

The Sir Henry Parkes Memorial

PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 1 Week 5 2018



STAFFING UPDATE

Congratulations to Mrs Fran Strachan, who has been appointed to Toormina High School, beginning Day 1 Term 2. Fran applied for transfer to be with her husband, who was successful in his promotion to Deputy Principal in 2017.

Fran has been a member of our staff for 9 years here at TSHPMPS—as classroom teacher of our multicategorical class. We will miss Fran's kindheartedness and love for our students, however our loss is certainly the gain for Toormina High School.

We are in the process of appointing a new teacher to our MC class. I will notify our community as soon as this is finalised.

Rotary Exchange Visit

We had the great pleasure of hosting the 2018 Group Study Exchange from Florida USA, from 9:30-11:00am.

Students in Stage 3 listened to the group sharing their stories and learning about Florida. Students in Kindergarten Possums also enjoyed the group visiting their classroom.

Thankyou to Tenterfield Rotary for inviting the group in to our school.

School Uniforms

Our summer school uniforms are as follows:

Girls—Navy polo shirt, check skirt, white socks, black school shoes.

Friday Sport: School sport polo shirt, navy shorts, white socks, runners.

Boys—Navy polo shirt, grey shorts, grey socks, black school shoes

Friday Sport: School sport polo shirt, navy shorts, grey socks, runners.

The checked skirt is the correct uniform for girls. **Canterbury shorts/tracksuit pants with large logos are unacceptable uniforms for girls.**

Photos

A final reminder about school photos happening on Thursday—March 1st. Full summer uniform is to be worn on Thursday.

Please send photo money with your child on the day of photos.

Have a wonderful week.

Miss Anna Starcevic

Principal



The First Book Fair for 2018 is arriving at the school

in Week 6 5th-9th March. Every Scholastic Book Fair is packed with a multitude of genres, including fantasy, classics, reference, award-winners, humour, nonfiction and mystery. We believe the best selection encompasses books suitable for both girls and boys within each age group, captures their imaginations and excites them about reading.



Encourage your child to explore and get excited about the books. Student Wish lists will be available, Week 6 and serve as a tool to help parents understand which books their child is most interested in, and encourages students to discuss their selections with their family.

Get ready for The Big Veggie Crunch!

On **Thursday 1st March at 10 am** our school will be joining hundreds of schools across NSW to break the record for the most students crunching vegetables simultaneously.

But we need your help to make it a success!

On Thursday 1st March, please pack your child a container of vegetables (**not fruit**) for them to crunch on.

Need some ideas?

- Carrot, celery, cucumber – cut into sticks or left whole
- Capsicum – cut into sticks or wedges
- Corn – raw baby corn spears or a cooked corn cob
- Broccoli or cauliflower florets - raw or lightly cooked to keep their crunch
- Tomatoes – small cherry tomatoes or a large tomato that can be eaten like an apple
- Beans or snow peas - raw or lightly cooked to keep their crunch
- Mushrooms – sliced or left whole

If you require more information on The Big Veggie Crunch, please contact the school or your child's teacher.

Amanda Rowe

Vegetable Week School

Coordinator



THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



LEARNING SAFETY RESPECT

This week the students participated in a PBL lesson that clearly explained what is expected when using the toilets around the school. The appropriate use of the toilets links directly to the school rules of Safety and Respect.

It is important that all students respect the privacy of others when using the toilets and that they always being safe around the toilet areas.

To display positive behaviour, all students must have an understanding about what is acceptable and what's not acceptable behaviour in and around the toilets and how they can best support themselves and their peers in being safe and respectful members of the school.

Regards

PBL Team

The Sir Henry Parkes Memorial

PUBLIC SCHOOL



LEARNING SAFETY RESPECT

TERM 1 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5 February	26 Parent Helper Induction 5:30pm	27	28 AECG 11am THS	1 School photos	2
Week 6 March	5	6	7	8	9
Week 7 March	12	13	14	15 K-6 Assembly 12pm Galahs item	16
Week 8 March	19	20	21 Harmony Day	22	23
Week 9	26	27	28	29	30

Donations

Canteen Roster

Wednesday 28th	Candice Potter Sandi McCowen
Thursday 1st	Rachel Brown
Friday 2nd	Beck Adams
Monday 5th	
Tuesday 6th	
Wednesday 7th	Sandi McCowen Rhonda Fowler

Cruskits	Tara Tapscott
Tomato Sauce	Felicia Cowin
Lettuce	Rhonda Fowler
Mayonnaise	Jules Hennessy
Block Cheese	Jann Oberman
Carrots	Robyn Hillier
Mince	Jenny Petrie
Eggs	Brooke Stapleton

