

The Sir Henry Parkes Memorial

PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 1 Week 4 2018



SCHOOL PHOTOS



Our school photos are being held In Term 1 this year. Our first photo day is Thursday March 1st. (Week 5) On this day the School Photographer will be taking all class photos, individual portraits, Year 6 photo and sibling photos.

The second photo day being held later this year will be all other photos—sporting, academic groups such as public speaking and catch ups.

The School Photographer envelope should have come home with your child. Your child's name is printed on the envelope. We also have envelopes without names for families to take.

Please do not return this envelope UNTIL PHOTO DAY with money inside. The office will not hold monies here.

To make a payment for school photos after photography day you can choose one of the following options:

- Call the photographer office on 02 96749824 and credit card payment can be made over the phone. (There is a \$5 processing fee)

- Go to the school photographer website: www.theschoolphotographer.com.au

and select the "Click here for Online Payments" button and follow the screen instructions.

If you would like a sibling photo please come to the front office to take a sibling photo envelope.

On photo day your child should be in full summer uniform, with neat and tidy hair. Please call if you have any questions.

Oracles of the Bush



This Thursday, our school will host a visit from poet Carmel Dunn. Carmel is visiting to encourage students to enter original poems in the upcoming Oracles of the Bush.

Carmel will run two workshops, one with Years 5 and 6, and the other with Years 1 and 2.

We would like to thank the Oracles committee for organising this event.

Have a wonderful week.

Miss Anna Starcevic

Principal

The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

75-79 Wood St Tenterfield NSW 2372 • 02 67361401 • sirhparkes-p.admin@det.nsw.edu.au • www.sirhparkes-schools.nsw.edu.au

Year 6 Jumpers

A reminder that the final day for orders for Year 6 jumpers is tomorrow (Wednesday, February 21). Order forms and the complete payment of \$80 need to be returned so that the order can be organised in time for an early Term 2 return.

The BIG Vegie Crunch

This year our school will be participating in The Big Vegie Crunch.

What is The Big Vegie Crunch?

Did you know that only 5.4% of Australian children eat enough vegetables?

To encourage students to eat more vegetables, our school will be taking part in The Big Vegie Crunch (as part of Vegetable Week) on Thursday 1st March at 10 am.

Schools across NSW will be joining together to break the record for the most students crunching vegetables simultaneously.

What can you do to help?

Pack a container of vegetables (not fruit) for your child to eat on the day

Keep serving up the vegetables at home!

If you require more information on what activities our school is doing over Vegetable Week, please contact the school or your child's teacher.

Parent Helper Induction

Our school executive team will be running a parent helper induction on Monday February 26, starting at 5:30pm.

All parents/carers are most welcome! If you would like to volunteer in our classrooms this year your attendance is required.

Sick Children

Sometimes it's hard to know if your child is really coming down with something.

For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice as soon as possible.

The [Too Sick For School? chart](#) will help answer your questions about common childhood illness and how long sick kids need to stay at home. The chart can be found at the following website:

<http://www.schoolatoz.nsw.edu.au/wellbeing/health/too-sick-to-go-to-school>

PLEASE NOTE: The information on the chart has been supplied by [NSW Health](#) and is not intended to replace a visit to your doctor if anyone in your family is unwell.

THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



This week the students participated in a PBL lesson that clearly explained what is expected within the value of learning. Learning is one of the school values. It is listed first out of the three values.

This reflects the importance that it holds within our school and community. To display positive behaviour, all students must have an understanding about what learning is and how they can best support themselves and their peers in their learning.

Regards

PBL Team

LEARNING SAFETY RESPECT

The Sir Henry Parkes Memorial Public School Annual Swimming Carnival

On Thursday the 8th of February, our students participated in our annual swimming carnival. It was a fantastic day had by all. It was great to see so many students enjoying themselves and trying their best.

The new house captains and vice captains did an amazing job cheering on their peers throughout the day. Especially Thomas who demonstrated tremendous house spirit by cheering on his peers consistently throughout the day.

