

The Sir Henry Parkes Memorial

PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 1 Week 6 2018



Head Lice

We have been experiencing a high rate of head lice at the moment here at school. Unfortunately head lice are an unavoidable fact of life for all school-aged kids. Head lice do not discriminate between long, short, dirty or clean hair—and only live on human heads. Please check your child/ren's hair and treat accordingly. Our FB page an information page attached for treatment. Remember re-treatment is required several times before all of the eggs are gone.

Attendance at School-The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

Stage 3 Camp

EOI notes are coming home TODAY.

School Sport Guidelines

Sport for 2018 is well and truly underway already. Swimming carnivals have taken place and we are now getting ready for our school cross-country carnival, held on April 6. Northern New England trials for cricket, soccer and rugby league will take place this term and our PSSA knockout competitions for a number of sports will also begin.

In 2018, all students who wish to participate in sporting events are required to sign a sports agreement form. This form outlines students' expectations and cost responsibilities. These forms will be sent home TODAY and need to be completed and returned to school no later than Wednesday March 14, 2018.

Term 1 training days for PSSA knockout teams are:

Monday – Boys & girls cricket

Tuesday – Rugby league

Wednesday – Boys & girls soccer

Thursday – Rugby league

Friday - Netball

If your child has been selected in one of these teams, please ensure they bring the required safety gear e.g mouth guard, to school on the correct days.



The First Book Fair for 2018 is arriving at the school in Week 6 5th-9th March. Every Scholastic Book Fair is packed with a multitude of genres, including fantasy, classics, reference, award-winners, humour, nonfiction and mystery. We believe the best selection encompasses books suitable for both girls and boys within each age group, captures their imaginations and excites them about reading.

Encourage you child to explore and get excited about the books. Student Wish lists will be available, Week 6 and serve as a tool to help parents understand which books their child is most interested in, and encourages students to discuss their selections with their family.

Have a wonderful week.

Miss Anna Starcevic

Principal

THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



LEARNING SAFETY RESPECT

This week students participated in a lesson which explicitly taught the value of safety – what to do when someone is hurt.

Students brainstormed a variety of safety situations and placed them on the catastrophe scale. The developed an understanding of what they can do to help in these situations and the procedures for attending our school sick bay.

The 3/4 Galahs have created an excellent movie to demonstrate what it looks like when helping someone who is hurt. You can view this video on our school Facebook page.

Regards

PBL Team

The Possums so far....

'One big Possum family'



Term 1– 2018

The Possums have had a wonderful start to their schooling at The Sir Henry Parkes Memorial Public School.

We have been learning how to read and write during our morning literacy sessions. To do this we have been participating in guided reading and guided writing lessons as well as a variety of hands on activities using magnetic letters, play-dough, whiteboards, chalkboards and I-pads.

During shared reading, we have been listening to a number of picture books that teach us how to develop friendships and be kind to each other. Each day starts with a social story which explicitly teaches expectations linked to our school values – Safety, Learning and Respect.

The Kindergarten Possums and Clownfish have spent time reading their guided reading books together during buddy time.

We also had some Rotary members from Florida visit our classroom and we were lucky enough to receive a picture book – *It Never, Ever Snows in Florida* written by Amy Sweezey. We enjoyed showing our visitors what learning in our classroom looks like.

We also have 3 pets in our classroom. We have our class mascot 'Hush' the possum and two cute little goldfish.



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TERM 1 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6 March	5	6	7	8	9
Week 7 March	12	13	14	15 K-6 Assembly 12pm Galahs item	16
Week 8 March	19	20	21 Harmony Day	22	23
Week 9 March	26	27	28	29 Easter hat Parade	30 GOOD FRIDAY
Week 10 April	2 EASTER MONDAY	3	4	5	6

Canteen Roster

Wednesday 7th	Rhonda Fowler Sandi McCowen
Thursday 8th	Sue Dowd
Friday 9th	Elaine Mannion
Monday 12th	Jan Oberman Pam Hair
Tuesday 13th	
Wednesday 14th	Tammy Morris Sandi McCowen

Homebake

Monday 12th	Kelly Pitkin
Wednesday 14th	Jennifer Donadel
Friday 16th	Tamai Davidson

Donations

BBQ Sauce	Beck Adams
Beetroot	Dawn McCowen
Lettuce	Tamai Davidson
Mayonnaise	Alison McGarry
Block Cheese	Kaela Kelly
Eggs	Cara Newton

Meal Deal

'All Day Brekky'

A bacon & egg roll with BBQ sauce a cup of orange juice, pancakes, maple syrup and ice cream \$6.00

Other choices: Sausage roll \$3.00
6 x Nuggets \$3.00

HEALTHY LUNCHBOX SUGGESTIONS

Mac and cheese muffins

26/09/2016 [Canteen recipes](#), [Everyday](#), [GREEN](#), [Healthy Eating](#), [Lunchbox](#), [Party food ideas](#), [Recipes](#), [Snacks](#)

GREEN (ACT & SA) / Everyday (NSW)

Makes 12 muffins

Ingredients:

- ½ cup red capsicum, diced
- ½ cup zucchini, grated
- ½ cup sweet potato, grated
- 1 cup (100g) reduced fat cheese, grated and firmly packed into the cup
- 2 tablespoons fresh parsley, chopped
- 2 cups (290g) of cooked pasta (made from 125g dry pasta)
- 6 medium eggs
- 1 cup reduced fat milk
- A pinch of cracked pepper
- Canola oil spray



Method:

1. In a large bowl add capsicum, zucchini, sweet potato, cheese, parsley and pasta and mix well.
2. In a separate bowl, add the eggs, milk and pepper and whisk well, then add to the dry ingredients.
3. Place into lightly sprayed muffin tins and cook on 180°C for 15-20 minutes.
4. Allow to cool for 5 minutes before removing from muffin pan.