Meal Deal

'Embrace the veg with A fritter for you critter'
A ham & cheese fritter filled with baked potatoes, a popper and a mango weis bar
\$6.00
Other choices:
Hot dog & cheese \$4.50
Chicken strips \$1.50

Homebake

Monday 5th	Candice Potter
Wednesday 7th	Kris McCowen
Friday 9th	Brooke Stapleton

The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

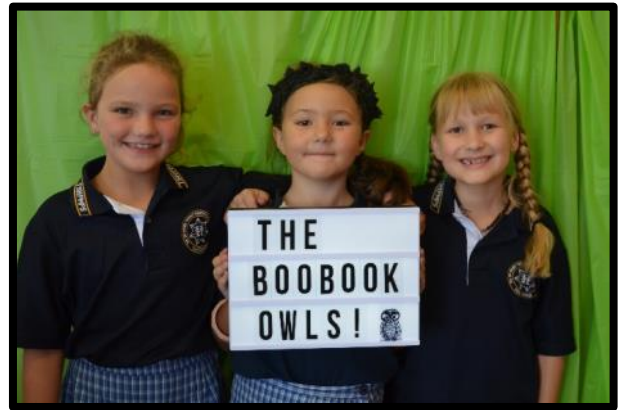
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Term 1

Boobook Owls



This year has started off quickly! We have been very busy in the 'Boobook Owls' learning new skills and settling into our new classroom.



Science



Students have explored different ideas relating to heating and cooling different materials for example; chocolate. They have collected evidence by predicting and then testing their predictions.

Technology



We love technology! We have been learning lots of new skills during our technology time. This week we looked at coding. We had to code a robot to move around a maze. It took us a few goes to work out the best way to move him around. In the end we were all successful!



HEALTHY LUNCHBOX SUGGESTIONS

Mac and cheese muffins

26/09/2016 Canteen recipes, Everyday, GREEN, Healthy Eating, Lunchbox, Party food ideas, Recipes, Snacks

GREEN (ACT & SA) / Everyday (NSW)

Makes 12 muffins

Ingredients:

- ½ cup red capsicum, diced
- ½ cup zucchini, grated
- ½ cup sweet potato, grated
- 1 cup (100g) reduced fat cheese, grated and firmly packed into the cup
- 2 tablespoons fresh parsley, chopped
- 2 cups (290g) of cooked pasta (made from 125g dry pasta)
- 6 medium eggs
- 1 cup reduced fat milk
- A pinch of cracked pepper
- Canola oil spray



Method:

1. In a large bowl add capsicum, zucchini, sweet potato, cheese, parsley and pasta and mix well.
2. In a separate bowl, add the eggs, milk and pepper and whisk well, then add to the dry ingredients.
3. Place into lightly sprayed muffin tins and cook on 180°C for 15-20 minutes.
4. Allow to cool for 5 minutes before removing from muffin pan.

Northern New England Zone Swimming Carnival

The Zone swimming carnival was held at the Glen Innes Swimming Pool on Friday the 16th of February. It was a fantastic day and wonderful to have warm weather and many spectators cheering our students on.

Thank you to our students who represented our school and community with pride by continually displaying sportsmanship at the end of each race. It was great to see the rivalry with Glen Innes Public School. It always pushes our students to swim that little bit faster. Unfortunately, this year we did not bring the Warwick Shield back with us.

Congratulations to Glen Innes Public School.

