt the fresh salty air. Then it was time to get organised. The accommodation was a hit. The girls scored some luxury cabins down the hill and the boys had some comfortable lodges nice and close to the daily action. There was limited down time so really they were just places to sleep after very busy days.

We split into three teams. Dugongs with Miss Ryan, Miss Potter and Dan, Whales with Miss Wicks and Adam and Sea Turtles with Mrs Wait and Katie.

Lennox Head had some wild wet weather before we arrived so there were a few boggy patches and puddles but the weather was perfect while we were there.

With days full of snorkelling, kayaking, rock climbing, beach play, team initiatives, high ropes, archery, orienteering and sailing it was no wonder everyone slept so well.

During marine studies the jumping mullet put on a show, a few rays, gummy sharks, stripy fish, spotty fish and flat head came to say hello. Rock climbing was a time when everyone had to be on their game to support their team mates. Some overcame their fear of heights and scaled the wall in style.

Beach play was a change for students to enjoy beautiful weather and get creative by building a dam wall and creative sand castle creations and of course a game of beach footy. The ropes were a hit testing both patience and balance and pumped up the confidence of many. By the fourth turn some were running across the course!

Archery brought out the sharp eye of a few with bulls eye and most hit the targets or at least came super close. Orienteering was a great way to get our bearings and link to directions. Lets just say that everyone should be equipped with skills if they are ever lost—providing they have a compass.

Kayaking across the lake was a fun adventure with a few extra games thrown in for the thrill seeker and sailing was definitely a favourite of many with a gentle westerly wind to help guide them across the tea tree lake.

There were many opportunities for team work and individual pursuits, at times some frustration with others and at other times some remarkable accomplishments worth celebrating!

Night activities saw more games and a county fair with the chance to interact and make new friends from Nambucca Public School and Mount Tambourine.

A few early risers enjoyed watching the sunrise on the beach and started the morning with yoga and played with the many adorable and friendly dogs along the beach.

The food was a hit with plenty of healthy choices for everyone. Each group pitched in to help out on kitchen duty and we are confident everyone has been doing the same at home on return from camp!

The Sport and Recreation Team were extremely impressed with the behaviour and 'can do' attitude displayed by all students. Their overall behaviour was outstanding and they demonstrated our school values of Respect, Safety and Learning across all facets of their camp experience.

Thank you to everyone who supported our fundraising ventures.

A huge shout out to our parents who missed us dearly but allowed us to have this amazing experience that we will remember for many years ahead!



PSSA Zone Cross Country

On Friday, the 19th of May, 2017 The Sir Henry Parkes Zone Cross Country team competed against five other schools in the PSSA carnival which was held at our school. It was a freezing day with patches of rain and fog throughout the morning.

At 9:30 am students, teachers and parents walked the course to familiarise themselves with the running track. At 10:20 am the first races commenced, due to the weather and time restraints it was decided that the girls and boys in each age division would run at the same time. This was a fantastic way to race as the girls and boys were pushing each other to run faster and cross the finish line first.

The first race was the 12/13 year boys and girls which saw our very own Zephyr cross the finish line with a massive lead. The girls were next to cross the finish line, and we were fortunate enough to have girls place from 3rd to 6th. Third place Bonnie, fourth place Bella, fifth place Zali, and sixth place Elsie. It was fantastic to see so many of our girls place in the top six and head into the regional carnival.

The next race was the 11-year boys and girls where Thomas placed fourth and will proceed onto the regional carnival. Thomas was followed by Chris and Malik who will be reserved for the regional level. In the 11 year girls, we were lucky enough to have Luci place fourth and Olivia place fifth. Emily came in seventh, and she will be a reserve for the regional carnival.

The next race was the ten-year boys and girls we were lucky enough to have five students place in the top six and proceed onto the regional carnival. Oska placed fifth in the boys, Lucy placed second in the girls, Ellie placed third, Jessica placed fifth, and Sahri placed sixth.

The final race was the 8/9 year boys and girls. Fourth place in the boys' race went to Seth and seventh place to Darcy. Darcy will be a reserve for the regional carnival. The girl's event saw our very own Beth cross the finish line first with an excellent time. She was closely followed by five Glen Innes Public School Students. Matilda placed seventh in the girl's race and will be a reserve for the regional carnival.

In each division, a champion and runner-up were crowned in the 12/13 year boys the winner went to Zephyr and the runner-up to Koby. The girls 12/13-year winner went to Sally and runner-up to Chari. The 11-year boy champion went to Jack and runner-up to Oscar. The 11-year girls champion went to Maisie and runner-up to Summer. The junior champions and runner up were based on the fastest times from both the 8/9 year and ten-year events. The boys champion went to Howie and runner-up to Sam. The girls champion went to Sophie and runner-up to Beth.

