

The Sir Henry Parkes Memorial

PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 3 Week 3 August 2017



Unfortunately, our Principal, Anna has been called away to care for an unwell family member. She will return to school as soon as possible. In the interim, the executive team are working together to look after the school. If you have any question or concerns, please contact either Tracy Caldwell, Jacqui Wait, Sue Rowe or Lorelle O'Brien.

Welcome to Education Week. With the theme being "I Learn, We Learn", it is a great time to reflect on all the amazing things that are happening in our school and the wonderful opportunities we are providing for our children. Thank you to everyone involved in the school community for supporting our children and learning together.

There are lots of exciting events happening this week. Tomorrow is the school Spelling Bee. Children have been selected from Years 2 to 6 to compete in the school final which will be held in the Bruxner Hall starting at 12.00. Parents are most welcome.

On Friday is our Education Week open classrooms and concert. This starts with open classrooms at 9.15. The concert will start at 10.00 and you are welcome to stay and have morning tea. This is a great opportunity for you to see what is happening in the classrooms and in our school. It is always exciting to see all of the children performing on stage.

We will be holding another Parent Induction session next Wednesday, August 9. This session will start at

5.30 and will be held in the library. If you would like to be a classroom helper and you haven't completed one of these sessions yet, please come along and we will give you all the necessary information. There is an RSVP sheet attached to the newsletter.

Kindergarten enrolments for 2018 are now open. Please come and pick up an information package from the front office and we are happy to show you around our school and discuss the things we have to offer.

Tracy Caldwell, Relieving Principal

The Sir Henry Parkes Memorial Public School
In-School **Premier's Spelling Bee** Finals will be held Term 3,
Week 3, Wednesday **2nd August 2017**

In the school hall - Starting at 11.45am

The official word lists, provided by Macquarie Dictionary, are now available:

<http://www.artsunit.nsw.edu.au/speaking-competitions/spelling-bee/premiers-spelling-bee>

Password: **riddle**

Junior (Years 3 & 4) words begin at Level 1 and go to Level 5

Senior (Years 5 & 6) words begin at Level 2 and go to Level 6

***Parents are welcome to attend this event in celebration of
Education Week**

Taronga Zoo

The Taronga Zoo Mobile visit was a great day for our students and the students who travelled up from Mingoola Public School, with many students being able to touch the reptiles for the first time. On show were a spinney leaf insect, a small common brush tail possum, a frog and 2 lizards one of which being a blue tongue.

Whilst at the school the Taronga Zoo, Zookeepers taught students about the animal's habitats and the type of food they would catch in the wild and how they adapt their menu for the animals that they have in captivity.

The children had plenty of questions for the zoo keepers which they happily answered Each age group spent about an hour learning about reptiles and explaining to the children that possums are marsupial and that a male possum is called a 'Jack' and a female possum being called a 'Jill' they also told students of their nocturnal nature.

NW Touch Football

Was a chilly start to the morning for our North West Touch team but they warmed up and won against the Sydney East team and have 4 more games to play today. They will then play 5 games tomorrow and 2 on Thursday so it will be a busy week for the team and we wish them the best of luck! They did have some time on the way to visit Parliament house.



BOTTLE TOPS WANTED

Please keep your bottle tops.

5/6W would like any plastic bottle tops you may have in any colour. We will have a box set up at the front foyer or they can be dropped off in the hallway outside the 5/6W classroom.

Thanks for your support!

We look forward to showing you our creation!

5/6W Students.



P&C NEWS

Next P&C meeting will be

Tuesday August 8.

5:30pm in the staffroom.

SOME ACTION SHOTS FROM THE ZONE ATHLETICS CARNIVAL



NNE Athletics Carnival

A fantastic day was had by all the Northern New England (NNE) PSSA Athletics Carnival. The weather turned out to be perfect, much better than last Wednesday's sleet during the school athletics carnival. We had fifty-four students progress to the NNE carnival it was great to see students participate in the events and earn points for our school towards the shield at the end of the carnival. We were fortunate enough to see so many of our competitor's place in the top four in both the field and track events.

Senior Girls:

Bonnie placed 1st in the 200 metre, 3rd in the high jump, 1st in the 800 metre, 3rd in the long jump, 2nd in the 12 years 100 metre and she was part of the senior girl's relay.

Rosie placed 2nd in the 200 metre, 4th in the shot put, 1st in long jump, 1st in the 12 years 100 metre and she was part of the senior girl's relay.

Zali placed 3rd in the 200 metre, 1st in the high jump, 2nd in the long jump, 3rd in the 12 years 100 metre and she was part of the senior girl's relay.

Bella placed 2nd in the high jump and Elsie placed 3rd in the 800 metre. Nessa placed 3rd in the shot put and 1st in the discus.

Amelia placed 2nd in the shot put and 2nd in the discus.

11 Year Girls:

Luci placed 1st in the high jump, 4th in the 800 metre, 4th in the long jump, 1st in the 200 metre and 1st in the 100 metre.

