

The Sir Henry Parkes Memorial

PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 2 Week 5 2018



Restorative Practice

Our students, parents and staff have had a fantastic three days with Terry O'Connell, the former Australian Director for Real Justice.

Terry led 2 parent sessions and led informative sessions with all of our students last Friday. On Saturday our staff spent the day with Terry here at school, revisiting the restorative framework.

Our school focus continues to embed restorative practice - underpinning our daily interactions, focusing on learning when things go wrong and building our relational capacity.

I hope the week ahead is a fabulous one for all of our families.

Miss Anna Starcevic

Principal



The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

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'The Protectors'

This Friday June 1, Brainstorm Productions will be here to present the show— 'The Protectors'.

'The Protectors' is an emotional wellbeing resource that has been researched and developed in association with teachers and students. It offers concrete solutions children can practice to protect themselves from hurtful comments and negative behaviours they may encounter in the playground.

Clear instructions on cyber safety are delivered in a fun, memorable way. Children will be able to empathise and appreciate the devastating consequences of cyber bullying. 'The Protectors' unlocks the secrets of body language and gives 'Protector Tools' to curb aggressive behaviour.

Attendance at this show is not compulsory, however, it is strongly encouraged. The cost per student is \$5.00. Permission slip and money must be returned no later than Wednesday May 30 for your child/ren to attend. No late payments or notes will be accepted.



The Premier's Spelling Bee

This year The Sir Henry Parkes Memorial Public School Spelling Bee finals will be held on Thursday July 26 (Week 1, Term 3) in the Bruxner Hall at 11.45am. The 2 junior and 2 senior winners will then be selected to go on to represent our school at regionals.

The Premier's Spelling Bee was introduced in 2004 as a fun and educational way for primary school students to engage in spelling. The program includes activities to encourage all students to improve their vocabulary and spelling and to promote literacy skills in combination with the English K-6 Syllabus. The official word lists for the 2018 Premier's Spelling Bee, provided by Macquarie Dictionary, are now available at:

<https://www.artsunit.nsw.edu.au/2018-premiers-spelling-bee>

Password: dazzle

Junior words begin at Level 1 and go to Level 5.

Senior words begin at Level 2 and go to Level 6

Word List categories include General words, Arts, Food and Nutrition, Geography Plants & Animals and Science & Technology.

THIS WEEKS POSTIVE BEHAVIOUR FOR LEARNING LESSON (PBL)



LEARNING SAFETY RESPECT

PBL Lesson For Term 2 Week 5

This week's PBL lesson focused on the values of Safety and Respect when representing the school out on the wider community. Students discussed appropriate behaviours when participating in the upcoming athletics carnival. Examples for expected behaviour included keeping your areas tidy, being a role model to others, following instructions (Eg: staying on the hill, picking up rubbish, listening to the announcer) and displaying positive sportsmanship (Eg: clapping, cheering, being gracious in both winning and defeat and encouraging others). Students also discussed that in meeting these expected behaviours the carnival becomes a welcoming and happy experience for everyone.

Regards,
The PBL Team

Reverse Vending Machine



Did you know, a plastic bottle you throw in the trash today will sit in a landfill or float in the ocean for thousands of years? Well, as brutal as it may seem, it's true. We don't know what the earth or humans will look like a thousand years from now, but the plastic bottle will remain the same. So, is there any solution? Well, recycling can offer an answer.

The school has recently been informed that we will become a donation partner on the Reverse vending machine situated beside the town pool from the end of August until the end of November. We would ask families if they would consider saving suitable recyclables until that time at home and then take the bottles to the vending machine and click on the donate to The Sir Henry Parkes Memorial Public School button to release the funds you have earned to the schools Native Garden Project.

We will let you know as soon as it becomes our turn on the vending machine – organisations are given three monthly slots to assist with their fund raising projects.

Multicultural Speaking Contest

The school finals for this competition will be held TOMORROW in Bruxner Hall, commencing at 12:00pm. Mr Wayne Lusty has kindly agreed to judge the event.

Participants prepared a speech on a given topic and will present an impromptu speech about a topic

they are given tomorrow.

Parents and families are most welcome to come and watch the finals.

Two students from Stage 2 (Years 3 and 4) and two students from Stage 3 (Years 5 and 6) will be selected to represent the school at the zone finals at Ross Hill Public School in Inverell.

Parent Induction

There will be a Parent Induction session on Wednesday May 30, 2018. This session will be held in the Library, commencing at 8.30am.

If you would like to help in classrooms or be a support person on excursions, you need to attend one of these sessions.

If you do not already have one, you will also need to apply for a Working With Children (WWC) check. Staff can help you with this after the session on Wednesday.

If you will be attending this session, can you please contact the office and register your interest.

THANKYOU

Thank you to the many volunteers who assist us at our school. We are blessed to have many parents/carers and community members who work with us in our classrooms, various areas of the school, fundraising assistance, transporting children to excursions and sporting venues, scripture, baking for the canteen, donating food and volunteering in the canteen – to name but a few.



Class report

Term 2 has been a very busy time for the possum room. We have been practicing saying, identifying and writing the sounds of the alphabet. Students use the Ipad to practice their hand writing skills and use a white board and a texta to practice forming our letters correctly.



We have been exploring the world under the water and life around it. We have read some interesting texts such as The Rainbow Fish by Marcus Pfister, The Silver Sea by Alison Lester and Jane Godwin and Gwendolyn by Juliette MacIver. After, we created drawings of undersea life and investigated factual information about the sea life.