All students showed sportsman's ship and dedication throughout the day. A special shout out to Hayley, Brooke, Elly, Zoe, Matilda, Annie and Oska for demonstrating this throughout the day.

The Kernot Family Trophy for Participation went to Goudy with the other houses following closely. The Quota Trophy for Champion House went to Donaldson followed closely by McKenzie.

We were lucky enough to have two records broken this year. Elly beat the previous record of 23.36 in the 11 year girls freestyle—with a time of 22.87 and Jack beat the previous record of 29.4 in the 11 year boys backstroke—with a time of 28.87. Congratulations to Elly and Jack, training hard and working to beat not only their personal best, but records set by other students in previous years.

Congratulations to our champions and runner-ups in each age division. Demonstrating their versatility to complete all, if not most swimming strokes and lengths.

Age champions:

Junior Girls: Matilda

Runner Up: Zoe

Junior Boys: Darcy

Runner up: Sonny

11 Years Girls: Elly

Runner up: Ashah

11 Years Boys: Oska

Runner Up: Harry

Senior girls: Savannah

Runner up: Aamilyn

Senior Boys: Jayden

Runner Up: Coby

Thank you to all school and pool staff and parents, especially Kris and Jason, for your help on the day. It very much appreciated and helped our day to run smoothly.

Miss Emily Ryan

Sports Co-Ordinator



The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

Library

SHPMP School Library

SHPMP School Library is central to the school's teaching and learning program in developing students as life-long learners. It has a comprehensive collection of resources that provides students and teachers with a wide range of up to date print, multi-media and electronic resources designed to match the student's varied learning styles, abilities and interests. Its large non-fiction collection complements the School's curriculum, while its fiction collection with its strong focus on quality literature works to increase student's literacy skills. Additionally, the library has a bank of twenty computers within an attached computer lab.

It is staffed by a full time teacher librarian who creates a relaxed, friendly environment that encourages optimum use of the library by students, teaching staff and its community to ensure the library's goals are met.

The Goals of the Library:

- to assist students to acquire an interest in reading for enjoyment and to critically select and evaluate literature
- to provide learning opportunities aimed at developing students' information literacy skills to enable them to become efficient users of information and independent learners for life, and
- to provide a range of resources in varying formats to support students recreational reading and inquiry based learning as well as teacher lesson delivery of the school's curriculum.

Library Program

Each week all classes visit the library for a scheduled lesson conducted by the teacher librarian. During this time students participate in activities designed to promote appreciation of quality literature and development of information literacy skills.

Literature appreciation is developed by sharing books by many different authors and illustrators, all aimed at exposing students to a diverse range of themes and cultures. This is achieved through activities such as listening to book readings, participating in book discussions, responding to literature creatively and in undertaking author studies.

Similarly, information literacy skills are developed through age appropriate activities that incorporate specific information skills such as note taking activities or preparing bibliographies for older students or studying the features of a non fiction book and how to use these for younger students. These skills ensure students become competent information users as they learn the information literacy process of:

- defining the task
- locating sources of information
- selecting useful information
- organising and developing an answer
- presenting the finished work, and
- evaluating or assessing the task.

Library Hours

The library is open to students at lunch times Monday, Tuesday, Wednesday and Friday. Apart from exchanging books and reading during this time, students are able to enjoy many other recreational facilities the library offers such as board games, interactive educational computer programs and supervised use of the Internet. Students may also use this time to complete homework or research information.

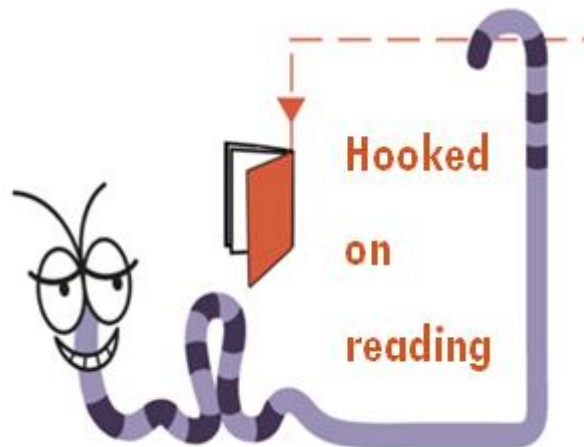
In addition to these scheduled lessons, many students frequently visit the library each day to work independently on class work using the library's independent computer research area.