Piper tied 3rd position in the shot put, and Shania placed 3rd in the discus. Rylee placed 4th in the 100 metre age race, and Emily placed 2nd in the discus.

Junior Girls:

Lucy McCowen placed 2nd in the long jump, Ashah placed 4th in the 200 metre, and Tahlia placed 4th in the discus. Larissa placed 3rd in the ten years 100 metre, and she was part of the relay team. Kyanne placed 3rd in the nine years 100 metre and second in the high jump, she was also part of the junior girls' relay. Beth placed 4th in the nine years 100 metre and 4th in the 800 metre, and she was part of the relay. Adele placed 1st in both the discus and shot put. Elly placed 2nd in the shot put, 3rd in the discus, 4th in the high jump, 2nd in the ten years 100 metre and she was also part of the relay team. Larissa placed 3rd in the ten years 100 metre, and she was part of the relay team.

Senior Boys:

Will placed 1st in the long jump, tied 3rd position in the high jump, 1st in the 12 years 100 metre, 3rd in the discus, 1st in the 200 metre and he was also part of the relay team. Fletcher placed 3rd in the long jump, 2nd in the high jump, 3rd in the shot put, 3rd in the 12 years 100 metre, 4th in the 800 metre, 3rd in the 200 metre and he was also part of the relay team. Michael placed 1st in the 13 years 100 metre and 4th in the discus. Braith placed 2nd in the 12 years 100 metre, 2nd in the 800 metre, 2nd in the 200 metre and he was also part of the relay team. Zephyr placed 1st in the 800 metre.

11 Year Boys:

Lachlan tied 2nd place in the shot put, and Coby placed 3rd in the discus. Nate and Chris tied 3rd position in the shot put, Nate also placed 3rd in the 200 metre and Chris 3rd in the 800 metre and 4th in the discus. Jayden placed 2nd in the high jump and 4th in the long jump. Malik placed 3rd in the high jump and 4th in the 800 metre. Thomas placed 2nd in the 200 metre, 2nd in the 100 metre and he was also part of the senior relay. Coby placed 3rd in the discus.

Junior Boys:

Darcy placed 1st in the nine years 100 metre, 2nd in the high jump and he was also part of the junior relay team. Seth placed 3rd in the nine years 100 metre and 1st in the 800 metre. Oska placed 4th in the 800 metre, and he was also part of the junior relay team. Jahkeem placed 3rd in the discus and Toby placed 3rd in the shot put. Cameron placed 1st in the long jump, 4th in the high jump, 1st in the 100 metre, 3rd in the 800 metre and was also part of the junior relay. Hedley placed 3rd in the ten years 100 metre, 1st in the 200 metre and was also part of the relay team.

Relays:

Our relay teams did a fabulous job we were lucky enough to win the senior girl's relay, senior boys relay and the junior boy's relay. Our junior girls relay placed 2nd. They were the highlight of the day. It was great to see how close the races were and it was uncertain who was going to win until the home stretch or in some cases looking at the stop watches.

Age Champions:

The presentation at the end of the day determined our age champions for the day. It took a little longer than expected to get the results as we had to double check some of them as they were extremely close. In the junior boys, Cameron was named age champion closely followed by both Darcy and a student from Glen Innes Public School in a tied runner up position. Our senior boys were also too good, and we took out both the senior age champion and runner up. Will was named age champion followed by runner up, Fletcher. It was the same in the senior girls with Bonnie taking out age champion followed by runner up Rosie.

Terry Butler Shield:

Terry Butler Shield is awarded to the school who has the most participants as well as the best results from the students. On top of our amazing achievements already at the carnival, we were lucky enough to take home the Terry Butler Shield only just beating rivals Glen Innes Public School. Glen Innes Public School had a score of 3.90 and The Sir Henry Parkes on 3.96. Thank you to all students who participated on the day and helped our school take away the shield.

A reminder to all students (and parents), only 1st and 2nd places move onto the regional carnival that will be held on Friday 1st of September (back up date Tuesday 12th September) at the Tamworth Regional Athletics Centre. Even though you may have placed 1st or 2nd that does not mean you have secured a position in this carnival as there are qualifying heights and distances for each field event. If you do not reach qualifying standards, you will not be able to attend the carnival.

It has been a fantastic year of sports and amazing achievements at The Sir Henry Parkes Memorial Public School. It's wonderful to see our students making it so far and representing our school and town with pride. It is a lot of hard work organising sporting events and carnivals for our students, and it is wonderful to see not only our students but parents turning up all the time and helping out. Thank you to Jen and the ladies in the canteen and Dennis for all his hard work setting up and cooking the barbeque. Thank you to all teachers who ran events and helped out on the day including Lou, for always providing help when needed.

And especially to our parents for always stepping in to lend a hand and Leeza for the photographs on the day. It was a fantastic day had by all!



