

The Sir Henry Parkes Memorial



PUBLIC SCHOOL NEWSLETTER

LEARNING SAFETY RESPECT

Term 1 Week 8 2019

Tell Them From Me Surveys

I am delighted that this term our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 11 March and 12 April. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey has been sent home with students. If you **do not** want your child or children to participate, please return the form to school by **15/03/19**.

GRIEF

Grief is a normal response to the loss of someone that you have cared about or loved. Everyone will

grieve differently and experience different emotions. Grief following an unexpected death can be particularly hard. There is no right way or wrong way to grieve and it can take a lot of time and support to heal.

- Let them know you care - acknowledge the need for taking time to engage with Sorry Business and that their loss is important.
- Listen – simply being available to hear their story when they are ready to talk can help.
- Ask them how you can help – don't assume what they will need, but do offer help.
- Keep in contact – be available, check-in, keep them included.
- Be understanding – accept that they may act or say things differently.
- Focus your conversations on help seeking, healing and recovery and limit the discussion about method and other graphic or distressing facts
- Look after yourself – helping a grieving person can be a heavy burden. Take care of your own physical and emotional health, and talk about your feelings with someone during this stressful time.

If grief is becoming too overwhelming for you or someone you know get help by talking to a counsellor, psychologist or GP.

<https://headspace.org.au>

<https://www.lifeline.org.au>

Miss Anna Starcevic

Principal

NSW Premier's Reading Challenge 2019

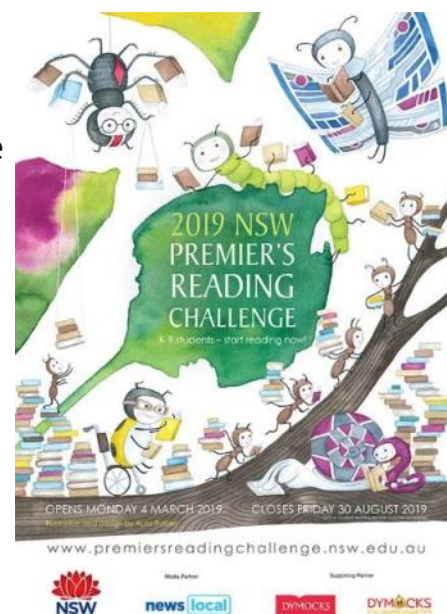
The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

2019 Key Dates:

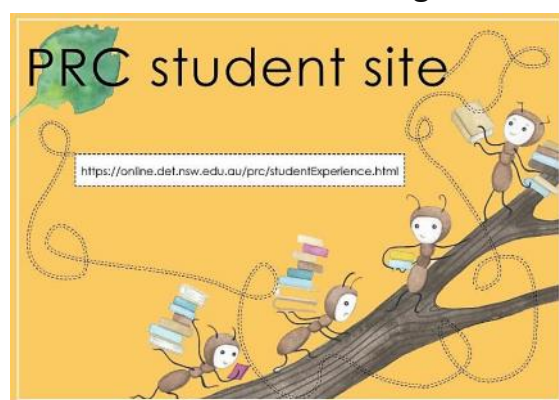
March 4: Challenge opens. Students will be able to log books on their Student Reading Record, and coordinators will be able to create accounts for new students.

August 30: Closing date for student entries.

September 13: Final date for validation of Student Reading Records by coordinators.



The Premier's Reading Challenge (PRC) is available for all NSW students in Kindergarten to Year 9 in government, independent, Catholic and home schools. If you need help using the website and the answer cannot be found on the [PRC Support](https://online.det.nsw.edu.au/prc/studentExperience.html) site, please contact us at prc@det.nsw.edu.au



THIS WEEK'S POSITIVE BEHAVIOUR FOR LEARNING LESSON (PBL)

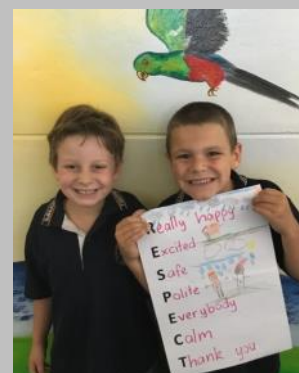


LEARNING SAFETY RESPECT

PBL Term 1 Week 8

Our focus for this week's PBL lesson was respect. We were reminded of the people and things we respect in and around our school every day.

Our lesson showed us the value of respect and the benefits that come with being respectful. Students in K-2 created a poster about respect to hang in their classrooms.



We remind ourselves and each other to always meet our three core values of learning, safety and respect every day.

DHARRIS NEWSLETTER REPORT



Last week we were so overjoyed to share our classroom with our grandparents.

We played alphabet bingo and shared our writing compositions with them.

It was great to have them as our audience to view our recordings.

One of our grandparents lives six hours away so she face timed her granddaughter.

This is just one of the ways technology can be awesome by keeping us in touch with our loved ones.



MOVE TO LEARN

During lesson transitions we often have brain breaks. We follow a YouTube clip called Move To Learn.

It is an exercise based program that lasts for approximately five minutes. It clears our heads ready for our next learning activity.



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TERM 1/2 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 8 March	18	19	20	21 Harmony Day .	22 NNE R L Trials Glen Innes.
Week 9 March	25 Netball clinic. NW Soccer trials.	26	27	28 School Cross Country 11:30-1pm	29
Week 10 April	1 Stage 3 camp	2 P&C meeting 5:30	3	4 PLP meet and greet	5 Oracles children's concert for Yrs 3-6.
Week 11 April	8	9	10	11	12 Easter Hat Parade. Last Day Term 1.
Term 2 Week 1 Apr/May	29 Staff development day.	30 Students return to school.	1	2	3

ASSEMBLY

DATE: Thursday March 21

TIME: 12:00pm

Class item: Bigibilas

NEXT P&C MEETING

DATE: Wednesday April 10

TIME: 5:30pm

Soccer

Last Friday the boys and girls soccer teams tried out for the Northern New England team. The following students were selected to trial for the North West trials this Monday 25 March in Inverell, Cameron, Harrison, Oska, Jarrod, Harry, Hedley, Will, Ellie, Sahri, Myiekah, Matilda, Kyanne and Jasmine.

Mel Bridge

Year 6 Jumpers

We have been advised by the supplier that the jumpers are due for delivery in the last week of this term. We understand that Year 6 may not have another jumper if the weather gets cold. Please try to keep jumpers as close to navy as possible.

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Canteen Roster for Term 1

Month	Wednesday 20	Thursday 21	Friday 22
March	Tammy Morris	Sheree Tarrant	Ashleigh Loader
	Monday 25	Tuesday 26	Wednesday 27
March			Help needed please

Homebake for Term 1

Monday 25	Tracey Anderson
Wednesday 27	
Friday 29	Bonnie Zappa

Canteen Donations for Week 9

Tomato Sauce	Kylie Heidrich
Mayonaise	Rhonda Fowler
Block Cheese	Tara Kelly, Lisa O'Brien

CROSS COUNTY –THURSDAY 28th

The canteen will be open for anyone coming to cheer their child/children on in the cross country. We will have tea and coffee and some yummy homebake available along with a sausage sizzle \$2.00 and cans of soft drink \$2. There will also be a variety of other food available . Canteen as normal for students.

WEDNESDAY'S MEAL DEAL

"Bog in don't wait"

A tray of spaghetti bolognaise topped with cheese plus a popper and chocolate cake with a dollop of cream \$6.00

OTHER CHOICES (not included in meal deal)

6 nuggets \$3.00

Sausage roll \$3.00

The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

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