

# The Sir Henry Parkes Memorial

## PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 1 Week 11 2018



### SRE Program

SRE stands for Special religious Education classes, which are commonly known as *Scripture Classes* at our school.

Each Thursday afternoon, volunteers from the local churches run these classes so that children can grow in their understanding of God. During the class children sing songs, take part in a lesson and spend time using their workbooks. The teachers work hard at being engaging and most students find it to be a fun time of the week. All of our volunteer teachers have completed Safe Ministry Training and only teach from an authorised curriculum—called *God's Space*. ([www.godspace.org.au](http://www.godspace.org.au))

**For your convenience and interest a brochure is available at the front office, and can be sent home on request. The brochure gives a full description of SRE.**

Attending SRE classes will not disadvantage your children academically. Students who do not participate in SRE will stay in their classes. However, they will not be following their normal program of work.

According to the Department of Education SRE Policy, all students are to attend Scripture as indicated on their enrolment form. If you do not

want your child/ren to attend scripture, a note must be sent to the class teacher stating this.

Merelyn Gibbins

SRE Co Ordinator

### Check Your Child's Bag Each Day

We try to ensure any notes that need to go home—are sent home on Tuesdays to coincide with newsletter day. However sometimes notes need to come home on other days. Please check your child's bag every day.

School photos are coming home today. Please call the office if you have any questions or concerns.

### School Murals

The talented Sam Wortelhock—artist—is here this week painting some murals in the stairwells of the main building. She works her magic to bring the walls to life and our students are blessed to have such wonderful artwork in their school. Parents/carers—you are always welcome in our school. Come up and have a look!

Have a fantastic week ahead!

*Miss Anna Starcevic*

Principal

## **Impetigo** (School sores)

### **Symptoms**

Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.

### **School or home?**

Keep home from school until antibiotic treatment starts. Sores should be covered with watertight dressings.

### **How can I help prevent spread?**

Parents of children who may have had contact with impetigo should look for signs of infection and seek treatment if symptoms develop.

Careful hand washing especially after changing dressings. Avoid sharing toilet articles, towels, clothing or bed linen. Consider using anti-bacterial soap for bathing for two to three weeks. Avoid scratching or touching the lesions to prevent spread to other parts of the body.

Completing the recommended antibiotic course is very important.

## **PSSA Boys Cricket**

Yesterday the Boys Cricket team travelled to Armidale to play Ben Venue Public School in Round 3 of the PSSA Boys Cricket Knockout. They were fortunate enough to be greeted by a beautiful day for their game. Upon arrival there was the coin toss which Ben Venue won. They chose to bat first. All eleven boys from our team were displaying excellent sportsmanship and encouragement to each other while they fielded. There were significant improvements in the number of wide and no balls made. Ben Venue finished their batting with 4/109. The Ben Venue fielders worked very well when it was our turn to bat as we continued to cycle through our batters. Our final score was 10/83. Huge thanks go to the parents and staff for their support with the boys cricket – especially our parent coach/driver Mr Donges, scorer Mr Bridge and umpire/bus driver Mr Swan. They certainly seemed to enjoy our few games.

Well done boys!



## **THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)**



## **LEARNING SAFETY RESPECT**

This week the students participated in a lesson that focused on how to safely and respectfully use our new and improved sandpits. We have been very fortunate to get these sandpits and it is important the students understand the correct way to care for them.

Students role-played, created posters and slogans to demonstrate their understanding of the expectations required of them when using the sandpits.

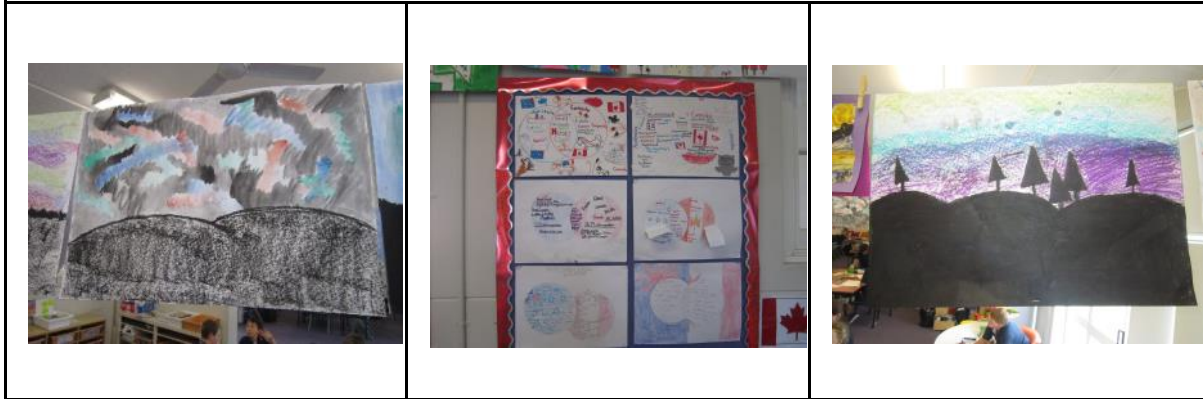
These posters were created by Lucy, Hollie, Parley and Clayton during PBL.



