

# The Sir Henry Parkes Memorial

## PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

Term 3 Week 6 2019



### SAS Week

This week is SAS Staff recognition week. It is held each year to celebrate and acknowledge the fantastic hard work of our School Administrative and Support Staff (SASS).

We are very thankful here at our school for our amazing SAS Staff:

Judy Archibald—School Administration Manager  
 Rebekah Preston— School Administration Officer  
 Merelyn Gibbins—School Administration Officer  
 Lyn Potter— Student Learning Support Officer  
 Keely Mooney—Student Learning Support Officer  
 Jen Petrie—Student Learning Support Officer  
 Rose-Lee Henry—Student Learning Support Officer  
 Geoff Swan—Aboriginal Education Officer  
 Dennis Hillery—Grounds Assistant

### Compulsory School Attendance

Over the last few newsletters I have been adding information about the Department's Compulsory School Attendance.

Each day our attendance officers—Rebekah Preston and Geoff Swan, monitor and follow our school attendance procedures. Each fortnight the attendance team meets with our Home School Liaison Officer (Jane Hunter) and our Aboriginal Community Liaison Officer (Carolyn Briggs) to monitor and follow up on students of concern.

Our school attendance percentage target is 93% or higher each week. We have been increasingly successful with this target up until Term 3. Unfortunately this year's winter has been particularly brutal and we have had a lot of staff and student absences. It is hoped that the remainder of Term 3, and Term 4 will increase.

### TSHPMPS Attendance Term 3 2019

	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10
Gunis	90.00%	86.32%	83.16%	85.56%						
Balabalaas	83.33%	80.23%	85.56%	80.00%						
Bigibilas	96.15%	94.81%	86.67%	92.59%						
Dharris	96.15%	91.54%	90.77%	87.69%						
Dhuyus	95.24%	87.27%	90.00%	96.36%						
Dhinawans	81.82%	88.18%	92.82%	87.27%						
Gudas	100%	88.46%	76.67%	83.33%						
Yurrandaalis	90.48%	90.48%	79.05%	93.33%						
Bandaarrrs	88.89%	94.81%	88.89%	87.41%						
Warabas	92.31%	91.85%	82.22%	96.30%						

### Whole School Weekly Attendance Averages

Term 1 2019										
Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11
95.56%	94.77%	91.98%	90.00%	92.94%	93.84%	93.31%	94.23%	91.00%	89.28%	88.56%
Term 1 Whole School Average: 92.19%										

Term 2 2019									
Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10
93.10%	93.31%	94.45%	94.11%	91.79%	92.45%	89.98%	92.83%	90.19%	87.90%
Term 2 Whole School Average: 91.92%									

Term 3 2019									
Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10
90.64%	90.07%	86.33%	89.81%						
Term 3 Whole School Average:									

Have a wonderful Week 6!  
 Miss Anna Starcevic  
 Principal

## Chickenpox and Shingles

We have had a case of shingles diagnosed this week in our school. Please read the attached information sheet about chickenpox and shingles and take your child to the doctor if you think they may be infected.

### Communicable Diseases Factsheet

*Chickenpox is a common viral infection that can reappear later in life as shingles. Vaccination is recommended for all infants and non immune adults.*

# Chickenpox and Shingles

Last updated: 08 April 2018

## What is chickenpox?

- Chickenpox is a viral illness caused by the herpes zoster virus (also known as the Varicella-Zoster virus)
- In children it usually causes a relatively mild illness.
- Chickenpox in adults and immunosuppressed people can be severe.
- Infection in pregnancy can cause foetal malformations, skin scarring, and other problems in the baby.
- Before routine vaccination began in November 2005, chickenpox was a very common illness. The incidence of chickenpox appears to have decreased as more people receive the vaccine.

## What are the symptoms?

- Chickenpox (varicella) begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash.
- The rash usually begins as small lumps that turn into blisters and then scabs.
- The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.
- Symptoms usually occur two weeks after exposure to the virus.
- Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.
- Persons who are previously vaccinated can still get chickenpox. If chickenpox occurs in a vaccinated person it is usually mild and less contagious than in an unvaccinated person.