The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

3/4H PROCEDURAL PRESENTATIONS

Term 3 is off to a very busy start already! We have been practising poems and performances for several upcoming events including Education Week and the Eisteddfod. This term we have also been focusing on learning the skills and techniques required when presenting to an audience. Students were assigned a project of presenting a procedural text in front of their class. They also had to organise all of the equipment and ingredients, including providing a written copy of their procedure. So far we have all learnt how to decorate a cake, finger knit, make playdough, create origami, make jelly, design hairstyles, design a colourful pot holder and there are many more presentations on the way. It has been fantastic to see the significant time and effort that the 3/4H students have put into their presentations and they should be very proud of themselves.



Packing a healthy lunchbox

With the unpredictable nature of our day to day lives, preparing and packing a healthy lunchbox can be a difficult task. Finding time to shop and prepare interesting and healthy meals for school lunches can be stressful. But the foods we send to school with our kids can contribute up to 1/3 of their daily intake of nutrients. So it's important to pack a balanced lunch to ensure they're getting the nutrients they need. ([Click here for our lunch box flyer](#))

things you need to know:

What is in a balanced lunchbox?

Pack the core 4 + 1 for active kids

- Main Lunch
- Core Snack
- Piece of fruit (seasonal)
- Water with an additional small reduced fat milk drink or 99% fruit juice (aim for <200ml serve) for added variety throughout the day
- +1 Extra snack for active kids

Add extra core snacks or one small 'extra' pre-packaged snack **once a week**.

Keep "occasional" foods such as snack food bars, sweet biscuits, flavoured or coated popcorn and savoury biscuits and chips out of the lunch box. Although they can offer a practical convenient solution for lunchboxes, they should not replace the core snack and should be kept for special occasions. Avoid including the ones with added **confectionery** and opt for wholegrain varieties packed full of whole foods you can see with your eyes.



THIS WEEK'S POSITIVE BEHAVIOUR FOR LEARNING LESSON (PBL)

This week the students participated in a lesson that promoted the learning, wellbeing and safety of all students in NSW Public Schools. The Behaviour Code for Students was discussed with students and teachers outlining what is expected of them at school each day. It is important to implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

When students are following the Behaviour Code at school it should look and sound like:

- *Respect other students, their teachers and school staff and community members
- *Follow school and class rules and follow the directions of their teachers
- *Strive for the highest standards in learning
- *Respect all members of the school community and show courtesy to all students, teachers and community members
- *Resolve conflict respectfully, calmly and fairly
- *Comply with the school's uniform policy or dress code
- *Attend school every day (unless legally excused)
- *Respect all property
- *Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools
- *Not bully, harass, intimidate or discriminate against anyone in our schools

Kind Regards,

PBL Team



TERM 3 School Planner

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
Aug	3	31 Education Week	1	2	3	4	5/6
				*Spelling Bee-12pm		*Education Week Assembly 10am	
Aug	4	7	8 *P&C 5:30pm	9	10	11	12/13

CANTEEN ROSTER

DATE	NAME
Wednesday 2	Vicky Hill, Help needed please
Thursday 3	Help needed please
Friday 4	Help needed please
Monday 7	
Tuesday 8	Nicole Arnold
Wednesday 9	Kelly Pitkin, Help needed please

DONATIONS This week

FOOD	NAME
Cruskits	Nicole Arnold, Jen Rhodes
Block Cheese	Bec Ebbern, Jann Oberman
Tomatoes	Angela Kerrigan
Mince	Tanya Larkin
Margarine	Robyn Hillier

LOL'S

LOL'S are no longer being produced they have been replaced with a similar product call a GLEE which are available now at the canteen for the same price \$2.20 in the same flavours– Tropical, Black currant & raspberry. Thanks Jen

HOMEBAKE

DATE	NAME
Monday 7	Judy Keep
Wednesday 9	Candice Potter
Friday 11	Jayne Collier

MEAL DEAL

'Pick N Mix'

A large pie OR lasagne a popper and
a TNT OR calypo \$5.50

Other Choices: Sausage roll \$2.50 each

Hot dog and cheese \$3.50 each



Playgroup resumes

Friday August 4

Parent Induction Course

The teachers at TSHPMPS invite you to come to school to volunteer your time and talents.

We will value you as a volunteer, and appreciate your dedication to the children as a supportive helper, role model, and guide.

Studies show that parental involvement in a child's education is one of the most important factors in raising a child's self-esteem and academic achievement. We realise that each of our families is unique, with its own

priorities, needs, talents and time constraints. Please take a moment to consider how you could assist your child at school and in the classroom.

If you would like to volunteer some of your time and help in the classrooms we will be running **Parent Induction Courses** in the coming weeks.

When: Wednesday August 9

Where: Library

Time: 5.30pm-6.30pm

Please complete the form below and return to the office.

Sue Rowe

Assistant Principal

Parent Name/s _____

I will be attending - ☐ Wednesday August 9 2017

Please return by Tuesday August 8 2017