# Dugongs Class News

It was certainly a busy Term 1 in the Dugongs room. We have been busy establishing routines and learning how to work together as a team. We really enjoy Fridays which are 'Dugong Days'. On these days we complete STEM challenges and have to work collaboratively to solve problems. Look out for more information on our upcoming 'Arcade challenge'.

In Term 1 we participated in a number of sporting, academic and cultural events. As part of our work on Canada for Harmony Day, we completed some artworks to represent the Northern Lights. We also completed some Venn Diagrams comparing Australia and Canada.



In writing, we have been working on persuasive writing. We have been focussing on using persuasive language and correctly structuring our arguments. To assist with this, we had mini debates to ensure our arguments were well presented to an audience. Some of the topics were that children should spend an extra two hours a day at school, parents should have to pay for public education and junk food advertising should be banned.



Dugongs would like to welcome Mrs Boaden, who will be teaching our class on Wednesday and Thursday each week. Mrs Boaden always comes with some amazing activities and she is particularly talented with art. These Dugongs are just one of her very cool lessons.



be teaching our class always comes with art. These



# The Sir Henry Parkes Memorial

PUBLIC SCHOOL



LEARNING SAFETY RESPECT

## TERM 2 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2 May	7	8	9	10 Pyjama Day K-2 Fundraiser	11 NNE touch & netball trials
Week 3 May	14 NAPLAN	15	16	17	18
Week 4 May	21 NAPLAN	22	23	24	25 Zone cross country
Week 5 May	28	29 PSSA Girls cricket knockout	30	31 Athletics Carnival	1
Week 6	4	5	6	7	8

### Canteen Roster

Wednesday 9th	Sandi McCowen Tammy Morris
Thursday 10th	Jayne Collier
Friday 11th	Help needed please
Monday 14th	Jan Oberman
Tuesday 15th	
Wednesday 16th	Vicky Hill, Help need please

### Homebake

Monday 14th	Roxanne Bancroft-Stuart
Wednesday 16th	Nicole Arnold
Friday 18th	Bec Ebborn

#### Community Notices

Tenterfield Netball registrations will be on Saturday May 12 at the netball courts

### Donations

Tomato Sauce	Beck Adames
Block Cheese	Tami Davidson
Mince	Kaela Kelly
Beetroot	Dawn McCowen
Lettuce	Cara Newton

### Meal Deal

#### 'Much & Crunch'

Nachos– A tray of corn chips topped with a boolognaise mince and cheese, a popper and a cup of jelly & ice cream \$6.00

Other choices:

Pizza (ham & cheese) \$4.00 6 x nuggets \$3

#### Foreign Coins

Non Australian coins are not accepted at the canteen as the bank will not accept them, leaving the canteen out of pocket. These coins often appear in lunch bags therefore your child actually doesn't have the right amount of money for their lunch and may not then be able to get what they have ordered so to not disappoint please be aware of these coins. Thank you

# HEALTHY LUNCHBOX SUGGESTIONS

## Hokkien noodle stir-fry

29/04/2016 [Canteen recipes](#), [Everyday](#), [GREEN](#), [Healthy Eating](#), [Hot meals](#), [Recipes](#)

**GREEN (ACT & SA) / Everyday (NSW)**

**Makes 20 x 16 ounce noodle boxes**

### Ingredients:

- 2kg Hokkien noodles
- 60ml canola oil
- 4 eggs, lightly beaten
- 2 teaspoons garlic, minced
- 2 teaspoons ginger, chopped
- 1 red capsicum, sliced
- 1kg chicken breast, cooked and chopped
- ¼ cabbage, shredded
- 250 grams mushrooms, sliced
- ½ head broccoli, cut into florets
- 2 zucchinis, sliced
- 1 cup grated carrot
- ¼ bunch shallots, sliced
- 100ml salt reduced soy sauce

### Method:

1. Soak noodles in boiling water for 5 minutes, then drain.
2. Place oil in a heated wok. Add the egg and stir until cooked.
3. Add the garlic, ginger, capsicum and chicken cook for 3-5 minutes
4. Add the cabbage, mushrooms, broccoli, zucchini and carrot and cook for a further 5 minutes.
5. Slowly add the Hokkien noodles a little at a time so they don't stick together. Cook for 5 minutes until noodles are hot.
6. Finish with sliced shallots and soy sauce.

### Variations:

- Substitute the chicken for a different type of meat or leave it out all together
- Replace the Hokkien with Singapore or rice noodles