## How is it spread?

- Early in the illness, the virus is spread by coughing.
- Later in the illness, the virus is spread by direct contact with the fluid in the blisters.
- The infection is highly contagious to people who have never had chickenpox or who have not been vaccinated.
- People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs)
- Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

## Who is at risk?

- Anyone who has not had chickenpox or been vaccinated in the past can get chickenpox.
- People with a past history of chickenpox are likely to be immune to the virus. Even adults with no history of chickenpox have a chance of being immune (because of past infection that was mild). Doctors sometimes perform a blood test to see if these people need a vaccination.

## How is it prevented?

- A free varicella containing vaccine (MMRV) is now recommended for all children at 18 months of age.
- The Varicella vaccine is recommended for all non-immune adolescents (>14 years) and adults. This involves two doses, at least 1 month apart. It is especially recommended for people at high risk, for example, health care workers, people living with or working with small children, women planning a pregnancy, and household contact of persons who are immunosuppressed.
- People with chickenpox should avoid others (and not attend childcare or school) until at least five days after onset of the rash and all the blisters have dried.
- People with chickenpox should cover the nose and mouth when coughing or sneezing, dispose of soiled tissues, wash their hands well and not share eating utensils, food or drinking cups.
- Pregnant women should avoid anyone with chickenpox or shingles and should see their doctor if they have been around someone with these illnesses.
- Children with an immune deficiency (for example, leukaemia) or who are receiving chemotherapy should avoid anyone with chickenpox or shingles as the infection can be especially severe.

## How is it diagnosed?

Most cases can be diagnosed based on the symptoms and by appearance of the rash. Sometimes the diagnosis is confirmed by testing samples taken from the rash or from blood.

## What is Shingles?

- Shingles is caused by the reactivation of the virus that causes chickenpox, usually in adulthood and many years after the initial chickenpox illness.
- The illness is characterised by a painful chickenpox-like rash on a small area of skin, usually on one side of the body.
- Pain and tingling associated with the rash may persist for weeks or months after the rash has cleared. This is called post-herpetic neuralgia.
- The virus can be spread by direct contact with the skin rash of infected people. This causes chickenpox in people who are not immune.
- Shingles develops more commonly in people who are immunosuppressed.

## How are shingles and chickenpox treated?

Shingles can be treated with special antiviral drugs such as acyclovir. Your general practitioner can advise on ways to minimise the discomfort associated with the symptoms of infection.

Chickenpox infection usually resolves without treatment.

## What is the public health response?

Chickenpox is not currently notifiable in NSW but the incidence is monitored through the number of patients attending emergency departments and the number of patients who are hospitalised with chickenpox or shingles.

- Varicella vaccine protects against chickenpox, even if given up to five days after exposure.
- Short-term immunisation with varicella-zoster immunoglobulin (VZIG) - which is made from antibodies in donated blood - can prevent illness in people at high risk of complications. This needs to be given within 96 hours of exposure to the virus to be effective. People at high risk of complications following exposure include pregnant women who have not had chickenpox and who have not been immunised, newborn babies, and some immunosuppressed patients.

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website [www.health.nsw.gov.au](http://www.health.nsw.gov.au)



### Term 3 Parent Teacher Interviews

In Week 9 of this term we will be holding our Term 3 parent teacher interviews.

Times for your child's class teacher's availability have been sent home today. As per usual, times will be allocated accordingly as slips are returned. If the allocated times are not suitable please contact your child's teacher to arrange a time.

#### Some benefits of attending a parent teacher interview:

- The big picture: An interview will offer a better understanding about your child's academic, emotional, social and physical development. Your child's strengths and weaknesses in all subject areas can be explained in detail.
- Insight into class interactions: Teachers can provide invaluable feedback on the behaviour of your child in the classroom—which can sometimes surprise parents.
- Homework expectations: Expectations in relation to homework can vary. Parents should know what is expected of their child.
- Educational support: Teachers are in the best position to recognise when learning support is

required. An interview enables teachers and parents to make plans for further educational support if necessary.