We are an active group and enjoy session of music and movement and PE. We have been exploring balancing, bending, jumping and skipping in PE. Skipping with a big rope is developing our rhythm of jumping. We have had a lot of laughs and encouragement shared between our class mates.

Wow! READING! There are so many of the possum students that are completing regular home reading and they are making great advances in their in class reading. We have a cosy book corner in our room which is enjoyed regularly during the day.

Well Done!



Northern New England Zone Cross Country

What a fantastic day we had at the Northern New England zone cross country. It was wonderful to see so many parents and carers supporting their children and our school. The day commenced with the 8/9 years boys and girls, followed by the 11 years boys and girls, 10 years boys and girls and the 12/13 years boys and girls.

The results for our students who placed in the top ten are:

8/9 yrs boys: 2nd Cooper, 7th Mitchell, 9th Ryan.

10 yrs boys: 1st Alex, 2nd Seth, 7th Sonny, 8th Darcy, 9th Max.

11 yrs boys: 5th Ezra, 6th Harrison.

12/13 yrs boys: 9th Thomas, 10th Chris.

8/9 yrs girls: 3rd Cadence, 9th Lila, 10th Olivia.

10 yrs girls: 1st Beth, 3rd Matilda, 4th Kyanne, 6th Jasmine, 7th Scartlett.

11 yrs girls: 1st Lucy, 6th Elly, 7th Ashah, 8th Sahri, 9th Tiffany, 10th Jessika.

12/13 yrs girls: 4th Luci, 6th Khushi, 8th Abby, 10th Milly.

We were lucky enough to have students taking home the age champion trophy and runner up medallion. Congratulations to Lucy 11 yrs girls Champion, Beth junior girls Champion and Cooper junior boys Runner Up. Congratulations to all students you did a wonderful job representing our school.

Thank you to our wonderful staff and volunteers for setting up, helping throughout the day and packing up, and to Jen for running the canteen with her volunteers. Also, thank you to the Tenterfield High School for providing us with students to help out.

Students who placed 1st to 6th will be heading to the regional cross country carnival at the Coolah Golf Course on Friday June 15, 2018. The event starts at 12:20 pm and concludes at 3:30 pm.



Students who will be representing The Sir Henry Parkes Memorial School at Coolah

The Sir Henry Parkes Memorial

PUBLIC SCHOOL



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TERM 2 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5 May	28	29 PSSA Girls Cricket knockout	30 Parent induction session 8:30am Multi Cultural Speaking comp. at SHPMPS	31 Athletics Carnival	1 'Brainstorm' K-6 show
Week 6 June	4	5	6	7 Netball knockout in Glen Innes	8 PSSA Rugby League
Week 7 June	11 QUEENS BIRTHDAY	12 P&C Meeting	13 Netball gala day in Inverell	14 PSSA Rugby League in Guyra	15
Week 8 June	18 PSSA Girls & Boys Soccer Knockout.	19	20	21	22
Week 9 June	25	26	27 Multi Cultural Speaking comp. In Inverell	28 North West Netball in Tamworth	29

Canteen Roster

Wednesday 30th	Sandi McCowen, Jen Petrie
Thursday 31st	Athletics Carnival Canteen
Friday 1st	Ashleigh Loader all day
Monday 4th	
Tuesday 5th	
Wednesday 6th	Tammy Morris, Help needed (11-1:30)

Donations

Tomato Sauce	Rhonda Fowler, Jules Hennessy
Mayonnaise	Jen Petrie
Block Cheese	Jann Oberman, Tania Blewitt
Lettuce	Brook Stapleton
Tomatoes	Tara Tapscott
Carrots	Robyn Hillier

Homebake

Monday 4th	Kelly Pitkin
Wednesday 6th	Cara Newton
Friday 8th	Tamai Davidson

Meal Deal

'A Winter Warmer'

A tray of Spaghetti Bolognese topped with cheese, a popper and chocolate pudding with custard and ice cream - \$6.00

OTHER CHOICES

Toasted Ham and Cheese Sandwich - \$3:00

6 nuggets - \$3.00



How to pack a healthy Lunchbox

When packing a lunchbox for your child, you should feel confident that you're providing them with a nutritious supply of food that will get them through the day with the energy they need to function.

Follow this rule to make packing a healthy lunchbox easy:
PACK THE CORE 4 (plus 1 for active and fast growing kids).

What are the CORE 4?

- 1 Main lunch item** – a sandwich, roll, wrap or salad based on grains such as pasta, rice or quinoa.
- 2 Nutritious snack** – choose a snack from the five food groups such as a cold chicken drumstick, crackers with cheese, veggie sticks and hommus, or yoghurt.
- 3 Piece of fresh fruit** – whatever is in season.
- 4 Drink** – always include a water bottle. Add an additional small reduced fat milk drink (less than 300ml) or a 99% fruit juice drink (less than 200ml) once or twice a week.

PLUS 1 additional snack

Every child is different and depending on their activity level or rate of growth, they may need an additional snack in their lunchbox. If this is the case, we recommend choosing a fifth item from the five food groups first, such as those listed in lunchbox item number 2 (the nutritious snack). This will provide the extra nutrients some kids need.

Occasionally...

For variety and enjoyment it's OK to include an occasional "extra" item in place of this fifth snack option. Extra foods include sweet biscuits, muesli bars, packets of chips, confectionary or dry noodle products. These kinds of items should not make a daily appearance in the lunchbox, but can be added once a week for variety and enjoyment and to teach balance.

PLUS



always include a water bottle