

# The Sir Henry Parkes Memorial

## PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 1 Week 7 2018



### Welcome!

Welcome back to Mrs Jo McIntosh, who returned to our school yesterday as a Student Learning Support Officer. Jo will be working Mondays—Wednesdays with our Aboriginal students, across all key learning areas.

Welcome also to Polly (Pauline) Rubin. Polly is a Child and family mental health clinician working with Armajun Aboriginal Medical Service in Tenterfield.

Polly is a mother and grandmother, bringing with her many years of practical experience in her role as a child therapist. She has spent many years working with young children and families to support and assist with lifestyle problems.

Polly has lived in Tenterfield for 17 years working at the PAM hospital and in private practice in Tenterfield.

Polly has recently returned to Tenterfield after some years working with a child mental health team in Alice Springs, Northern Territory in town and Aboriginal communities.

Armajun is now pleased to offer support and counselling to local school children and families and she will be available on Tuesday mornings at Sir Henry Parkes School for appointments and referral.

Polly works with her dog Rosie, who is training to be a therapy dog and often accompanies Polly in sessions. Please contact the office if you would like further information and/or referral details.



Polly and Rosie

Have a fantastic week ahead!

*Miss Anna Starcevic*  
Principal

## [Tell Them From Me Student Feedback Survey](#)

### Term 1 2018

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 12 March and 13 April. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students.

If you **do not** want your child or children to participate, please return the form to school by **Thursday March 29**.

Copies of the form and FAQs are available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.

## [Connecting Country Schools Project](#)

Our school has been included in the Connecting Country Schools (CCS) project, which is delivering upgraded wireless connectivity and internet access to more than 900 schools around the state.

Planning for installations at our school has commenced with our assigned Technical Officer from the Department's IT Directorate, who are managing this project.

CCS will deliver upgraded and reliable wireless access in all our learning spaces, assisting teachers to deliver future focused learning to prepare our students for digital age jobs.

Improved wireless and internet services will also give students more chances to connect and collaborate and greater access to online knowledge databases, streaming media, educational institutions and experts.

We are working with our Technical Officer to ensure that disruptions during the installation are kept to a minimum.

External contractors who will visit the school to undertake work are required to have a Working With Children Check.

### Attendance Matters!!!

**1 or 2 days a week doesn't seem like much BUT.....**

If your child misses...	That equals....	Which is.....	And over 13 years of schooling that's....
1 day per fortnight	20 days per year	4 weeks per year	nearly 1½ years
1 day per week	40 days per year	8 weeks per year	over 2½ years
2 days per week	80 days per year	16 weeks per year	over 5 years

### EVERY DAY COUNTS

If you want your child to be successful at school, then  
**YES, attendance does matter!!**

## Regional Swimming Carnival

On Monday the 5<sup>th</sup> of March, those who qualified travelled to Armidale for the regional swimming carnival. It was a dreary morning to start, however turned into a sunny day by the afternoon. We had students participating in a range of events with Oska and Elly showing their versatility by competing in all strokes. Congratulations to all students who participated, we are proud of how well you represented our school.

Good luck to Zoe Petrie who will be moving onto the state carnival in Sydney for freestyle in her age race. We will all be cheering you on from Tenterfield.

## Northern New England Soccer Trials

On Friday the 9<sup>th</sup> of March, all the schools in the Northern New England (NNE) region came together to trial for the NNE soccer team. Although it started as a wet and windy day, it didn't stop the students from showing off their skills. The day commenced with 1 hour of drills, followed by 40 minutes of game time all of which was observed by the selectors. There were 52 students trialling for 26 positions, who made it very difficult for the selecting process. It was wonderful to see so many parents supporting their children and a big thank you to Jen for keeping the canteen open all day for the spectators and students.

Well done to all the students who tried out and congratulation to Oska, Alex, Clayton, Jayden, Harrison, Elly, Shania, Mia, Myiekah, Kyanne, Lucy, Sari, Piper and Matilda who made it into the teams. They will be travelling to Inverell on Monday the 26<sup>th</sup> of March to trial for the North West team. Good luck!

## THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



## LEARNING SAFETY RESPECT

This week's PBL lesson focuses on the value of Respect.

Students participated in lessons that explicitly outlined the expectations for respectful behaviour during our school assemblies. Student discussed how to enter and exit Bruxner Hall respectfully and how to participate appropriately during talks, award giving and class items. Students also discussed why it is important to behave respectfully during our school assemblies.

Regards

The PBL Team



## Quokkas Newsletter

It has been a fantastic start to the year. The students have been working hard to establish positive relationships with their peers and teachers.

The Quokkas have set personal learning goals for the term and are working hard to achieve these.

It has been wonderful to watch the students settle in and find their place in our classroom.

We are exploring narratives through a range of texts and have been enjoying Paul Jennings quirky stories. They demonstrate how to use figurative language and are giving the Quokkas many examples of how to use figurative language in their writing.

The Quokkas are exploring matter in science and have been making 'ooblex' which turned out to be an extremely messy project. The students enjoyed hypothesising what would happen with their experiments.



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## TERM 1 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 7 March	12	13	14	15 K-6 Assembly 12pm Galahs item	16
Week 8 March	19	20	21 Harmony Day	22	23
Week 9 March	26	27	28	29 Easter hat Parade	30 GOOD FRIDAY
Week 10 April	2 EASTER MONDAY	3	4	5	6
Week 11 April	9	10	11	12	13

### Canteen Roster

Wednesday 14th	Sandi McCowen Vicky Hill
Thursday 15th	Jayne Collier
Friday 16th	Kelly Pitkin
Monday 17th	
Tuesday 18th	Nicole Arnold
Wednesday 19th	Sandi McCowen Tammy Morris

### Homebake

Monday 19th	Angela Kerrigan
Wednesday 21st	Jess Kennedy
Friday 23rd	Trudy Campbell

### Donations

Cruskits	Nicole Arnold
Mayonnaise	Candice Potter, Anna Rhodes
Block Cheese	Kelly Pitkin, Vanessa Rolph
Mince	Jennifer Donadel
Beetroot	Roberta Koch
Margarine	Jayne Collier

### Meal Deal

‘Rice is Nice’

A tray of Fried Rice (homemade) with mini spring rolls, a popper and a cup of jelly and custard \$6.00

Other choices: Pizza (ham & cheese)\$4.00  
Snack pie \$2.00

# HEALTHY LUNCHBOX SUGGESTIONS

## Vietnamese chicken noodle salad

10/08/2016 Canteen recipes, GREEN, Healthy Eating, Recipes, Salad

**GREEN (SA & ACT)**

**Everyday (NSW)**

**Makes 8 serves**

### Ingredients:

- 250g dried rice noodles e.g. vermicelli
- 400g cooked chicken, cut into thin strips
- 1 tablespoon olive or canola oil
- 2 cups cabbage, shredded
- 1 red capsicum, finely sliced
- 1 Lebanese cucumber, finely sliced
- 1 carrot, grated
- ½ cup shallots, sliced
- 1 cup bean shoots (optional)
- ½ cup mint, chopped (optional)
- ½ cup coriander, chopped (optional)

For the dressing:

- 1/3 cup lemon juice
- 1 tablespoon caster sugar, dissolved in 1 tablespoon of boiling water
- 2 tablespoons reduced salt soy sauce

### Method:

1. In a large heatproof bowl, place rice noodles and cover in hot boiling water.
2. Separate with a fork and allow to stand for 4 minutes or until noodles are tender. Drain and return to bowl.
3. Add chicken and remaining ingredients.
4. In a small bowl, whisk dressing ingredients together.
5. Pour dressing over salad immediately prior to serving and toss through.

### Variations:

- Use different noodles such as hokkien, chow mein, or pad thai noodles.
- Add or remove different vegetables to the recipe, ensuring that the overall amount of veggies is the same.