Event 1 Girls Open 100m	1 st Elly 5 th Matilda	Event 2 Boys Open 100m –	1 st Oska 2 nd Harry
Event 3 Girls 8yrs 50m	2 nd Zoe	Event 4 Boys 8yrs 50m	2 nd Toby
Event 5 Girls 9yrs 50m	2 nd Annie 4 th Meiralyka	Event 6 Boys 9yrs 50m	3 rd Cooper
Event 7 Girls 10yrs 50m	3 rd Matilda 4 th Scarlett 7 th Beth	Event 8 Boys 10yrs 50m	3 rd Darcy 5 th Sonny
Event 9 Girls 11 yrs 50m	1 st Elly 4 th Larissa	Event 10 Boys 11 yrs 50m	1 st Oska 2 nd Jack 5 th Harry
Event 11 Girls 12yrs 50m	4 th Savannah 5 th Aamilyn 6 th Luci	Event 12 Boys 12 yrs 50m	5 th Coby 6 th Robert
Event 15 Girls Jnr Breast-stroke 50m	3 rd Matilda 5 th Zoe	Event 16 Boys Jnr Breast-stroke 50m	No placings
Event 17 Girls 11 yrs Breaststroke 50m	1 st Elly 2 nd Ashah 5 th Mia	Event 18 Boys 11 yrs Breaststroke 50m	1 st Oska 4 th Archie
Event 19 Girls Snr Breast-stroke 50m	2 nd Aamilyn 4 th Savannah 5 th Piper	Event 20 Boys Snr Breast-stroke	No placings
Event 21 Girls Jnr IM 4x50m	3 rd Matilda 4 th Zoe 5 th Annie	Event 22 Boys Jnr IM 4x50m	No placings
Event 25 Girls Snr IM 4x50m	2 nd Elly 4 th Savannah 5 th Aamilyn	Event 26 Boys Snr IM 4x50m	1 st Oska 3 rd Harry
Event 27 Girls Jnr Back-stroke 50m	3 rd Zoe 4 th Matilda 5 th Annie	Event 28 Boys Jnr Back-stroke 50m	2 nd Darcy 3 rd Sonny
Event 29 Girls 11yrs Backstroke 50m	1 st Elly 5 th Larissa 6 th Ashah	Event 30 Boys 11yrs Back-stroke 50m	1 st Oska 2 nd Jack 4 th Harry
Event 31 Girls Senior Backstroke 50m	3 rd Milly 4 th Aamilyn 6 th Savannah	Event 32 Boys Senior Backstroke 50m	4 th Coby
Event 33 Girls Jnr Butter-fly 50m	3 rd Matilda 4 th Zoe	Event 34 Boys Jnr Butter-fly 50m	No placings
Event 35 Girls 11yrs Butterfly 50m	1 st Elly 3 rd Ashah	Event 36 Boys 11yrs Butterfly 50m	1 st Oska 3 rd Harry 4 th Azmond
Event 37 Girls Snr Butter-fly 50m	2 nd Savannah 3 rd Aamilyn	Event 38 Boys Snr Butter-fly 50m	No placings
Event 41 Girls Jnr Relay 4x50m	2 nd Zoe, Matilda, Scarlett, Beth	Event 42 Boys Jnr Relay 4x50m –	2 nd Darcy, Cooper, Jai, Sonny
Event 43 Girls Snr Relay 4x50m	2 nd Elly, Savannah, Larissa, Aamilyn	Event 44 Boys Snr Relay 4x50m	2 nd Oska, Jack, Harry, Archie

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We were lucky enough to have two of our 11 year swimming stars Oska and Elly both breaking 4 records at the NNE carnival in many events. What a fantastic achievement a lot of hard work and dedication to swim training

paying off. Well done!

- Elly broke the previous record of 1:28:28 in the Open girls 100m freestyle with a time of 1:22:16. She also broke the previous record of 39:90 in the girls 11 year freestyle with a time of 37:32. Elly broke the previous record of 46:38 in the 11 year girls backstroke with a time of 46:13. She also broke the girls 11 years butterfly record of 51:76 with a time of 48:72.

- Oska broke the previous record of 1:26:28 in the Open boys freestyle with a time of 1:24:78. He also broke the previous record of 55:09 in the Boys 11 year freestyle with a time of 54:97. Oska broke the previous record of 3:46:52 in the Boys 11 year individual medley with a time of 3:41:59. He also broke the previous record of 49:21 in the boys 11 years backstroke with a time of 45:90.

Thank you to our parents for transporting students to the carnival and for helping out with time keeping.

A massive thankyou to Vicki who took the time out of her day to be a referee and judge. It is a tough job to have, thanks again. Well done to all students who participated. Students who placed 1st and 2nd at the carnival will be heading to Armidale for the North West Regional Carnival on Monday the 5th of March. The pool will be open from 8:00am to warm up with the first event beginning at 9:00am. The carnival is expected to finish at 4:00pm.

Best of luck to the following students at the Regional carnival.

Miss Ryan
Sports Coordinator

Year 5/6 BBQ Fundraiser

Starting at 8am and finish at about 2pm (unless it is super busy or really quiet).

If families are available to help we will try to organise 3 X 2 hour shifts;

8:00am - 10:00am

10:00am - 12 Noon

12 Noon - 2:00pm

Parents can drop donations of home bake, craft items, fresh produce, plants etc. down to the front of Coles where we will be set up. Please ask them if they could try to include an ingredients list and the price that you think customers would purchase the item for at a street stall.

Coles have generously donated the sausages, sauce and bread for the sausage sizzle. We will also sell some cold drinks.

The money raised from the sausage sizzle and the drinks will go towards subsidising Stage 3 camp in Term 2.