- Home link: There is strong link between homework tasks and future plans and ambitions. Parents can help support their children establish homework routines that will help them progress.
- Shared goals: Progress in relation to goal setting based on discussions during interviews will further improve the relationship between parents and students.



### THIS WEEK'S POSTIVE BEHAVIOUR FOR

#### LEARNING LESSON (PBL)



This week in PBL we are looking at our specific value of LEARNING.

In class we are discussing what is expected within the value of LEARNING.

We are also considering why LEARNING is important, what LEARNING looks, sounds and feels like as well as behaviours that help us learn.

Henry says always remember to be safe, learning and respectful in and around our school.

## LEARNING SAFETY RESPECT

## Tell Them From Me Surveys

### **TTFM STUDENT SURVEYS**

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the **Tell Them From Me student feedback survey**. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a *Tell Them From Me* student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 26 August and 25 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students today. If you **do not** want your child or children to participate, please request and return the form to school by Monday September 2. Copies of the form and FAQs are available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.

### **TTFM PARENT SURVEYS**

This Term, our school will be participating in the **Partners in Learning parent survey**, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 26 August and 25 October. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>.

To access the parent survey for our school go to: <http://nsw.tellthemfromme.com/svcyg>

## NSW Premier's Debating Challenge

Last week saw both debating teams participate in two rounds of the Premier's Debating challenge. On Monday, we played host to Glen Innes. The topics were related to the media and both teams were the affirmative in their debates. Both teams were declared winners and were complimented for a positive start to the debating competition.

On Friday, both teams travelled to Inverell to compete against Ross Hill Public School. This round was about education and saw the teams debating the value of homework and if all homework and assignments should be done collaboratively. After some quality arguments and rebuttals, both teams were narrowly defeated.

All of the students should be congratulated for their improved confidence when presenting in front of an audience and for the way they structured their arguments.

Both teams will verse Inverell Public School this Friday via VC. The final debate will be on Thursday, September 5 which will see both our teams debate against each other.

This should be a great debate. Students in Years 3-6 will be invited to attend.





# Warabas News

This term has been another busy one for the Warabas. In English we are working on a unit about Genre and Authority. This involves discussing types of texts and the reasons why authors have included the features they have.

In maths, we are continuing to improve our addition and subtraction skills and we are now transferring this to fractions and algebra. Last week we worked on this equation:  $(x + y)(x + y) =$  Can you find the solution?

In history we are learning about Colonisation. We combined this with writing and wrote our first ever essay. The topic was "Colonisation was a necessary step for Australia". This created a lot of quality discussion and we were really proud of our efforts.

In science we have been working with Mrs Boaden on a unit about the Physical World and in particular, forces. We have been completing some really cool experiments to see how forces can be used to move different objects.

In PDHPE, we have been joining with other Stage 2 and 3 classes for weekly sport. In class, we are looking at how rules of games can be modified to include everyone and why it is important to play by the rules.

In CAPA, we have been doing some dancing, singing and preparing for the Eisteddfod. We have also started our flower installation as part of the native garden.

We have also had a number of students participating in extra-curricular activities including netball, touch football, athletics, public speaking, debating and Tournament of Minds. It is great to see so many of our students taking on these various opportunities.

Please come by and say hello. You are always welcome in Warabas.





# Term 3 Week 6

The following students will be awarded their Brag Tags at this week's assembly.