Congratulations to all students who competed in the carnival. You did a fantastic job and should be proud of yourselves. We have sixteen students representing our school at the PSSA Regional Cross Country Carnival, which will be held on Friday, July 21st, 2017 at the Coolah Golf Course, in Coolah. The day will commence at 8:50 am where students will walk the course, and it is expected to be finished by 12 pm.

We had a fantastic and chilly day, thank you to all the teachers, parents and students who volunteered their time to help and stand out in the freezing weather. We had a successful day all round. Thank you to Jen and the helpers in the canteen who fed our students and spectators on the day. Finally, a big thank you to Mr Smith for allowing our school to use his paddocks for the carnival.



P&C NEWS

NEXT P&C meeting Tuesday June 13

Meeting start time is 5:30pm

What's Coming Up This Week

DATE	Changes to Routine
26/5	Miss Green and Mrs Rowe PL

Herby corn and zucchini fritters

prep: 5 mins | cook: 10 mins | total: 15 mins

author: kidgredients

yield: 12

Ingredients

- 1 zucchini, grated
- 1 cup frozen corn kernels
- 1 tbsps chopped coriander
- 2 tbsps chopped mint
- 2 spring onions, finely chopped
- 1 cup flour (plain/rice)
- 1 tbsp kecap manis
- 1 tbsp sweet chilli sauce
- 1 tsp baking powder
- oil for frying

Instructions

1. Combine all of the ingredients except the oil in a large bowl and mix well until combined.
2. Heat the oil in a frypan over medium heat.
3. Fry tablespoon fulls of the mixture. Squash down a little with a spatula.
4. Flip when golden (each side takes about 4-5 minutes).
5. Drain on paper towel.



THIS WEEK'S POSITIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



This week the students participated in a lesson that reinforced when it is appropriate to run or walk on the cement. When students are being safe, they will not hurt themselves or those around them.

The specific skills taught to students included:

1. What parts of the school we walk only on the cement.
2. What parts of the school are appropriate for walking and running on the cement.
3. When it is appropriate to be running on the cement.

The PBL team along with all staff would like to congratulate the Stage 3 students for representing our school positively at their excursion last week. The students excelled at displaying our three school values of safety, respect and learning.

Congratulations also goes to all students who received awards at last weeks assembly. Remember to keep collecting as many Henrys as you can!

Kind Regards PBL Team

TERM 1 School Planner

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
May	5	22 Boys Cricket Vs Ben Venue PS	23 ICAS Digital Technologies NW Soccer trials	24 PSSA Girls Soccer knockout	25	26	27/28
May June	6	29	30	31	1	2	3/4

Community Notice

CHOOSE HEALTH
FREE Event Thursday 25th May 2017
9.30am to 12.30pm

RSL Pavilion – Light Horse Drive, Tenterfield

“Reconnect with your body through good food and a healthy gut”

Meet Charlotte Bush, Local accredited practicing Dietitian and personal trainer.

She will be discussing topics such as:-

- An introduction to the digestive process
 - The gut – brain relationship
 - Feeding a healthy gut
 - A look at food intolerances
- Local sources of gut protective foods
- Learning to reconnect with your body

• Learn the ins and outs of hunger, fullness and satiety.
An event for all the family in a friendly, relaxed and interactive environment.

Please RSVP for catering purposes to GBLC 0267 363 500 Email

landcare@gbgc.org.au

CANTEEN ROSTER

DATE	NAME
Wednesday 24	Candice Potter, Jenny Petrie
Thursday 25	Help needed please
Friday 26	Ashleigh Loader
Monday 29	Angela Parker 11-1.30pm
Tuesday 30	Katie Mumford 11-1.30
Wednesday 31	Tammy Morris, Jenny Petrie

HOMEBAKE

DATE	NAME
Monday 29	Angela Kerrigan
Wednesday 31	Kris McCowen
Friday 2	Bec Ebbern

MEAL DEAL

‘Snags a Winner’

A tray of sausage & pasta bake topped with cheese a popper and a cup of ice cream with chocolate topping with mini marshmallows

\$5.50

Other Choices: Mini Pie \$1.50

6 Nuggets \$3.00

DONATIONS This week

FOOD	NAME
Lettuce	Lou Holley
Tomato Sauce	Sue Dowd, Trudy Campbell
Mayonnaise	Jodie Lieberman
Blocked Cheese	Tamai Davidson
Margarine	Vanessa Rolph
Sliced Beetroot	Natalie Skinner



Playgroup on Fridays 2pm.

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