Special Events in the Library

Each year the library celebrates the Children's Book Council of Australia's Book Week. During this time special events are arranged such as an author visit and dress as a book character day.

Another event the library encourages is the Premier Reading Challenge.

The library also runs two Book Fairs designed to further stimulate student's desire to read and Book Club now has access to LOOP for easier access for parents.



2018 Premier's Reading Challenge

Welcome to the NSW Premier's Reading Challenge

The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. Information will be available from 27th February through the school library.

Keep these key dates noted for the 2018 Challenge:

CHALLENGE OPENS: Monday March 5, 2018

CLOSES FOR STUDENTS: Friday August 31, 2018

**PUBLIC
BUILDINGS**



No smoking near entrances to or exits from a public building (the 4 metre law)

THE FACTS

The *Smoke-free Environment Act 2000* makes a number of outdoor public places smoke-free. Smoking is banned within 4 metres of a pedestrian entrance to or exit from a public building in NSW. This law is called the '4 metre law'.

The '4 metre law' was delayed for licensed premises and restaurants until 6 July 2015. This delay was allowed to support consistent application of the smoking ban on commercial outdoor dining areas from 6 July 2015.

What types of public buildings are covered by the 4 metre law?

Smoking is already banned in enclosed areas of public places in NSW. The law extends the smoking ban to cover the area within 4 metres of a pedestrian entrance to or exit from a public building, such as:

- ✓ shopping centres, malls and plazas;
- ✓ schools, colleges and universities;
- ✓ childcare facilities;
- ✓ community centres, halls and places of worship;
- ✓ theatres, cinemas, libraries and galleries;
- ✓ accommodation hotels and motels;
- ✓ professional, trade, commercial and other business premises;
- ✓ fitness centres, bowling alleys and other sporting and recreational facilities; and
- ✓ Local, NSW and Federal Government premises.

and from 6 July 2015

- ✓ licensed premises including clubs and hotels;
- ✓ restaurants; and
- ✓ cafés.

What buildings are not covered by the '4 metre law'?

Buildings used only for residential purposes such as private houses or multi-unit residential accommodation (such as boarding houses, buildings in caravan parks and residential accommodation in community or strata schemes) are not covered by the '4 metre law'.

Buildings that have multiple uses, such as residential and commercial purposes, will be subject to the '4 metre law' only at those entrances and exits which are used for non-residential purposes.

Does the smoke-free law apply to someone walking along the footpath while smoking as they pass within 4 metres of an entrance to a public building?

No. This situation is not considered an offence, so long as the person does not remain in the smoke-free area while smoking. The purpose of the ban is to stop smokers from congregating immediately outside entrances to or exits from public buildings.

Will there be signage to indicate where smoking is not permitted?

The law does not require signs to be displayed to indicate that smoking is not permitted within 4 metres of a pedestrian entrance to or exit from a public building. This is due to the diverse range of public buildings that are captured under the law.

The law allows NSW Health to work with Local Councils and other Government departments to develop signage appropriate to the different public buildings. 'No smoking' signage is strongly encouraged to support public awareness of the smoking ban.

How will this be enforced?

NSW Health Authorised Inspectors can enforce the ban within 4 metres of an entrance to or exit from a public building under the *Smoke-free Environment Act 2000*.

On the spot fines of \$300 may apply to individuals who do not comply with the '4 metre law', including at hospitality venues from 6 July 2015.

Why is this Act in place?

The number of people who gather just outside the entrances of buildings can be significant. This has the effect of forcing people entering and leaving those buildings to walk through groups of smokers, exposing them to second-hand smoke. Also, smoke drift can easily occur from outside buildings to the indoor areas.

There is no safe level of exposure to second-hand tobacco smoke. This is the smoke which smokers exhale after inhaling from a lit cigarette and the smoke emitted from a burning cigarette.