<b><u>Gudas</u></b>	<b><u>Gunis</u></b> Maddison Emelia Leah Amia Tahlia Ethan Naesiah	<b><u>Balabalaas</u></b> Oliver Kaycee	<b><u>Bigibilas</u></b>
<b><u>Dharris</u></b> Alexander Nate Lucy-Anne Pippa	<b><u>Dhuyus</u></b> Lytiarna Abby Bria Levi Oliver Oscar Toby Zac	<b><u>Dhinawans</u></b>	<b><u>Yurrandaalis</u></b> Jarra Beau Jasmine Maya Zoe Angus Annie Cooper Darcy Olivia
	<b><u>Bandaarrrs</u></b> Aliza Indy Harrison Jett Kyanne Lilly Macy Makenzie Myiekah Seth Will	<b><u>Warabas</u></b> Adele Amelia Charli-Kay Cooper Grace Harry Lochlan Oska	



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LEARNING SAFETY RESPECT

### TERM 3 School Planner and Canteen Information

Week/ Month	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6 August	26 School Photo day #2	27	28	29 Assembly 12:00pm	30 Debating VC  Saturday 31 Tournament of the Minds
Week 7 September	2 Musica Viva performance 2pm	3 P&C Meeting 5:30pm	4 Netball	5 Debating	6
Week 8 September	9	10	11	12 Yr 6 THS transition #3 Assembly 12:00pm	13 NW Athletics Tamworth
Week 9 September	16 Eisteddfod-Speech/ Drama	17	18	19	20
Week 10 September	23 Eisteddfod Dance	24	25	26 Assembly 12:00pm	27 Last day of Term 3

## NEXT ASSEMBLY

DATE: Thursday, August 29

TIME: 12:00pm

Class item: Bigibilas

## NEXT P&C MEETING

DATE: Tuesday, September 3

TIME: 5:30pm

**ESSENTIAL SKATEBOARDING  
PRESENT**

**FREE  
SKATEBOARDING  
WORKSHOP &  
DEMONSTRATION**

**10AM TO 11.30AM**  
Free skateboarding workshop for primary school  
aged children (6-12 years)

**11.30AM TO MIDDAY**  
Skateboarding demonstration and games for  
children of all ages

**TUES  
8 OCT**  
Tenterfield Skate Park  
Cnr Manners & Scott Sts

For workshop  
registrations email  
r.kelly@tenterfield.nsw.gov.au

Bring your own skateboard Helmets must be worn  
Parent/guardian participant waiver required

The Sir Henry Parkes Memorial Public School proudly stands on Yakambul land

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## PUBLIC SCHOOL NEWSLETTER



LEARNING SAFETY RESPECT

### Canteen Roster for Term 3

Month	Wednesday 28	Thursday 29
August	Tammy Morris	
August/Sep	Friday 30	Wednesday 4
	Kelly Pitkin	Candice Potter

### Canteen Donations THIS WEEK

Tomato Sauce	Bec Ebbern
Mayonaise	Nicole Arnold
Block Cheese	Jann Oberman
Eggs	Tania Blewitt
Carrots	Emily Brearley

### Homebake NEXT WEEK

Monday 2	Angela Kerrigan
Wednesday 4	Jen Donadel
Friday 6	Bonnie Zappa

### WEDNESDAY'S MEAL DEAL

#### A Hot diggity dog

A hot dog with tomato sauce and cheese

Or

A sausage roll,  
with a popper and a marshmallow and chocolate  
kebab \$6.00

NO OTHER CHOICES



#### WHAT IS THE 'EAT FRESH & WIN' CANTEEN CAMPAIGN?

**MINOR PRIZE AND BONUS ENTRY CARD**– these will be available to the canteens and should be given out once the student has completed the entry form. This year the minor prizes will be Fresh for Kids stamper pens. There are seven different designs for students to collect.

**MAJOR PRIZE**–prizes will be posted to the students school. The major prizes include:

**1st Prize** \$1000 Booktopia Voucher

**2nd Prize** Strike Bowling Party Voucher

**3rd Prize** 10 x Bright Kids Pack

**4th Prize** 20 x Tupperware lunch packs

#### **Bonus Prize**

Nintendo Switch thanks to Harvey Norman

#### **School Prize**

\$2000 Booktopia Voucher

#### **Canteen Prize**

Tupperware pack