In adults, breathing second-hand tobacco smoke can increase the risk of heart disease, lung cancer and other lung diseases. It can worsen the effects of other illnesses such as asthma and bronchitis. Exposing ex-smokers to other people's tobacco smoke increases the chance of relapsing to smoking.

For children, inhaling second-hand tobacco smoke is even more dangerous. This is because children's airways are smaller, and their immune systems are less developed. These differences make children more likely to suffer health problems due to second-hand smoke such as bronchitis, pneumonia and asthma.

Creating smoke-free outdoor areas, such as smoke-free entrances and exits from public buildings, supports those who have quit and makes smoking less visible to children and young people.

How does this affect Local Council bans on smoking?

Many NSW councils, under the provisions of the *Local Government Act 1993*, have introduced their own smoking bans. Where these bans are in place, they can continue to be enforced by Local Council rangers.

NOTE: This fact sheet provides general guidance on complying with the *Smoke-free Environment Act 2000*. Please refer to the exact wording of the Act and associated regulations concerning points of law.

For more information

Learn more or report a breach at health.nsw.gov.au/smokefree.

Call the Tobacco Information Line on **1800 357 412**.

Non-English speaker?

Call the Translating and Interpreting Service on 13 14 50.



Health

The Sir Henry Parkes Memorial

PUBLIC SCHOOL



LEARNING SAFETY RESPECT

TERM 1 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4 February	19	20 Vision screening	21 Meet the Teacher BBQ	22 K-6 Assembly 12pm Dugongs item	23
Week 5 February	26 Parent Helper Induction 5:30pm	27	28 AECG 11am THS	1 School photos	2
Week 6 March	5	6	7	8	9
Week 7 March	12	13	14	15 K-6 Assembly 12pm Galahs item	16
Week 8	19	20	21	22	23

School Banking

School banking has started at our school.

Canteen Roster

Wednesday 21st	Vicky Hill
Thursday 22nd	Jayne Collier
Friday 23rd	Racheal Brown
Monday 26th	Angie Parker
Tuesday 27th	
Wednesday 28th	Candice Potter

Homebake

Monday 26th	Rachel Brown
Wednesday 28th	Sandi McCowen
Friday 2nd	Ashleigh Loader

Donations

Cruskits	Trudy Campbell
Tomato Sauce	Bec Ebbern
BBQ Sauce	Kris McCowen
Mayonnaise	Tracy Anderson
Block Cheese	Lara Flanagan
Tomatoes	Angela Kerrigan
Margarine	Jess Kennedy

Meal Deal

'It's A Pizza Party'

Ham & Cheese pizza (a split muffin topped with ham, tomato & BBQ sauce with cheese) a popper and a zoopa doopa icy pole \$6.00

Other choices: 6 nuggets \$3
Henry's roll \$4

HEALTHY LUNCHBOX SUGGESTIONS

Egg muffin cups

29/11/2016 [Canteen recipes](#), [Everyday](#), [GREEN](#), [Lunchbox](#), [Party food ideas](#), [Recipes](#), [Snacks](#)

GREEN (ACT & SA) / Everyday (NSW)

Makes 12 cups

Ingredients:

- 12 slices of wholemeal bread, crust removed
- ½ cup reduced fat cheese, grated
- 1 cup spinach, roughly chopped
- 1 tomato, diced
- 1 tablespoon parsley, chopped
- 8 eggs, lightly beaten
- ½ cup reduced fat milk



Method:

1. Pre heat oven to 180°
2. Lightly spray or grease a large 12-cup muffin tin.
3. Place 1 slice of bread in each muffin cup and squash it down slightly.
4. In a bowl, combine cheese, spinach, tomato and parsley and mix well.
5. Distribute the mix evenly into each of the bread cups in the muffin tray.
6. In another bowl, whisk the eggs and milk together and pour mixture evenly over each cup.
7. Bake in the oven for 15-20 minutes until they are set and golden.

Variations:

- Use a variety of different ingredients for the mix, including mixed herbs, feta cheese, capsicum or any other veg.